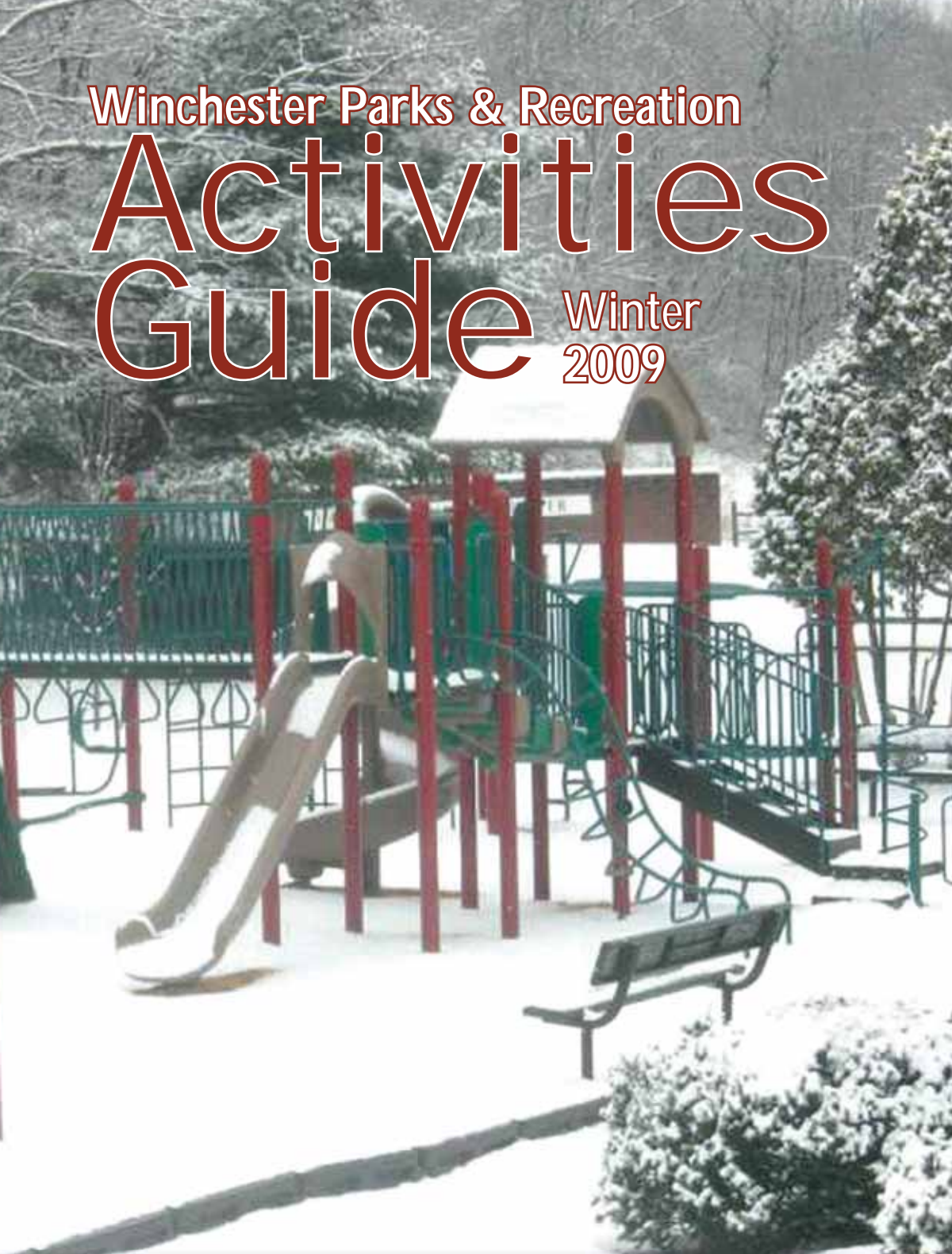


Winchester Parks & Recreation

# Activities Guide

Winter  
2009



1001 East Cork Street • Winchester, VA 22601  
(540) 662-4946 • [www.winchesterva.gov/parks](http://www.winchesterva.gov/parks)

FRESH FOOD

SHEETZ

MADE TO ORDER.



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## PARK ADVISORY BOARD

The Board meets the fourth Monday of every month at 7:00 p.m. in the War Memorial Building.

Debbie Lewis  
*Chair*

Tim Grove  
*Vice Chair*

John Elliott  
Krista Farris

Matt Mintschenko  
Terry Walker

Kyle Homan  
Jack MacDonald

Brian Wigley

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1001 East Cork Street  
Winchester, VA 22601  
(540) 662-4946

**Cancellation Hotline:  
662-4946 extension 33**

Fax (540) 678-8791  
[www.winchesterva.gov/parks](http://www.winchesterva.gov/parks)

For new program ideas, email us at:  
[wincparks@ci.winchester.va.us](mailto:wincparks@ci.winchester.va.us)

**Administration Office Hours**  
(Year-round)  
M-F 8:00 am - 5:00 pm

**Active Living & Rec. Center Hours**  
(January 1-Memorial Day and  
Labor Day-December 31)  
M-F 5:30 am - 9:30 pm  
Sa 9:00 am - 6:00 pm  
Su Noon - 8:00 pm

(Memorial Day-Labor Day Hours)  
M-F 5:30 am - 8:00 pm  
Sa-Su Noon - 6:00 pm

Events

Youth

Special  
Needs

Adult

Athletics

Aquatics

Facilities

Trips

Info

*Dedicated to providing comprehensive, quality, and safe recreation and park programs, facilities and services that enrich the quality of life for the Winchester community and beyond.*

# DECEMBER

## SANTA'S HEADQUARTERS

Santa Claus takes a break from his busy schedule to visit with children in Old Town Winchester. Parents are welcome to take their own photos and videos to record this precious time. Children can decorate a craft as a keepsake. For more details visit [www.OldTownWinchesterVA.com](http://www.OldTownWinchesterVA.com).

**Location:** Godfrey Miller Historic Home & Fellowship Center, 28 S. Loudoun St.

Day	Date	Time
F	12/04	5:00-7:00 pm
Sa	12/05	11:00 am-1:00 pm

## COOKIES WITH SANTA Ages 2+

Santa is coming to the park to decorate his favorite snack with you! Also, bring or make a letter for Santa.

**Fee:** \$5 **Register by:** 12/09

**Location:** Rec. Center, Social Hall

Day	Date	Time	Activity #
W	12/09	6:30 pm	314310/01



# MARCH, APRIL & MAY

## EASTER EGG HUNT

Ages 3-8

Bring an empty basket and search for eggs in Jim Barnett Park. Children will be separated into three age groups (under 3, 3-5 and 6-8).

**Fee:** \$3 per child

**Location:** Preston Field

Day	Date	Time
Sa	3/27	9:00 am



See page 9 for a list of events for children with special needs.



May 15

See page 4 for details!

## Guided Nature Walks

Saturday, March 20

Saturday, April 3 & 17

Saturday, May 1 & 15

**Meeting Location:** parking lot in front of Children of America on West Jubal Early Drive

**Time:** 8:00-10:00 am

*(end at 10:00 am unless we see California Condors or find Blue Orchids!)*

An easy walk on paved surface. Concentration is on migrating and resident birds so binoculars are recommended. Also explore, discover, and discuss the many amazing interactions of plants and animals in this unique wetlands habitat. Call 667-0504.

# FH&GS

Flower, Home & Garden Show



Looking for some home improvement ideas?

...

Have questions about gardening?

...

Like to see the latest in flower, home and garden products and services?

**March 20-21, 2010**  
**10:00-6:00 pm**  
**Jim Barnett Park**  
**Active Living & Recreation Ctr.**

Call 662-4946 for more information.

**VENDORS**

**DEMONSTRATIONS**

**FOOD**

**DISPLAYS**



City of  
Winchester's

# INTERNATIONAL CHILDREN'S FESTIVAL

October 2, 2010  
10:00 - 4:00 pm  
Jim Barnett Park  
[winchesterva.gov/icf](http://winchesterva.gov/icf)

Thank you to our 2009 sponsors  
and community supporters:

Presenting Sponsor:



**BLUE RIDGE  
KIWANIS**

Stage Sponsor: **ROTARY CLUB OF  
WINCHESTER**

Entertainment Sponsor:  
**KRAFT FOODS**

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Winchester Parks & Rec. • Winc. Public Schools  
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Handley Regional Library • Martin's Food Mart  
Namaste Shenandoah • Signet Screen Printing  
Shenandoah University • James Madison Univ.  
JHHS Interact Club • Winchester Book Gallery  
Costco • Kidz Play • Glen Burnie • Food Lion  
Maggie Moos • McDonald's • Impressions Plus  
ALL ICF VOLUNTEERS

# Women's EXPO



*Save the date & treat yourself to a day out!  
Enjoy a variety of vendors selling products  
and services ranging from home to leisure!*

*May 15, 2010*

*10:00 am - 6:00 pm*

*Jim Barnett Park, Active Living & Recreation Ctr.*

# Youth PROGRAMS

## PB&J CLUB



Ages 1-5

A drop-in program where kids can socialize, refine their motor skills, but most importantly **Play**, **Bounce** and **Jump**!

Parents: you are your child's instructor!

**Fee:** \$3 R \$3.50 NR (adults are free)

**Location:** Rec. Ctr., Gymnasium

Day	Date	Time
W	1/06-5/26	9:30-11:00 am

## THE EDGE TEEN NIGHT



Ages 13-17

A drop-in program for teens. Come and enjoy a night just for you. Dancing, sports, swimming and other activities. Snacks available at a minimal cost. Look for the flyer at your school soon for more details.

**Fee:** \$5

**Location:** Rec. Ctr., Gymnasium

Day	Date	Time
F	2/12	8:00 pm-midnight

## NO SCHOOL DAYS

Ages 5-12

Bring your child to a fun-filled day at the park while school is out! Pre-registration required!

**Fee:** \$30/day R & NR

\$20/day HIVE & HIVE Club kids

**Location:** WMB, George Washington Rm.

Day	Date	Time	Activity #
M-F	12/21-31	8:00 am-6:00 pm	414103/01
M	12/21	8:00 am-6:00 pm	414103/06
Tu	12/22	8:00 am-6:00 pm	414103/07
W	12/23	8:00 am-5:00 pm	414103/08
M	12/28	8:00 am-6:00 pm	414103/09
Tu	12/29	8:00 am-6:00 pm	414103/10
W	12/30	8:00 am-6:00 pm	414103/11
Th	12/31	8:00 am-5:00 pm	414103/12
M	1/18	8:00 am-6:00 pm	414103/02
M	1/25	8:00 am-6:00 pm	414103/03
M	2/15	8:00 am-6:00 pm	414103/04
Tu	2/16	8:00 am-6:00 pm	414103/05
F	3/19	8:00 am-6:00 pm	114101/01
Th	4/1	8:00 am-6:00 pm	114101/02
F	4/2	8:00 am-6:00 pm	114101/03
M	4/5	8:00 am-6:00 pm	114101/04
F	4/30	8:00 am-4:00 pm	114101/05



## Summer Camp

### REGISTRATION

Ages 5-12

Bring your child for the WPRD summer camp to enjoy different activities, field trips, pool days, guest speakers and special events! Register for one week or all ten! Space is limited.

**Registration Fee:** \$5 one time (non-refundable)

**Registration Starts:** 3/15 R 3/22 NR

**Registration Time:** 7:00 am-6:00 pm

**Registration Activity #:** 114502/01

**Camp Activity Fee:** \$10 weekly (non-refundable)

**Camp Weekly Fee:** \$95 R \$100 NR

Days	Dates	Time	Activity #
M-F	6/14-6/18	7:00 am-6:00 pm	114502/02
M-F	6/21-6/25	7:00 am-6:00 pm	114502/03
M-Th	6/28-7/01	7:00 am-6:00 pm	114502/04
M-F	7/05-7/09	7:00 am-6:00 pm	114502/05
M-F	7/12-7/16	7:00 am-6:00 pm	114502/06
M-F	7/19-7/23	7:00 am-6:00 pm	114502/07
M-F	7/25-7/30	7:00 am-6:00 pm	114502/08
M-F	8/02-8/06	7:00 am-6:00 pm	114502/09
M-F	8/09-8/13	7:00 am-6:00 pm	114502/10
M-F	8/16-8/20	7:00 am-6:00 pm	114502/11



Youth

# THE HIVE THE HIVE CLUB



# THE HIVE

At the HIVE, our focus is fun! Located at Jim Barnett Park in the brand new Active Living & Recreation center, this after-school recreation program offers a wide variety of both active and passive activities including sports, enrichment activities, games, homework hub, crafts, and much more! The kids keep moving and the fun never stops!

**AGE:** K-4th      **ACTIVITY #:** 314102

**DATES:** M-F, First day of school-  
Last day of school

**TIME:** School dismissal-6:00 pm

**FEE:** \$14 per day

**REGISTRATION FEE:** \$15 (non-refundable)

Transportation to the HIVE  
Provided by Winchester  
Public Schools

# THE HIVE CLUB

**Exclusively for middle school students.**

The program will offer the same activities as The Hive (see above) but will be separate from The Hive.

**AGE:** 5th-8th grade

**ACTIVITY #:** 314102

**DATES:** M-F, First day of school-  
Last day of school

**TIME:** School dismissal-6:00 pm

**FEE:** \$8 per day

**REGISTRATION FEE:** \$15 non-refundable registration fee

Transportation to The Hive  
Club Provided by Winchester  
Public Schools

"It's  
AWESOME!"



"It's  
COOL!"



# Youth

## CLASSES

### HOLIDAY CANDY MAKING

01 = Ages 5-10 & 02 = Ages 18+

Most everyone loves candy - especially during the holidays! Come to the park to make your own delicious holiday candy to share with family and friends.

**Fee:** \$10 R \$13 NR **Register:** 12/03

**Location:** Rec. Ctr., Kitchen

Day	Date	Time	Act.#/Sec.#
Th	12/10	3:30-5:00 pm	314124/01
F	12/11	9:00-10:30 am	314124/02

### MUSIC WITH YOU **Ages Infant-2**

A fun, musical experience for a parent and their child. Bounce to music, play simple instruments designed for little hands, dance around the room, and begin building a musical foundation for your child.

**Fee:** \$42 R \$45 NR

**Location:** Rec. Center, Recreation Room

Day	Dates	Time	Activity #
F	1/08-2/05	9:15-9:45 am	455234/08
<b>Register by:</b> 1/04			
F	2/12-3/12	9:15-9:45 am	455234/09
<b>Register by:</b> 2/01			
F	3/19-4/16	9:15-9:45 am	155234/01
<b>Register by:</b> 3/15			

### MUSIC GROWS WITH YOU

**Ages 2-4**

See "Music With You" description above.

**Fee:** \$42 R \$45 NR

**Location:** Rec. Center, Recreation Room

Day	Dates	Time	Activity #
F	1/08-2/05	10:00-10:30 am	455234/10
<b>Register by:</b> 1/04			
F	2/12-3/12	10:00-10:30 am	455234/11
<b>Register by:</b> 2/01			
F	3/12-4/16	10:00-10:30 am	155234/02
<b>Register by:</b> 3/08			

### GUITAR (BEGINNER) **Ages 8+**

Learn the basics of guitar. Bring a guitar.

**Fee:** \$50 R \$53 NR

**Location:** WMB, Joist Hite Room

Day	Dates	Time	Activity #
Tu	1/19-2/23	6:00-7:00 pm	455234/01
<b>Register by:</b> 1/15			
Tu	3/09-4/13	6:00-7:00 pm	455234/03
<b>Register by:</b> 3/05			

### GUITAR (ADV. BEG.) **Ages 8+**

Learn the basics of guitar. Bring a guitar.

**Fee:** \$50 R \$53 NR

**Location:** WMB, Joist Hite Room

Day	Dates	Time	Activity #
Th	1/21-2/25	6:00-7:00 pm	455234/02
<b>Register by:</b> 1/15			
Th	3/11-4/15	6:00-7:00 pm	455234/04
<b>Register by:</b> 3/05			

### BALLET (BEG.) **Ages 4-6**

Learn the beginning positions of ballet for fun and fitness.

**Fee:** \$84 R \$87 NR

**Location:** Rec. Center, Social Hall

Days	Dates	Time	Activity #
Tu,Th	1/19-2/25	5:30-6:15 pm	455234/05
<b>Register by:</b> 1/15			
Tu,Th	3/09-4/15	5:30-6:15 pm	455234/06
<b>Register by:</b> 3/06			

### DANCE EXPERIENCE **Ages 4-6**

Experience different types of dance while having fun and getting exercise.

**Fee:** \$42 R \$45 NR

**Location:** WMB, Lord Fairfax Room

Day	Dates	Time	Activity #
Sa	2/06-3/13	10:00-11:00 am	455234/07
<b>Register by:</b> 2/01			

### CHRISTMAS ART **Ages 6-11**

Enjoy making some art projects just right for the holidays.

**Fee:** \$20 R \$23 NR **Register by:** 11/27

**Location:** WMB, Arts & Crafts Room

Day	Dates	Time	Activity #
Sa	12/05	10:00 am-Noon	455231/01

### VALENTINE'S DAY ART

**Ages 6-11**

Enjoy making some art projects just right for Valentine's Day.

**Fee:** \$20 R \$23 NR **Register by:** 1/29

**Location:** WMB, Arts & Crafts Room

Day	Dates	Time	Activity #
Sa	2/06	10:00 am-Noon	455231/02

### SIGN LANGUAGE **Ages 10+**

Have fun learning simple conversations, songs and so much more!

**Fee:** \$40 R \$43 NR **Register by:** 2/18

**Location:** Rec. Center, Recreation Room

Day	Dates	Time	Activity #
Tu	2/23-3/30	6:00-7:00 pm	455243/01

**AMERICAN HEART ASSOC.  
HEALTHCARE PROVIDER  
CPR**

**Ages 16+**

Designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner. Two year certification.  
**Fee:** \$50 R \$55 NR

**Location:** WMB, Lord Fairfax Room

Days	Dates	Time	Activity #
M,Tu	1/11-1/12	5:00-10:00 pm	438238/B1
<b>Register by:</b> 1/04			

M,Tu	2/08-2/09	5:00-10:00 pm	438238/B2
<b>Register by:</b> 2/01			

**AMERICAN HEART ASSOC.  
HEARTSAVER CPR/FIRST  
AID**

**Ages 16+**

Designed to teach you the fundamentals of CPR and First Aid. Two year certification.  
**Fee:** \$50 R \$55 NR

**Location:** WMB, Lord Fairfax Room

Day	Dates	Time	Activity #
M,Tu	1/18-19	6:00-10:00 pm	438237/A1
<b>Register by:</b> 1/11			
Tu,W	2/16-17	6:00-10:00 pm	438237/A2
<b>Register by:</b> 2/08			




**Race  
to GED®**

**DIDN'T FINISH HIGH SCHOOL?  
GET YOUR GED!**

**FREE GED CLASS!**

**DOUGLAS COMMUNITY LEARNING CENTER**

Mon / Wed 5:30 - 7:30 p.m. and Tues / Thurs 5:00 - 7:30 pm.

Call **667-9744** for more information.

**www.needmyged.org**

Northern Shenandoah Valley Adult Education. Must be 18.

# Special Needs

## Special Needs

## Youth Activities

These programs are conducted in a relaxed setting, are specifically designed for students with mild to severe special needs and are taught by a certified special education teacher.

### PROGRAMS

#### CHRISTMAS CARDS **All Ages**

Children will design and hand make Christmas cards for friends and loved ones.

**Fee:** \$11 R \$14 NR **Register by:** 11/30

**Location:** WMB, Lord Fairfax Room

Day	Date	Time	Activity #
Sa	12/5	1:00-2:00 pm	465271/04

#### CHRISTMAS SURPRISE CRAFTS **Ages 1-14**

Make surprise Christmas crafts that will make great presents.

**Fee:** \$27 R \$30 NR **Register by:** 12/01

**Location:** WMB, Lord Fairfax Room

Day	Date	Time	Activity #
Sa	12/12	1:00-2:30 pm	465271/05

#### WINTER SCARF CRAFT **Ages 1-12**

Let's stay nice and warm in the New Year! We will make fleece scarves that we can wear or give away!

**Fee:** \$12 R \$15 NR **Register by:** 1/04

**Location:** WMB, Lord Fairfax Room

Day	Date	Time	Activity #
Sa	1/09	10:00-11:00 am	465271/06

#### JANUARY BLAST **Ages 5-14**

Have fun doing fantastic monthly activities that are specifically designed just for children with special needs.

**Fee:** \$18 R \$20 NR **Register by:** 1/08

**Location:** WMB, Lord Fairfax Room

Day	Date	Time	Activity #
Sa	1/16	11:00 am-Noon	465273/01

#### FEBRUARY FUN **Ages 5-14**

Have fun doing fantastic monthly activities that are specifically designed just for children with special needs.

**Fee:** \$18 R \$20 NR **Register by:** 2/12

**Location:** WMB, Lord Fairfax Room

Day	Date	Time	Activity #
Sa	2/13	11:00 am-Noon	465273/02

#### MARCH INTO SPRING **Ages 5-14**

Have fun doing fantastic monthly activities that are specifically designed just for children with special needs.

**Fee:** \$18 R \$20 NR **Register by:** 3/05

**Location:** WMB, Lord Fairfax Room

Day	Date	Time	Activity #
Sa	3/13	11:00 am-Noon	165273/01

### EVENTS

#### WINTER CARNIVAL **Ages 3-15**

Don't let the chills of the wintry weather stop you from having some "frosty" fun! Just bundle up and head over to the park for games and activities. Sponsored by Jim Stutzman Chevrolet, Cadillac, Buick.

**Fee:** \$3 **Register by:** 1/29

**Location:** Rec. Center, Gymnasium

Day	Date	Time	Activity #
Sa	2/06	10:00 am-Noon	465275/01

#### EGGCESSIBLE **Ages 2-14**

The area's only Easter Egg Hunt for children with special needs. Sponsored by Wal-Mart.

**Fee:** FREE **Register by:** 3/16

**Location:** Rec. Center, Gymnasium

Day	Date	Time	Act.#/Sec.#
Tu	3/23	10:00 am-Noon	165275/01

Special Needs



# ADULT CLASSES

## WREATH MAKING Ages 55+

Make a beautiful autumn holiday for your home.

**Fee:** \$28 R \$30 NR

**Location:** WMB, George Washington Rm.

Day	Dates	Time	Activity #
Th	12/03	9:30-11:00 am	344210/05
F	12/04	9:00-10:30 am	344210/06

**Register by:** 11/25

## BEGINNING DRAWING Ages 18+

For those that have always wanted to draw but thought they had to be born with the talent. It's not true! Learn how to draw using the right brain and grid methods.

**Fee:** \$67 R \$70 NR (An additional \$15 material fee is payable to the instructor.)

**Location:** WMB, Arts & Crafts Room

Day	Dates	Time	Activity #
M	1/04-2/08	7:00-9:00 pm	451273/14

**Register by:** 12/28

M	2/22-3/29	7:00-9:00 pm	451273/15
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**Register by:** 2/15

## SOCIAL DANCE (BEG.) Ages All

Bring shoes that are easy to dance in and a notebook to make dance notes. Each session will focus on a different dance.

**Fee (per couple):** \$140 R \$143 NR

**Location:** WMB, George Washington Rm.

Day	Dates	Time	Activity #
M	1/04-1/25	6:45-7:30 pm	451273/10

**Dance:** Foxtrot Intro. **Register by:** 12/28

M	3/01-3/22	6:45-7:30 pm	451273/12
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**Dance:** Waltz Intro **Register by:** 2/22

## SOCIAL DANCE (ADV) Ages All

Bring shoes that are easy to dance in and a notebook to make dance notes. Each session will focus on a different dance.

**Fee (per couple):** \$140 R \$143 NR

**Location:** WMB, George Washington Rm.

Day	Dates	Time	Act.#/Sec.#
M	1/04-1/25	7:35-8:20 pm	451273/11

**Dance:** Swing **Register by:** 12/28

M	3/01-3/22	7:35-8:20 pm	451273/13
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**Dance:** Foxtrot **Register by:** 2/22

## GENTLE YOGA Ages 18+

Stretch and strengthen, relax and rejuvenate the body. Find the body, mind, spirit connection. Wear comfortable clothing. Bring a mat and a blanket.

**Tuesday Only Fee:** \$43 R \$46 NR

**Tuesday/Thursday Fee:** \$58 R \$61 NR

**Location:** WMB, Lord Fairfax Room

Days	Dates	Time	Activity #
Tu	1/12-2/16	9:00-10:00 am	451273/01

**Register by:** 1/12

Tu,Th	1/12-2/18	9:00-10:00 am	451273/02
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**Register by:** 1/12

Tu	3/02-4/13	9:00-10:00 am	451273/03
----	-----------	---------------	-----------

**Register by:** 3/02

Tu,Th	3/02-4/15	9:00-10:00 am	451273/04
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**Register by:** 3/02

## ZUMBA Ages 18+

Zumba fuses hypnotic Latin rhythms and easy to follow moves to create an absolute hi-energy workout! Bring water.

**Fee:** \$58 R \$61 NR

**Location:** Rec. Center, Social Hall

Days	Dates	Time	Activity #
M,W	1/18-2/24	5:30-6:30 pm	451273/16

**Register by:** 1/18

M,W	3/08-4/14	5:30-6:30 pm	451273/17
-----	-----------	--------------	-----------

**Register by:** 3/08

## DOG TRAINING Ages 9+

For dogs 6 months and up. Please bring your dog to the first class.

**Fee:** \$67 R \$70 NR

**Location:** JBP, Discovery Field

Day	Dates	Time	Activity #
Tu	4/20-5/25	7:00-9:00 pm	451273/07

**Register by:** 4/13

See page 8 for

## HEARTSAVER CPR/FIRST AID

and

## HEALTHCARE PROVIDER CPR

information!





# DOG PARK

**New memberships for the  
2010 calendar year will be available  
starting January 4, 2010.**

Proof of registration and vaccination is required when  
purchasing a membership.

**Yearly Fee (First Dog): \$18 R \$24 NR**

**Yearly Fee Per Additional Dog (Up to 3): \$6 R \$8 NR**

**REMINDER: The dog park will be closed from  
December 28 through January 3 for lock replacement.**

**For more information,  
contact WPRD at 662-4946.**



# YOUTH LEAGUES

## INDOOR SOCCER Ages 5-10

This league is designed to help participants learn the fundamentals of soccer. Shin guards are needed for each player. Team coaches will inform participants of their team name and practice times.

**Fee:** \$35 R \$38 NR

**Location:** Rec. Center, Gymnasium

**01=Ages 5-7** **Register by:** 2/01

**Skill Assessment & Parent's Meeting:**

2/01 at 6:30 pm

Days	Dates	Time	Activity #
M,W	2/08-3/31	6:30-8:00 pm	421693/01

**02=Ages 8-10** **Register by:** 2/02

**Skill Assessment & Parent's Meeting:**

2/02 at 5:30 pm

Days	Dates	Time	Activity #
Tu,Th	2/09-4/01	5:30-7:00 pm	421693/02

## BASKETBALL Ages 5-8

This league is designed to teach participants the fundamentals of basketball in a non-competitive atmosphere. Team coaches will inform participants of their team name and practice times.

**Fee:** \$27 R \$30 NR **Register by:** 1/29

**Location:** Rec. Center, Gymnasium

**Parent's Meeting:** 2/13 at 10:00 am

**03=Ages 5-6** **INSTRUCTIONAL**

Day	Dates	Time	Activity #
Sa	2/13-4/10	9:00 am-Noon	421693/03

**04=Ages 7-8** **INTERMEDIATE**

**Parent's Meeting:** 2/13 at 10:00 am

Day	Dates	Time	Activity #
Sa	2/13-4/10	9:00 am-Noon	421693/04

## GIRLS VOLLEYBALL Ages 11-14

A great league for players wanting to learn the fundamentals of the sport and for experienced players to continue improving their skills. Teams will practice twice a week with games on Saturday afternoon.

**Fee:** \$35 R \$38 NR

**Location:** Rec. Center, Gymnasium

**05=Ages 11-12** **Register by:** 4/05

**Skill Assessment & Parent's Meeting:**

4/05 at 6:30 pm

*Girls Volleyball continued in next column.*

Days	Dates	Time	Activity #
M,W	4/12-6/09	6:30-8:30 pm	421693/05

**06=Ages 13-14**

**Skill Assessment & Parent's Meeting:**

4/06 at 5:30 pm

Days	Dates	Time	Activity #
Tu,Th	4/13-6/10	5:30-8:00 pm	421693/06

# YOUTH CLASSES

## FENCING (BEGINNER) Ages 10+

A MUST for anyone getting involved with fencing or coming back to the sport after much time away. This class will cover the history of the sword, as it relates to fencing, dueling, and the beginnings of the sport. Students will also get an understanding of the weapons, how each one is used, and the modern-day understanding of the rules. From the first lesson and onward through the class, beginners will also acquire an understanding of proper footwork, form and function. Students will also have the opportunity to fence using the same style of electronic equipment used in the modern Olympic Games. Use of gear is included.

**Fee:** \$125 R \$128 NR **Register by:** 2/26

**Location:** Rec. Center, Gymnasium

Day	Dates	Time	Activity #
F	2/26-4/16	6:30-8:00 pm	451273/08

## FENCING (INTERMEDIATE) Ages 10+

Once a student has completed the beginner class and has acquired a good understanding of proper movement and the rules, this is the next step. This class focuses on tactical strategies, a greater understanding of the rules, and holds the student to a higher physical demand. Intermediate students will spend equal time observing, refereeing, fencing and in physical training. Use of gear is included.

**Fee:** \$150 R \$153 NR **Register by:** 2/26

**Location:** Rec. Center, Gymnasium

Day	Dates	Time	Activity #
F	2/26-4/16	7:30-9:30 pm	451273/09

# Athletics

## ADULT ATHLETIC LEAGUES

### 18+ BASKETBALL Ages 18+

This new and exciting league is designed for athletes looking for a fast paced basketball game. Season ends with a single elimination tournament. Gather your friends and register as a team.

**Fee:** \$325 per team      **Register by:** 1/08

**Location:** Rec. Center, Gymnasium

Day	Dates	Start Time
Su	1/17-3/28	Noon

### YOUNG PROFESSIONALS LEAGUE **Ages 22-35**

Looking to meet new people with similar lifestyles? Join this fun league and meet new people while playing sports. This six week program will give participants the chance to play classic sports like basketball and try new sports like dodgeball. Sign up early! Space is limited!

**Fee:** \$35 R \$38 NR      **Register by:** 1/29

**Location:** Rec. Center, Gymnasium

Day	Dates	Time	Activity #
Th	2/11-3/18	7:00-8:00 pm	431693/02

## ADULT ATHLETIC LEAGUES

### STRIKES, SPARES & SENIORS **Ages 55+**

Heard about Nintendo Wii? Sign up for our Senior Bowling League and compete against other bowlers for the chance to win the championship trophy! All participants will learn how to use the equipment before the league starts! No heavy balls or special shoes needed!

**Fee:** \$20 R \$23 NR      **Register by:** 2/05

**Location:** Rec. Center, Social Hall

Days	Dates	Time	Activity #
Tu,Th	2/16-3/25	6:00-8:00 pm	431693/03

### CO-ED FLAG FOOTBALL **Ages 18+**

This league is designed to bring male and female football fanatics together. Season ends with a tournament. Get ready to pass, punt and pull in our co-ed flag football league!

**Fee:** \$450 per team (jerseys provided)  
\$350 per team (provide own jerseys)

**Register by:** 3/26

**Location:** Weaver Park

Day	Dates	Start Time
Su	4/11-6/13	Noon

Athletics

## Personal Trainers

Have workouts designed to help you reach your individual fitness goals! So whether it's losing weight and toning up or training for competition, our personal trainers will get you where you need to be. All trainers are certified. \$25/Half Hour and \$40/Hour.

Complimentary Initial Meeting includes a personal assessment, discussion of personal goals and desired schedule.



Call 662-4946 for additional information.

# Shenandoah Valley YOUTH LACROSSE



LAX FEST:  
January 3  
1:00-4:00 pm  
Sportsplex

For more information:

[www.leaguelineup.com/  
svlacrosse](http://www.leaguelineup.com/svlacrosse)

Inaugural Season  
Begins: Spring 2010!

U9 Division: Focuses on introducing basic skills in a fun, exciting environment. *Sticks and balls provided.*

U11, U13 and U18 Divisions: Focuses on skill development, rules, and learning the fundamentals of this fast paced game. *Must provide own equipment. Rental equipment available.*

NOTE: Boys and girls teams are offered for all divisions.

Tentative Season:  
4/03-5/22

REGISTRATION:

Early Registration

Fee: \$99

Deadline: 3/01

Late registration fee: \$119  
Registration deadline: 3/15



# Winchester Baseball

## LEAGUE REGISTRATION

### Spring Leagues (Ages 8-15)

“A” Ball / “AA” Ball / Machine Pitch: \$80 for the first child (\$45 for each additional child)

### Summer Leagues (Ages 4-7)

Blast Ball / Tee Ball / Machine Pitch: \$60 for the first child (\$45 each additional child)

### Registration (Deadline February 13, 2010)

Option 1: On-line at [www.winchesterbaseball.com](http://www.winchesterbaseball.com)

Option 2: In-person at Jim Barnett Park (see dates below)

Day	Dates	Location	Time
Th	1/14	Active Living & Recreation Center	5:00-7:00 pm
Sa	1/16	Active Living & Recreation Center	10:00 am-Noon
Th	1/21	Active Living & Recreation Center	5:00-7:00 pm
Sa	1/23	Active Living & Recreation Center	10:00 am-Noon
Th	1/28	Active Living & Recreation Center	5:00-7:00 pm

# B.R.Y.S.A.

BLUE RIDGE YOUTH SOCCER ASSOC.

## SPRING REGISTRATION

Now through  
February 14  
\$45 per person

Visit [www.brysa.org](http://www.brysa.org)  
to register online.



# YOUTH AQUATIC PROGRAMS

➔ = New Registration Days (Tuesday & Wednesday due to the New Years holiday)

## WATERBABIES LEVEL I

**Ages 6 months-1**

This parent/child class introduces basic swimming skills using songs, games and toys. Comfort, fun, and safety is the focus of the class. Get one-on-one time in the water with your child and guided direction and play from an in-water instructor.

**Fee:** \$32 R \$36 NR

**Location:** WMB, Indoor Pool

Days	Dates	Time	Activity #
Tu,Th	1/05-1/28	9:00-9:30 am	412216/L4
	➔ <b>Register for L4 on:</b>	12/29 R 12/30 NR	
Tu,Th	2/02-2/25	9:00-9:30 am	412216/L5
	<b>Register for L5 on:</b>	1/27 R 1/28 NR	
Tu,Th	3/02-3/25	9:00-9:30 am	412216/L6
	<b>Register for L6 on:</b>	2/24 R 2/25 NR	
Tu,Th	3/30-4/22	9:00-9:30 am	412216/L7
	<b>Register for L7 on:</b>	3/24 R 3/25 NR	
Tu,Th	4/27-5/20	9:00-9:30 am	412216/L8
	<b>Register for L8 on:</b>	4/21 R 4/22 NR	

## WATERBABIES LEVEL II Age 2

This is a parent/child class that prepares students for TINY TOTS LEVEL I. Swimmers will review WATERBABIES LEVEL I skills while working on becoming more independent by putting their face in the water and performing skills independently.

**Fee:** \$32 R \$36 NR

**Location:** WMB, Indoor Pool

Days	Dates	Time	Activity #
Tu,Th	1/05-1/28	9:30-10:00 am	412217/M4
	➔ <b>Register for M4 on:</b>	12/29 R 12/30 NR	
Tu,Th	2/02-2/25	9:30-10:00 am	412217/M5
	<b>Register for M5 on:</b>	1/27 R 1/28 NR	
Tu,Th	3/02-3/25	9:30-10:00 am	412217/M6
	<b>Register for M6 on:</b>	2/24 R 2/25 NR	
Tu,Th	3/30-4/22	9:30-10:00 am	412217/M7
	<b>Register for M7 on:</b>	3/24 R 3/25 NR	
Tu,Th	4/27-5/20	9:30-10:00 am	412217/M8
	<b>Register for M8 on:</b>	4/21 R 4/22 NR	

# SWIMMING LEVEL ASSESSMENTS



Don't know what level to put your child into?



Free assessments are now offered by a certified American Red Cross water safety instructor! No registration required. Please allow 5-10 minutes for each assessment.

**Fee:** FREE

**Location:** Indoor Pool

Day	Dates	Time
Sa	12/12	2:00-4:00 pm
Tu	12/15	7:00-7:45 pm
Sa	12/19	2:00-4:00 pm
Sa	1/23	2:00-4:00 pm
Sa	2/21	2:00-4:00 pm
Sa	3/20	2:00-4:00 pm
Sa	4/17	2:00-4:00 pm



# Aquatics

## TINY TOTS I Ages 3-6

This level is geared to building confidence in the water. Focus will be on blowing bubbles, floating and kicking on front and back with support, learning breathing control, swimming with face in the water and an introduction to various arm actions. **Activity #:** 412221

## TINY TOTS II-A Ages 3-6

This level helps participants learn how to go from a supported to an unsupported float on front and back, recovery to a vertical position from floating, front and back glides, and swimming on front and back using a combined stroke. **Activity #:** 412225

## TINY TOTS II-B Ages 3-6

This level helps participants learn unsupported float on front and back, recovery to a vertical position from floating, front and back glides, and swimming on front and back using a combined stroke for 5 body lengths. **Activity #:** 412226

Description changes in **bold!**

## TINY TOTS III Ages 3-6

This level adds kicks to front and back glides, teaches changing directions and body positions in deep water, diving from the side of pool in a kneeling position, learning to swim on front and back for 15 yards with more refined arm positioning for 15 yards, treading water for 30 seconds, and introduction to **scissor (breast stroke) kick**. **Activity #:** 412223

## TINY TOTS IV Ages 3-6

In this level students will learn to dive from the side from a standing position, swim a distance underwater, float in deep water for **30 seconds**, and use an open turn when swimming on front and back. They will also swim on front and back for 25 yards with rotary breathing and advanced arm positioning, 15 yards of butterfly, breast stroke, **back crawl** and **side stroke**. **Activity #:** 412224

 = New Registration Days (Tuesday & Wednesday due to the New Years holiday)

## TINY TOTS LEVELS I-IV SCHEDULE continued

Levels 1-4 will be offered at each session.

Fee: \$43 R \$49 NR

Location: WMB, Indoor Pool

Days	Sessions	Time	Sect.
M,W	1/04-1/27	4:00-4:30 pm	N4
M,W	1/04-1/27	4:30-5:00 pm	O4
M,W	1/04-1/27	5:00-5:30 pm	P4
Tu,Th	1/05-1/28	10:00-10:30 am	Q4
Tu,Th	1/05-1/28	10:30-11:00 am	R4
Tu,Th	1/05-1/28	5:30-6:00 pm	S4
Tu,Th	1/05-1/28	6:00-6:30 pm	T4

 New Registration Days: 12/29 R 12/30 NR

M,W	2/01-2/24	4:00-4:30 pm	N5
M,W	2/01-2/24	4:30-5:00 pm	O5
M,W	2/01-2/24	5:00-5:30 pm	P5
Tu,Th	2/02-2/25	10:00-10:30 am	Q5
Tu,Th	2/02-2/25	10:30-11:00 am	R5
Tu,Th	2/02-2/25	5:30-6:00 pm	S5
Tu,Th	2/02-2/25	6:00-6:30 pm	T5

Register on: 1/27 R 1/28 NR

M,W	3/01-3/24	4:00-4:30 pm	N6
M,W	3/01-3/24	4:30-5:00 pm	O6
M,W	3/02-3/25	5:00-5:30 pm	P6
Tu,Th	3/02-3/25	10:00-10:30 am	Q6
Tu,Th	3/02-3/25	10:30-11:00 am	R6
Tu,Th	3/02-3/25	5:30-6:00 pm	S6
Tu,Th	3/02-3/25	6:00-6:30 pm	T6

Register on: 2/24 R 2/25 NR

M,W	3/29-4/21	4:00-4:30 pm	N7
M,W	3/29-4/21	4:30-5:00 pm	O7
M,W	3/29-4/21	5:00-5:30 pm	P7
Tu,Th	3/30-4/22	10:00-10:30 am	Q7
Tu,Th	3/30-4/22	10:30-11:00 am	R7
Tu,Th	3/30-4/22	5:30-6:00 pm	S7
Tu,Th	3/30-4/22	6:00-6:30 pm	T7

Register on: 3/24 R 3/25 NR

M,W	4/26-5/19	4:00-4:30 pm	N8
M,W	4/26-5/19	4:30-5:00 pm	O8
M,W	4/26-5/19	5:00-5:30 pm	P8
Tu,Th	4/27-5/20	10:00-10:30 am	Q8
Tu,Th	4/27-5/20	10:30-11:00 am	R8
Tu,Th	4/27-5/20	5:30-6:00 pm	S8
Tu,Th	4/27-5/20	6:00-6:30 pm	T8

Register on: 4/21 R 4/22 NR



Aquatics

Description changes in **bold!**

## CHILD/TEENS LEVELS I-IV SCHEDULE

### CHILD/TEENS I Ages 7-15

This level builds confidence in the water. Focus will be on blowing bubbles, floating and kicking on front and back with support, learning breathing control, swimming with face in the water and an introduction to various arm actions.

**Activity #:** 412231

### CHILD/TEENS II Ages 7-15

This level helps participants learn unsupported float on front and back, recovery to a vertical position from floating, front and back glides, and swimming on front and back using a combined stroke for **5 body lengths**. **Activity #:** 412232

### CHILD/TEENS III Ages 7-15

This level adds kicks to front and back glides, teaches changing directions and body positions in deep water, diving from the side of pool in a kneeling position, learning to swim on front and back for 15 yards with more refined arm positioning for 15 yards, treading water for 30 seconds, and introduction to **scissor (breast stroke) kick**. **Activity #:** 412233

### CHILD/TEENS IV Ages 7-15

In this level students will learn to dive from the side from a standing position, swim a distance underwater, float in deep water for **30 seconds**, and use an open turn when swimming on front and back. They will also swim on front and back for 25 yards with rotary breathing and advanced arm positioning, 15 yards of butterfly, breast stroke, **back crawl** and **side stroke**. **Activity #:** 412234



**Levels 1-4 will be offered at each session.**

**Fee:** \$43 R \$49 NR

**Location:** WMB, Indoor Pool

Days	Sessions	Time	Sect.
M,W	1/04-1/27	5:30-6:00 pm	U4
Tu,Th	1/05-1/28	6:30-7:00 pm	V4

**New Registration Days:** 12/29 R 12/30 NR

M,W	2/01-2/24	5:30-6:00 pm	U5
Tu,Th	2/02-2/25	6:30-7:00 pm	V5

**Register on:** 1/27 R 1/28 NR

M,W	3/01-3/24	5:30-6:00 pm	U6
Tu,Th	3/02-3/25	6:30-7:00 pm	V6

**Register on:** 2/24 R 2/25 NR

M,W	3/29-4/21	5:30-6:00 pm	U7
Tu,Th	3/30-4/22	6:30-7:00 pm	V7

**Register on:** 3/24 R 3/25 NR

M,W	3/29-4/21	5:30-6:00 pm	U8
Tu,Th	3/30-4/22	6:30-7:00 pm	V8

**Register on:** 4/21 R 4/22 NR

## PRIVATE SWIM LESSONS

Ages 3+

Learn to swim one-on-one with a certified Water Safety Instructor. Registration for private lessons is arranged through the WPRD Aquatics Department on a first-come, first-served basis.

**Session Fee (A4-A7):** \$75 R \$85 NR

**Session Fee (A8):** \$56 R \$63 NR

**Location:** WMB, Indoor Pool

Day	Dates	Time	Activity #
Sa	1/09-1/30	1:00-5:00 pm	552285/A4

**New Registration Days:** 12/29 R 12/30 NR

Sa	2/06-2/27	1:00-5:00 pm	552285/A5
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**Register for A2 on:** 1/27 R 1/28 NR

Sa	3/06-3/27	1:00-5:00 pm	552285/A6
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**Register for A3 on:** 2/24 R 2/25 NR

Sa	4/03-4/24	1:00-5:00 pm	552285/A7
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**Register for A4 on:** 3/24 R 3/25 NR

Sa	5/08-5/22	1:00-5:00 pm	552285/A8
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**Register for A4 on:** 4/21 R 4/22 NR

**DID YOU KNOW** you could share your private lesson with a friend or family member? If you know someone who is at the same swim level and wants to share a private swim lesson, call the Aquatics Department for more details on semi-private swim lessons.

# Aquatics

## COMPETITIVE SWIM TRAINING Ages 6-18

This class is designed to bridge the gap between instructional and competitive swimming. The class highlights stroke refinement, competitive starts and turns and interval training.

**Fee:** \$48 R \$54 NR

**Sections W & Z:** For ages 6-12

**Sections X & Y:** For ages 13-18

**Location:** WMB, Indoor Pool

Days	Dates	Time	Activity #
M,W	1/04-1/27	4:30-5:15 pm	413243/W4
M,W	1/04-1/27	5:15-6:00 pm	413243/X4
Tu,Th	1/05-1/28	5:30-6:15 pm	413243/Y4
Tu,Th	1/05-1/28	6:15-7:00 pm	413243/Z4

➔ **New Registration Days:** 12/29 R 12/30 NR

M,W	2/01-2/24	4:30-5:15 pm	413243/W5
M,W	2/01-2/24	5:15-6:00 pm	413243/X5
Tu,Th	2/02-2/25	5:30-6:15 pm	413243/Z5
Tu,Th	2/02-2/25	6:15-7:00 pm	413243/Z5

**Register on:** 1/27 R 1/28 NR

M,W	3/01-3/24	4:30-5:15 pm	413243/W6
M,W	3/01-3/24	5:15-6:00 pm	413243/X6
Tu,Th	3/02-3/25	5:30-6:15 pm	413243/Y6
Tu,Th	3/02-3/25	6:15-7:00 pm	413243/Z6

**Register on:** 2/24 R 2/25 NR

M,W	3/29-4/21	4:30-5:15 pm	413243/W7
M,W	3/29-4/21	5:15-6:00 pm	413243/X7
Tu,Th	3/30-4/22	5:30-6:15 pm	413243/Y7
Tu,Th	3/30-4/22	6:15-7:00 pm	413243/Z7

**Register on:** 3/24 R 3/25 NR

M,W	4/26-5/19	4:30-5:15 pm	413243/W8
M,W	4/26-5/19	5:15-6:00 pm	413243/X8
Tu,Th	4/27-5/20	5:30-6:15 pm	413243/Y8
Tu,Th	4/27-5/20	6:15-7:00 pm	413243/Z8

**Register on:** 4/21 R 4/22 NR

## ADULT AQUATIC PROGRAMS

### WATER AEROBICS Ages 18+

This is a shallow water exercise class that is designed for all swimming abilities.

Instructor covers a wide range of exercises designed to give you a good overall workout.

**Drop In Fee:** \$4.00 R \$4.50 NR

**Session Fee:** \$13.50 R \$15 NR

**Location:** Indoor Pool

Days	Dates	Time	Activity #
M,W	12/21-12/30	9:00-10:00 am	333265/B2

**Register by:** 12/21

**Drop In Fee:** \$4.00 R \$4.50 NR

**AM Session Fee:** \$40 R \$45 NR

**PM Session Fee:** \$18 R \$21 NR



Days	Dates	Time	Activity #
M,W,F	1/04-1/29	9:00-10:00 am	433265/A4
Tu,Th	1/05-1/28	7:30-8:30 pm	433265/I4

**Register by:** 1/04

M,W,F	2/01-2/26	9:00-10:00 am	433265/A5
Tu,Th	2/02-2/25	7:30-8:30 pm	433265/I5

**Register by:** 2/01

M,W,F	3/01-3/26	9:00-10:00 am	333265/A6
Tu,Th	3/02-3/25	7:30-8:30 pm	433265/I6

**Register by:** 3/01

M,W,F	3/29-4/23	9:00-10:00 am	433265/A7
Tu,Th	3/30-4/22	7:30-8:30 pm	433265/I7

**Register by:** 3/29

M,W,F	4/26-5/19	9:00-10:00 am	433265/A8
Tu,Th	4/27-5/20	7:30-8:30 pm	433265/I8

**Register by:** 4/27

## 4 HOME SCHOOLERS

### COMPETITIVE SWIM TRAINING Ages 6-15

See description above.

**Fee:** \$48 R \$54 NR

**Location:** WMB, Indoor Pool

Days	Dates	Time	Activity #
M,W	1/04-1/27	2:00-2:45 pm	413243/E4

➔ **Register on:** 12/29 R 12/30 NR

M,W	2/01-2/24	2:00-2:45 pm	413243/E5
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**Register on:** 1/27 R 1/28 NR

M,W	3/01-3/24	2:00-2:45 pm	413243/E6
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**Register on:** 2/24 R 2/25 NR

M,W	3/29-4/21	2:00-2:45 pm	413243/E7
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**Register on:** 3/24 R 3/25 NR

M,W	4/26-5/19	2:00-2:45 pm	413243/E8
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**Register on:** 4/21 R 4/22 NR



Aquatics

# ADULT AQUATIC TRAINING PROGRAMS

## WATER SAFETY INSTRUCTOR

**Ages 16+**

A course designed to train participants to teach courses in the American Red Cross Swimming and Water Safety Program. The course combines classroom and in water work. All supplies are included. Prerequisite skills must be passed to participate.

**Fee:** \$225 R \$250 NR **Register by:** 5/01

**Location:** WMB, Arts & Crafts Room

Days	Dates	Time	Activity #
M,W	5/10-6/02	6:00-10:00 pm	122275/J1



## LIFEGUARD TRAINING

**Ages 15+**

American Red Cross Lifeguard Training teaches participants the skills and knowledge they will need to prevent, recognize and respond to emergencies. With successful completion, participants will be certified in Lifeguard Training/First Aid for 3 years and CPR/AED for 1 year. Attendance is mandatory at all sessions.

**Fee:** \$225 R \$250 NR

**Location:** Indoor Pool, Lanes 4-6

Days	Dates	Time	Activity #
M,W	3/01-3/24	6:00-10:00 pm	122272/J1

**Register by:** 2/22

M,W	4/19-5/02	6:00-10:00 pm	122272/J2
Sa, Su			

**Register by:** 4/09



**Ages 18+**

An organized program of swimming for adults. Members participate in a variety of ways ranging from lap swimming to international competition.

**Contact:** Eileen Span

mespan@comcast.net

**Fee:** \$25 R \$30 NR (plus annual membership fee to U.S. Masters)

Days	Dates	Time	Location
M,W,F	9/08-5/28	5:30-6:30 am	Indoor
Su	9/13-5/23	Noon-1:00 pm	Indoor

## Winchester SWIM TEAM

Offers competitive swimmers the area's first USA Swimming sanctioned swim team.

**Contact:** Lori Reiser, (304) 433-0675  
larbrat@hotmail.com

## DISCOVER SCUBA \$499

In this PADI open water diver course you will learn the skills needed to be a safe recreational diver. Included in this course are 5 classroom sessions, 5 pool sessions and 4 open water training dives.

Call Joe Dubose: 888-4455.

## RENT THE INDOOR POOL

**Fridays, 7:00-8:45 pm**  
(beginning 2/26/09)

**Saturdays, 6:00-7:45 pm**

Call WPRD for details!

# Facilities

## FITNESS ROOM

The fitness room is open to participants 14 and up. Spectators are not permitted. Proper attire must be worn at all times. These policies will be strictly enforced.

## RACQUETBALL/WALLYBALL

Court reservations must be made up to seven days in advance and for no more than two hours at a time.

### HOURS OF OPERATION

M-F 5:30 am - 9:30 pm  
 Sa 9:00 am - 6:00 pm  
 Su Noon - 8:00 pm

## INDOOR POOL

Note: Children 12 and under must be accompanied by an adult (18+) at all times in the water. Shoes are not allowed on the pool deck. Groups of 10 or more must schedule a pool party in advance.

### WINTER HOURS

**Through May 28, 2010**

Adult Lap	M,W,F	7:15-8:45 am
Swim (18+)	Tu,Th	6:15-8:45 am
	M,W,F	10:00-11:00 am
	M-F	11:00 am-Noon
	M,W	6:00-7:00 pm
	Sa	Noon-1:00 pm
Open Lap Swim (15+)	Sa	5:00-6:00 pm
	Su	1:00-2:00 pm
Family Lap Swim*	Su	6:00-8:00 pm
General Swim*	M-F	Noon-1:00 pm
	Tu,Th	7:00-7:45 pm
	F	5:30-7:00 pm
	Sa	1:00-5:00 pm
	Su	2:00-4:00 pm
Senior/Therapeutic	M-F	1:00-2:00 pm

\*Children at 7+ may swim laps with parent.

\*Lap space available but not guaranteed during this time for adults 18+.

## OPEN GYM

### ALL AGES

Days	Time	Courts
M-F	5:30-2:00 pm	A,B

### AGES 30+

Days	Time	Courts
M,W	4:30-6:30 pm	A,B

### AGES 16+

Days	Time	Courts
Tu,Th,F	8:00-9:30 pm	A,B
F	8:00-9:30 pm	A,B
Sa,Su	4:00-6:00 pm	A,B

### AGES 15 & UNDER

Days	Time	Courts
F	8:00-9:30 pm	C
Sa,Su	4:00-6:00 pm	C

### AGES 11-14 (Middle School)

Days	Time	Courts
M-F	3:00-4:30 pm	C

*\*WPRD gym space reserved for league play may become open gym space depending on league circumstances. Please call or check with the front desk at WPRD for any updated open gym times.*

## OPEN SOFTBALL FIELD

Open softball field time is restricted to open play only. No organized team games or practices permitted during these times. Time limited to one hour when others are waiting to use field.

### SEPTEMBER – DECEMBER

Day	Time	Fields
Su	9:00 am – 2:00 pm	Eagles
F	3:00 pm – 6:00 pm	Eagles

### JANUARY – APRIL

Day	Time	Fields
Su	9:00 am – 2:00 pm	Eagles

## Individual & Family Recreation Center Memberships

	<u>Resident</u>	<u>Non-Res</u>
<b>Child</b> (under 12 with a paying adult)		
Monthly	\$ 16.00	\$ 20.00
3 Month	\$ 42.00	\$ 54.00
Yearly	\$144.00	\$192.00

	<u>Resident</u>	<u>Non-Res</u>
<b>Youth/Student</b> (12-18 or valid college ID)		
Monthly	\$ 20.00	\$ 24.00
3 Month	\$ 54.00	\$ 66.00
Yearly	\$192.00	\$240.00

	<u>Resident</u>	<u>Non-Res</u>
<b>Adult</b> (19-54 years)		
Monthly	\$ 36.00	\$ 42.00
3 Month	\$ 99.00	\$117.00
Yearly	\$360.00	\$432.00

	<u>Resident</u>	<u>Non-Res</u>
<b>Senior</b> (55 years and up)		
Monthly	\$ 16.00	\$ 20.00
3 Month	\$ 42.00	\$ 54.00
Yearly	\$144.00	\$192.00

	<u>Resident</u>	<u>Non-Res</u>
<b>Family</b> (up to 4 members)*		
Monthly	\$ 68.00	\$ 84.00
3 Month	\$198.00	\$246.00
Yearly	\$768.00	\$960.00

\*Inquire about additional family member rates

	<u>Resident</u>	<u>Non-Res</u>
<b>Military</b>		
Monthly	\$ 16.00	
3 Month	\$ 42.00	
Yearly	\$144.00	

<u>DAILY</u>	<u>Resident</u>	<u>Non-Res</u>
Child	\$2.50	\$3.00
Student	\$3.00	\$3.50
Adult	\$3.50	\$4.00
Senior	\$2.50	\$3.00
Family	\$9.00	\$11.00
Military	\$2.50	

**10 & 20 Punch Passes also available  
(10% off daily rate).  
Call WPRD for details.**

**Memberships include unlimited use of the Indoor Pool, Fitness Room, Gymnasium, Billiards Table and Racquetball during designated times.**



*Ask about installment options for yearly memberships.*

# FACILITY RENTALS

R = City Resident    NR = Non-City Resident    NP = Non-Profit    C = Commercial

FACILITY	CAP	HOURLY			
		R	NR	NP	C
Lord Fairfax Rm.*	60	\$19	\$22	\$10	\$34
Joist Hite Room*	25	\$6	\$7	\$3	\$11
Arts & Crafts Rm.*	50	\$14	\$16	\$7	\$25
Full Gymnasium (A,B,C)**	1,000	\$97	\$99	\$96	\$156
Full Court Gym (A,B)**	666	\$65	\$66	\$64	\$104
1/3 Gym (A,B or C)**	333	\$32	\$33	\$32	\$52
Social Hall*	175	\$47	\$55	\$24	\$85
Kitchen*	10	\$25	\$27	\$23	\$48
Recreation Room*	20	\$5	\$6	\$2	\$8
Indoor Pool	80	\$92	\$101	\$61	\$122
Outdoor Pool	300	\$151	\$163	\$128	\$191
BMX Track**	200	\$5	\$6.50	\$3	\$7
R/C Car Track**	200	\$5	\$6.50	\$3	\$7
Horseshoe Courts**	200	\$5	\$6.50	\$3	\$7
Tennis Court**	100	\$5	\$6.50	\$3	\$7
Outdoor Basketball Court**	200	\$5	\$6.50	\$3	\$7
Large Baseball/Softball Field**	300-1,500	\$19	\$22	\$16	\$26
Small Baseball/Softball Field**	150-500	\$15	\$18	\$12	\$21
Soccer Field**	250	\$15	\$18	\$12	\$21

\* 2 hour minimum

\*\* \$10/hour additional fee for lighting

### Fields

Large - Bridgeforth, Bodie Grim, Eagles, Preston  
Small - Rotary, Yost, T-Ball, Henkel Harris

### Shelter Rental Times (Available 4/15-10/15)

Full Day 9:00 am-9:00 pm

Half Day 9:00 am-2:00 pm OR 4:00-9:00 pm

SHELTER	CAP	HALF DAY				FULL DAY			
		R	NR	NP	C	R	NR	NP	C
<b>S</b> Jaycee I, Key Club I & II, Optimist	25	\$15	\$20	\$13	\$35	\$30	\$35	\$25	\$60
<b>M</b> Firemans, POW-MIA Memorial, Shawnee Lions	100	\$25	\$30	\$23	\$45	\$50	\$55	\$45	\$80
<b>L</b> Kiwanis I & II, Antique Car, Exchange	150-200	\$35	\$40	\$28	\$50	\$70	\$75	\$55	\$90
<b>XL</b> Lions, Rotary	220	\$40	\$45	\$33	\$60	\$80	\$85	\$65	\$100

**DOWNLOAD THE REQUIRED FACILITY USE APPLICATION FROM THE WINCHESTER PARKS & RECREATION DEPARTMENT'S WEBSITE.**

**THE ACE & TJ SHOW**  
**MORNINGS**  
FROM 6-10  
**98.3 KISS FM**

983kissfm.com



**99.3 THE FOX**  
**ROCKS**  
JOHN BOY & BILLY  
Mornings



Home Of The Washington Redskins.  
993thefox.com



Country Music's Biggest Stars.  
wusq.com



# TRIPS WPRD VAN TRIPS

Note: All WPRD Van Trips depart and return to the War Memorial Building.

## FESTIVAL OF LIGHTS **Ages 3+**

Take this opportunity to sit back and enjoy a spectacular drive through Bull Run Park all decked out in lights for the holiday.

Fee: \$20 R \$23 NR Register by: 12/01

Day	Date	Time	Activity #
M	12/07	6:00-9:00 pm	456961/01
W	12/09	6:00-9:00 pm	456961/02
F	12/11	6:00-9:00 pm	456961/03

## LEWIS GINTER GARDEN-

## FEST OF LIGHTS **Ages 3+**

Walk around the garden and enjoy a show featuring more than a half-million lights. Marvel at the display in the garden's conservatory and decorations in the visitor center and education and library complex.

Fee: \$38 R \$35 NR Register by: 12/01

Day	Date	Time	Activity #
Th	12/17	3:30-11:30 pm	456961/04

## SMITHSONIAN MUSEUMS

**Ages 5+**

Explore one or many of the magnificent museums in Washington D.C. You will be dropped off and picked up in one spot and the time in between is yours to enjoy. While most of the museums are free, admission and meals are on your own.

Fee: \$35 R \$38 NR Register by: 4/01

Day	Date	Time	Activity #
Su	4/11	8:00 am-6:00 pm	156964/01



## NATIONAL ZOO

**Ages 5+**

Spend the day in the fresh air while exploring all of the amazing animals found at the National Zoo in Washington D.C. Explore the zoo at your leisure on this self-guided trip. You may bring a packed lunch or food may be purchased on your own at the zoo.

Fee: \$35 R \$38 NR Register by: 4/30

Day	Date	Time	Activity #
Su	5/16	8:00 am-6:00 pm	156964/02

# GO

## TRANSIT

# Ride Green



## WinTran

We Take You There

Winchester Transit :: 667-1815 :: [winchesterva.gov/transit](http://winchesterva.gov/transit)  
 All fares under \$1.00 :: Children under 2 ride FREE!



**Now accepting reservations for your next event:  
Wedding Reception, Anniversary Party, Reunion,  
Corporate Gathering, Fundraising Event, etc!**

Plan your next gathering in beautiful Jim Barnett Park at the newly constructed Active Living & Recreation Center. Choose between a formal 6,750 sq. ft. social hall with a commercial kitchen for a more intimate gathering, or a 14,000 sq. ft. gymnasium for large gatherings. Outside catering is permitted.

Call



<u>Hourly Room Fees:</u>	<u>Social Hall</u>	<u>Hall &amp; Kitchen</u>	<u>Gym</u>
City Resident	\$47.00	\$ 72.00	\$ 97.00
Non-Resident	\$55.00	\$ 82.00	\$ 99.00
Non-Profit	\$24.00	\$ 47.00	\$ 96.00
Commercial	\$85.00	\$133.00	\$156.00

## USER GROUPS CONTACT INFORMATION

### YOUTH SPORTS LEAGUES

- **Winchester Baseball**  
*www.winchesterbaseball.com*
- **Win/FC Youth Tackle Football & Cheerleading**  
*Ed Tatman (540) 868-2870*  
*www.wfyfl.com*
- **Blue Ridge Youth Soccer**  
*Hotline (540) 662-6380*  
*www.brysa.org*

### OTHER USERS

- **Winc. Horseshoe Pitchers Assoc.**  
*Terry Figgins (540) 631-0783*
- **Winchester BMX Association**  
*Kevin Lochner (304) 876-3680*  
*www.winchesterbmxracing.org*

### OTHER USERS CONTINUED

- **Winchester Swim Team**  
*Lori Rieser (304) 433-0675*
- **Soap Box Derby**  
*Mike Wines (540) 664-6288*  
*www.winchestersoapbox.com*
- **Discover SCUBA**  
*Joe Dubose (540) 888-4455*
- **Shenandoah Valley Powersliders R/C Race Club**  
*Ace Breeden (540) 771-7857*
- **Rolling Thunder**  
*www.rollingthunder1.com*
- **Shenandoah Valley Discovery Museum**  
*(540) 722-2020*
- **Shenandoah Area Agency on Aging**  
*Diana Brill-Tharpe (540) 662-5433*  
*www.shenandoahaaa.com*

# Info

## SWIM LESSON REGISTRATION INSTRUCTIONS

1. Swimming Lessons have a “Register On” date so please be aware of which day you need to register.

a. Resident (R) registration is for people who live in the City of Winchester (22601 zip code). Non-resident (NR) registration is the following day (zip code other than 22601).

b. Registrations are taken by phone or walk-in starting at 5:30 am. All classes are first-come, first-serve.

2. Have the program’s activity number ready. This can be found on the Aquatics pages of the guide (pages 16-20).

3. Payment is required at the time of registration. No registration will be processed without payment. Please make sure you have a Master Card/Visa ready.

## FOR YOUTH SWIM PROGRAMS

1. Each class starts with a minimum number of students per level. (See page 16-17 for level descriptions.) If the classes fill, please keep in mind that we do our best to place additional children in the classes. You will be notified one (1) day prior to the first day of class if we were able to fit your child in the session from a waiting list.

2. You will only be charged if your child is placed in a class. If your child does not get into the session you will need to re-register for the next session. Students on the waiting list do not carry over to the next session.



## 3 WAYS TO REGISTER FOR CLASSES & PROGRAMS

**1. WALK-IN:** Walk-in registrations will be accepted during hours of operation.

**2. BY PHONE:** Call 662-4946. All phone registrations must be accompanied with credit card and completed registration form via fax or email. Please contact the department for a registration form or visit [www.winchesterva.gov/parks](http://www.winchesterva.gov/parks).

**3. BY FAX:** Fax your completed registration form to (540) 678-8791.

## MAKING PAYMENTS

Payment is due upon registration for all classes and materials fees (where applicable) are due to the instructor on the first day of class.

## REFUNDS

A \$10 non-refundable fee will be retained from any refund prior to the registration deadline. No refunds will be given after the registration deadline for that program class unless for medical reasons.

## CANCELLATIONS

In the event of inclement weather, closings and cancellations will be announced via local radio stations, website and the cancellation hotline (662-4946, ext. 33). In addition, programs will be cancelled if minimum registration is not met.

## SPECIAL ACCOMMODATIONS

So that the department can plan accordingly, contact the Parks and Recreation Department at 540-662-4946 if you require special services or other accommodations.

# SIGN ME UP

Please indicate which athletic programs, classes or workshops for which you'd like to register!

**Resident fee only applicable to residential homes with a zip code of 22601. All other codes are considered non-resident. Verification of address may be requested.**

PLEASE PRINT

Adult's Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Emergency/Cell Phone: \_\_\_\_\_

PARTICIPANT'S NAME	
BIRTH DATE	
AGE	
ACTIVITY NAME & NUMBER	
ACTIVITY DATES & TIME	
CHILD'S SCHOOL	
PHOTO PERMISSION <i>(check one)</i>	I ___ give or ___ do not give permission to Winchester Parks & Recreation Department to take my child's photo for use only in park-related promotional material.
SHIRT SIZE <i>(T-shirts not offered for every program)</i>	YS YM YL or AS AM AL AXL
MEDICAL CONDITIONS	
INTERESTED IN COACHING?	Y N Coach's contact info:

WAIVER FOR PARTICIPANTS: I do hereby agree to allow the individual(s) named herein to participate in the aforementioned activities, and I further agree that the Winchester Parks & Recreation Department, program staff, and volunteers assume no responsibility for injuries while traveling to and from the place of play or while participating in an activity.

\_\_\_\_\_  
Participant's Signature (Parent/Guardian signature if participant is under age 18) \_\_\_\_\_  
Date



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Community

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Winchester, VA 22601

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PERMIT NO. 105

(540) 662-4946  
[www.winchesterva.gov/parks](http://www.winchesterva.gov/parks)



*ActivitE-News* is a monthly electronic newsletter from Winchester Parks & Recreation that features a few stories of different things happening at WPRD as well as upcoming events, interactive tabs that take you to different sections of our current activity guide, and other important dates and information. Check out the newsletter archives or subscribe at [www.winchesterva.gov/parks/activit-e-news-sign-up.php](http://www.winchesterva.gov/parks/activit-e-news-sign-up.php)

**The Park's Activity Guide will still be produced three times a year but it will only be mailed to a subscription list.** However, the guide will be posted on the park's website ([www.winchesterva.gov/parks](http://www.winchesterva.gov/parks)) and a notification email will be sent to *ActivitE-News* subscribers letting them know when they can now view the guide online.

**Anyone that wants to continue receiving the printed version in the guide must contact the Park and notify a front desk staff member.**