

membership benefits

Rates: Memberships, daily fees and punch passes include: Unlimited use of the indoor pool, fitness room, gymnasium, billiards table and racquetball court during designated times. Call WPRD for punch pass rates.

Memberships	1 Month		3 Months		Annual	
Child	\$16 R	\$20 NR	\$42 R	\$54 NR	\$144 R	\$192 NR
Student	\$20 R	\$24 NR	\$54 R	\$66 NR	\$192 R	\$240 NR
Adult	\$36 R	\$42 NR	\$99 R	\$117 NR	\$360 R	\$432 NR
Senior	\$16 R	\$20 NR	\$42 R	\$54 NR	\$144 R	\$192 NR
Family (up to 4)	\$68 R	\$84 NR	\$198 R	\$246 NR	\$768 R	\$960 NR
Military	\$16 R & NR		\$42 R & NR		\$144 R & NR	
Military Family (up to 4)	\$48 R & NR		\$138 R & NR		\$528 R & NR	

Daily Fees

Indoor/Outdoor Pools and Recreation Center

Child	\$4	Senior	\$4
Student	\$4.50	Family (up to 4)	\$14
Adult	\$5	Military	\$4

Fitness Classes (Ages 18+) Membership not required

Water Aerobics

This shallow water exercise class is designed for all swimming abilities and covers a wide range of exercises to give you a good overall workout. Water Aerobics uses the natural resistance and buoyancy of water against your body to provide a wide variety of conditioning activity. No swimming is required, and flotation devices are used frequently. Water exercises help increase your energy, stamina and strength. Instructor: Kelly Maffeo.

May 2-June 4 and August 11-29: 9:30-10:30am (Monday, Wednesday, Friday), 7:30-8:30pm (Tuesday) at Jim Barnett Park, Indoor Pool.

June 9-August 8: 11am-12pm (Monday, Wednesday, Friday), 6:30-7:30pm (Monday and Wednesday) at Jim Barnett Park, Outdoor Pool. Fee: Included in the Facility Membership; Drop-In: \$5 R, \$5.50 NR.

Zumba

Zumba is the hottest dance party workout today! You will not even feel like you are working out while you Zumba. It is a total body workout using the most popular music that makes you feel good. Zumba utilizes fitness, burns calories, tones muscles, and improves balance and incorporates a full range of motion. Participants will also gain coordination, as you learn new moves and dance. Instructor: Amanda Floyd. May 1-29, June 3-26, July 1-31, and August 5-28, 6:30-7:30pm, (Tuesdays and Thursdays only) in the Social Hall at the War Memorial Building. Fee: Included in the Facility Membership; Drop-In: \$5 R, \$5.50 NR.

Fitness Room

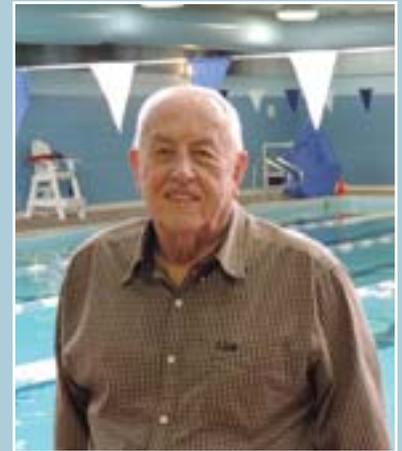
The fitness room is open during the building's hours of operation (see inside front cover) to participants 14 and up. Spectators are not permitted. Proper attire must be worn at all times. These policies will be strictly enforced.

Racquetball

The court can be used for racquetball or wallyball. Court reservations can be made in advance for no more than two hours at a time. The court is open and available for use during the building's hours of operation (see inside front cover). *Reservation recommended.*

Member Spotlight Ronald "Ronnie" Adams

by Jennifer Stotler,
Administration Coordinator



I was able to catch up with one of our long time customers and wanted to relay to our readers his story. Ronald "Ronnie" Adams has been coming to the pools in Jim Barnett Park since 1968 when he would swim during the summer at what then was known to most as the City's Municipal Outdoor Pool. In 1975 Ronnie attended the dedication of the City's indoor pool. He commented that the opening of the indoor pool was "big" news in the city. He also remembers Jim Barnett and said, "he was responsible for getting a lot of things done in Jim Barnett Park."

Today, Ronnie swims three days a week, stating that he knows various swim strokes, gets lots of exercise from swimming, and he feels good when he leaves.

Ronnie's hobbies are swimming (of course), walking and staying very active. He is a fan of the Winchester Royals and loves high school sports, especially watching his home team, Handley.

Ronnie commented, "I have found the best kept secret in town," referring to using the Park facilities and that "more people should come try it out." He said, "you can do a variety of things, you always get your money's worth, the staff is fantastic, and very helpful."

Game Tables

Use the billiard table (ages 12+) or game tables (ages 8+) in the War Memorial Building. Pool sticks available or bring your own. Fee: Free with paid daily visit or \$1.50 for game tables only.