

Winchester

parks and recreation *Virginia*

Ki-AIKIDO • **senior** bowling • **Torchlight** YOGA
polar **Plunge** • lil' belgians **Cyclocross** camp

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Our Mission: We are dedicated to providing comprehensive, quality, and safe recreation and park programs, facilities and services that enrich the quality of life for the Winchester community and beyond.

winchesterva.gov/parks (540) 662-4946

Advisory Board Members

The Board meets the fourth Monday of every month at 6:30 pm in the War Memorial Building.

John Bentley
 Kyle Homan
 Shelly Lee
 Rosie Schiavone
 Regina Coates

Brian Wigley
 Jules Bacha
 Matt Mintschenko
 James Robertson

Administration Office Hours:

M-F 8am - 5pm

Director: Jennifer Jones
jennifer.jones@winchesterva.gov

Park Administration Coordinator and Acting Assistant Director: Jennifer Stotler
jennifer.stotler@winchesterva.gov

Acting Superintendent of Parks: Mike Nail
mike.nail@winchesterva.gov

Recreation Center Hours:

Now-May 31 and Aug. 10-June 1, 2016 M-F 5:30am-9:30pm
June 1-Aug. 9 M-F 5:30am-7:30pm
 Sa 9am-6pm Sa Noon-6pm
 Su Noon-6pm Su CLOSED
 Closed: May 2-3, May 25, July 4, and Sept. 7

1001 E. Cork Street, Winchester, VA 22601
 (540) 662-4946 (540) 678-8791 Fax
 Cancellation Hotline: extension 2833
wincparks@winchesterva.gov



04



06



10



18



22



Bon Appétit!

Thai Cooking (Ages 18+)

Naomi McManigle from Simply Thai will be teaching Thai cooking classes! Thai cuisine consists of a large variety of unique dishes varying in flavor, texture, and ingredients. If you love Thai food and would like to know how to make these dishes in your home, come join us for Simply Thai cooking classes and learn all you need to know. Participants will learn which ingredients to use for an authentic Thai taste, and also how to make each dish gluten-free. Watch how the food is prepared, help prepare the food, and then taste the food. Recipes will be provided so you can try for yourself! Thursdays, 6-7:30pm, at Jim Barnett Park, Kitchen. Fee: \$33 R, \$36 NR.

May 14 (Register by May 11)

Menu: Larb (Minced Chicken Salad), Papaya Salad, Sweet Sticky Rice.
 Activity# 627215-01

June 18 (Register by June 15)

Menu: Pad Thai, Fresh Spring Rolls with Dipping Sauce.
 Activity# 627215-02

July 16 (Register by July 13)

Menu: Stir-fried Mixed Vegetables, Panang Curry, Glass Noodle Salad.
 Activity# 627215-03

August 13 (Register by Aug. 10)

Menu: Green Curry, Ginger Chicken, Drunken Noodles.
 Activity# 627215-04



Tasty Home Cooking (Ages 16+)

Come join local food blogger and cooking instructor Patricia Reitz as she teaches how to cook delicious budget-friendly meals from scratch that your family and friends will love. Tuesdays, 5-7pm, at Jim Barnett Park, Kitchen. Fee: \$27 R, \$30 NR.

May 26 (Register by May 19)

Menu: Appetizers
 Activity# 627215-18

June 23 (Register by June 16)

Menu: Tasty Takeouts You Can Make at Home
 Activity# 627215-19

July 21 (Register by July 14)

Menu: Meals That Feature Rotisserie Chicken
 Activity# 627215-20

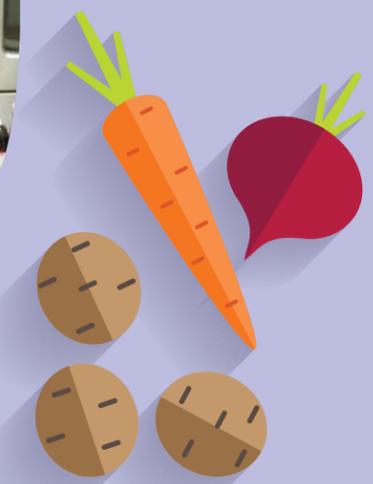
August 25 (Register by Aug. 18)

Menu: 30 Minute Meals for Busy Weeknights
 Activity# 627215-21

The Community-Wide Recreation Needs Assessment reveals that recreation programs with relatively high importance that would have a strong impact if improved are:

- Cooking/enrichment classes
- Public art space
- Volunteer opportunities
- Fitness and wellness programs
- Special events
- Arts and crafts programs

For more information on the Community-Wide Needs Assessment results, go to: winchesterva.gov/parks/needs-assessment.



GAME TIME!



Youth

Rugby

Rugby is an English version of football noted for continuous play of 15 people per team. Players pass the ball backwards, tackle with no pads or helmet, kick to advance the ball, and win the ball through scrum downs and rucks. This is a great way to get in "The Game." All players handle the ball and are constantly engaged. Great for developing skills useful in other sports like football. Players are required to become a member of USA Rugby (\$20 membership fee) and Rugby Virginia (\$10 membership fee) in addition to the registration fee. Equipment needed is soccer cleats and mouth guards. Games on Saturdays. Travel will be necessary.

- U11 (Ages 7-10)**
May 19-Aug. 6 (Tuesday and Thursday), 6:30-7:45pm, at Weaver Park. Fee: Register by May 18. Activity# 621643-02.
- U15 (Ages 12-14)**
May 19-Aug. 6 (Tuesday and Thursday), 6:30-7:45pm, at Weaver Park. Fee: Register by May 18. Activity# 621643-03.



Spring JAMFest (5th-8th Grade)

Sign up for these great tournaments and test your team's skills out against other great competitors. These are not an AAU-sanctioned tournaments, however, AAU teams are invited to participate. Three game guarantee. Boy's teams will be broken down into divisions of grades 5th-8th. May 16 (Saturday), 9am, at Daniel Morgan Middle School Gym. Fee: \$175. Register by May 12. Activity# 621347-01-04.



Shenandoah Valley Parks and Recreation Tennis Play Day Circuit May 30

Join Winchester Parks and Recreation at Jim Barnett Park's Lowry Tennis Courts on Saturday May 30th for the Shenandoah Valley Parks and Recreation Play Day Circuit! Kids will play quick matches with players of similar age and skill. With an emphasis on fun, kids will experience the thrill of competition and gain confidence without the pressure. All ages. May 30 (Saturday), 11am-1pm, at Jim Barnett Park, Tennis Court 1. Fee: FREE. Register by May 29. Activity# 621347-07.

Summer High School Basketball League JV and Varsity

This league is designed to prepare area teams for the Varsity or JV winter seasons. Games will be played evenings. Register your team early as space is limited in each division. June 16-July 30 (Tuesday and Thursday), 5-10pm, at Daniel Morgan Middle School Gym. Fee: \$550. Register by June 5. Activity# 621643-04-05.

Flag Football

Flag football provides a fun and exciting opportunity to engage in non-contact, continuous action while learning about teamwork. All participants are required to wear a mouth guard. Wednesday evening practices and Saturday morning games.

- (Ages 5-7)**
Sept. 2-Oct. 21 (Wednesday and Saturday), 5:30-6:30pm, at Jim Barnett Park, Eagles Field. Fee: \$34 R, \$40 NR. Register by Aug. 21. Activity# 631643-01.
- (Ages 8-10)**
Sept. 2-Oct. 24 (Wednesday and Saturday), 6:30-7:30pm, at Jim Barnett Park, Eagles Field. Fee: \$34 R, \$40 NR. Register by Aug. 21. Activity# 631643-02.
- (Ages 11-13)**
Sept. 2-Oct. 24 (Wednesday and Saturday), 7:30-8:30pm, at Jim Barnett Park, Eagles Field. Fee: \$34 R, \$40 NR. Register by Aug. 21. Activity# 631643-03.

Adult

Volleyball Lock In (Ages 18+)

Once the building closes, volleyball will take over. Volleyball nets will be set up in the gym for pick up games. Pizza and drinks will be served in the Social Hall while enjoying volleyball themed movies. Bring sleeping bags, blankets and pillows if you want to. Check in will only be allowed between 9:30-10:30pm so please arrive by then. June 27 (Register by June 19), August 8-9 (Register by July 31), Saturday-Sunday, 9:30pm-7am, at Jim Barnett Park, Gym. Fee: \$15 per lock-in. Activity# 621645-15-16.

Drop In Volleyball (Ages 18+)

Players will divide into teams on site and play pick up games. May 5-Aug. 18 (Tuesdays), 6-9:30pm, at Jim Barnett Park, Gym. Fee: \$5 drop-in.

Open Softball League (Ages 16+)

Grab your best hitter and quickest fielders and register for this laid back game of fast paced fun. All teams will be guaranteed 14 regular season games and we will wrap up this league with a double elimination post season tournament. Games begin early/mid May. May 18-Aug. 27 (Monday and Thursday), 6:30-9:30pm, at Jim Barnett Park, Eagles and Bodie Grim Field. Fee: \$375. Register by May 11. Activity# 621645-03.

Ultimate Frisbee League (Ages 15+)

Combining the non-stop movement and athletic endurance of soccer with the aerial passing skills of football, a game of Ultimate Frisbee is played by two seven-player squads with a high-tech plastic disc on a field similar to football. The object of the game is to score by catching a pass in the opponent's endzone. Ultimate is played in more than 42 countries by hundreds of thousands of men, women, boys, and girls. Teams of 7 participants minimum, 10 participants maximum. The option to sign up as an individual "Free Agent" and be placed on a team is also available. Aug. 19-Oct. 21 (Wednesday), 6-9pm, at Jim Barnett Park, Preston Field. Fee: \$130 R, \$140 NR (per team) \$13 R, \$15 NR (Free Agent). Register by Aug. 10. Activity# 627645-01.

Ki-Aikido! (Ages 15+)

Aikido is a paradoxical practice because it is a martial art that teaches not-fighting; it is often called "the Way of Peace." Aikido offers dynamic self-defense on a physical level and also, by extension, crisis/conflict resolution skills useful in the emotional and psychological context of daily life. Ki-Aikido is a soft form of the art; power comes from rhythm and timing within an aware relationship. Aikido can be an extremely effective method of self-defense, and is used as a basis of many police/correctional restraint and control courses. May 23-June 13 (Register by May 16), June 27-July 25* (Register by June 20), Aug. 8-29 (Register by Aug. 1), Saturday, Noon-1pm. Location: Jim Barnett Park, Lord Fairfax Room. Fee: \$20 R, \$23 NR. Activity# 627117-29-31. *No class July 4.

Ki-Aikido Self-Defense (Ages 18+)

Aikido does not depend on brute force or overpowering size, but creates power by speed, balance and leverage, making it ideal for smaller people, older people, and people not in peak physical condition. Ki-Aikido practices can also be extended to everyday life such as dealing with stress, living with confidence, harmony in group situations, and problem solving. Relaxation, breathing, meditation, are also included. Instructor: Jim Vogt, a practitioner of 20 years and an affiliate of the Eastern Ki Federation. June 2-30 (Tuesday), 6-7pm, at Jim Barnett Park, Arts & Crafts Room. Fee: \$26 R, \$29 NR. Register by May 26. Activity# 627117-32.



Stroller Strut (Ages 18+)

Stroller Struts is a stroller-based fitness program designed for moms with small children. Each 45 minute, total body workout incorporates power walking, strength, toning, songs and activities. A certified fitness instructor offers a variety of fun in the fresh outdoors! Instructor: Jessi Edwards. May 12-June 2 (Register by May 5), June 16-July 7 (Register by June 9), July 21-Aug. 11 (Register by July 14), Tuesdays and one Saturday a month (May 16, June 13, and Aug. 15), 9-9:45am, at Jim Barnett Park, Walking Trail. Fee: \$19 R, \$22 NR. Activity# 627117-33-35.

New!

Virginia Regional Tennis Tournament June 5-7

The Henry Lowry Tennis Courts in Jim Barnett Park will host the Virginia Regional 18 & Over Mixed Doubles Championship Tournament. The tournament will feature the top qualifying teams from local areas in the Commonwealth of Virginia.

Summer ATHLETIC CAMPS



Jr. and Sr. Basketball Camp

Ready to improve your basketball skills? Sign up for our basketball camp and learn how to dribble, pass and shoot. Please leave your basketballs at home. Camp is instructed by Handley High School coach Jason Toton.

(Ages 5-8)

June 8-12 (Monday-Friday), 9-11am, at Handley High School Gym. Fee: \$50 R, \$56 NR. Register by June 5. Activity# 621547-01.

(Ages 9-14)

June 8-12 (Monday-Friday), 12-3pm, at Handley High School Gym. Fee: \$74 R, \$80 NR. Register by June 5. Activity# 621547-02.

Jr. and Sr. Volleyball Camp

Are you ready to bump, set, spike? Then come out to our volleyball camp. Participants will learn the fundamentals of volleyball and other key skills to improve their game. Camp is instructed by Handley's volleyball coach Lindsay Cole.

(Ages 13-18)

July 27-30 (Monday-Thursday), 9am-12:30pm, at Handley High School Gym. Fee: \$74 R, \$80 NR. Register by July 24. Activity# 621547-03.

(Ages 8-12)

July 27-30 (Monday-Thursday), 1-4pm, at Handley High School Gym. Fee: \$74 R, \$80 NR. Register by July 24. Activity# 621547-04.

Boys Sports Camp

(Ages 5-13)

Various age-appropriate sports activities such as basketball, flag football, soccer, swimming, bowling, putt-putt golf and different gymnasium activities. Children will be broken down into appropriate age groups. June 15-19 (Monday-Friday), 9am-Noon, at Jim Barnett Park, Gym. Fee: \$74 R, \$80 NR. Register by July 12. Activity# 621547-05.

Girls Sports Camp

(Ages 5-13)

Various age-appropriate sports activities such as basketball, tennis, volleyball, putt-putt golf, swimming, bowling and different gymnasium activities. Children will be broken down into appropriate age groups. July 6-10 (Monday-Friday), 9am-Noon, at Jim Barnett Park, Gym. Fee: \$74 R, \$80 NR. Register by July 3. Activity# 621547-08.

Junior Golf Clinic (Ages 8-16)

Improve your golf swing as you learn techniques and proper skills from a PGA Pro. Participants will get a chance to improve their skills at a professional golf course. Clinic is instructed by Rock Harbor Golf Course's Staff. July 6-10 (Register by July 3), Aug. 3-7 (Register by July 31), Monday-Friday, 5-7pm, at Rock Harbor Golf Course. Fee: \$74 R, \$80 NR. Activity# 621547-17-18.

Football Camp

(Ages 7-14)

Ever wanted to learn how to throw a football like a pro? Join us for our football camp and learn all of the basic fundamentals of this intense sport. Bring cleats. Camp is instructed by Handley High School football coach Jim Gaynor. July 20-23 (Monday-Thursday), 8:30am-Noon, at Handley High School. Fee: \$74 R, \$80 NR. Register by July 17. Activity# 621547-07.

Track and Field Camp (Ages 6-13)

Run, Sprint, Jump, or Throw. Come to the track and learn the fundamentals of Track & Field. Participants will get a chance to try the various track or field events during the week, and will participate in a Track Meet on the final day. Camp is instructed by Handley High School Assistant Track Coach Kevin Hoskin. Local Track athletes will also be available to assist with the various events. July 13-17 (Monday-Friday), 9-11:30am, at Daniel Morgan Middle School Track. Fee: \$74 R, \$80 NR. Register by July 6. Activity# 627543-01.

Soccer Camp

(Ages 5-13)

Come out to the soccer field and learn the fundamentals of soccer. Participants will learn to dribble, kick, pass and shoot while having fun playing games. Camp is instructed by Andy Combs. July 6-10 (Monday-Friday), 9am-Noon, at Jim Barnett Park, Preston Field. Fee: \$74 R, \$80 NR. Register by July 3. Activity# 621547-06.



Tennis Camp (Ages 5-13)

For players who are beginners to intermediate. The camp will teach participants the basic fundamentals in stroke production (forehand, backhand, volley, serve and smash), court movement and basic footwork skills. All participants will have a great time playing and learning the number one racket sport. Camp is instructed by Guss Morrison. Bring a tennis racquet and shoes. July 13-17 (Monday-Friday), 9am-Noon, at Jim Barnett Park, Tennis Courts. Fee: \$74 R, \$80 NR. Register by July 10. Activity# 621547-10.



Lil Belgians Cyclocross Camp

(Ages 5-9)

Hup, hup! Join Winchester's fastest bicyclists to learn about the European sport of cyclocross. Instruction in turning, dismounting, jumping, and some serious fast pedaling will increase children's coordination and balance, along with providing them the opportunity to experience teamwork. Each child should bring their own bicycle (with or without training wheels), a helmet, water bottle with water. Instructor: Mackenzie Vanover. July 13-15 (Monday-Wednesday), 2-3pm, at Jim Barnett Park, Jaycee I Shelter. Fee: \$16 R, \$19 NR. Register by July 6. Activity# 627117-07.



Winchester Royals Camp

(Ages 7-16)

Don't miss this exciting camp. Participants will learn baseball skills from the Winchester Royals! Participants will learn through drills and games. Camp is instructed by Winchester Royals coaches and Royals players.



One Week

June 15-18 (Register by June 12), and June 22-25 (Register by June 19), Monday-Thursday, 8:30am-Noon, at Jim Barnett Park, Bridgeforth Field. Fee: \$74 R, \$80 NR. Register by June 12. Activity# 621547-12-13.

Two Weeks

June 15-25 (Monday-Thursday), 8:30am-12:30pm, at Jim Barnett Park, Bridgeforth Field. Fee: \$140. Register by June 12. Activity# 621547-14.

Winchester Royals Pitching & Catching Camp

(Ages 7-16)

Sign up for this camp to improve your skills if you are a pitcher or catcher. Participants will learn proper skills and techniques with one on one instruction from the Winchester Royals coach and Royals players. June 29-30 (Monday-Tuesday), 8:30am-12:30pm, at Jim Barnett Park, Bridgeforth Field. Fee: \$74 R, \$80 NR. Register by June 26. Activity# 621547-15.

Winchester Royals Hitting Camp

(Ages 7-16)

If you want to learn the proper technique to hit a baseball, sign up for this amazing camp. Participants will learn what they need to know to improve their batting average. Camp is instructed by the Winchester Royals coach and Royals players. July 1-2 (Wednesday-Thursday), 8:30am-12:30pm, at Jim Barnett Park, Bridgeforth Field. Fee: \$74 R, \$80 NR. Register by June 26. Activity# 621547-16.



After School Program



Creative Kids

PB&J Returns in September

THE HIVE THE HIVE CLUB



The HIVE & HIVE Club

Located at Jim Barnett Park in the War Memorial Building, the HIVE (Grades PreK-4) and HIVE Club (Grades 5-8) offers a wide variety of both active and passive activities including sports, enrichment activities, games, crafts, and much more! Participants keep moving and the fun never stops. HIVE & HIVE Club is offered from the first day through the last day of school (Winchester Public Schools), from school dismissal-6pm, Monday-Friday.

Transportation is provided by Winchester Public Schools. Registration forms are taken throughout the school year as space is available. There is a \$15 non-refundable registration fee.

Registration begins July 6.

The HIVE (Grades Pre-K-4)

Activity# 641142

Two payment options:

- 1) \$60/week
- 2) "An10a" 10 Punch Pass for \$140

HIVE Club (Grades 5-8)

Activity# 641143

Two payment options:

- 1) \$30/week or
- 2) "An10a" 10 Punch Pass for \$80

All Day Summer Camp (Ages 5-12)

Children will experience many activities such as swimming, field trips, physical activity, and a lot of outdoor activities. Children will need to pack their lunch. Bring two snacks a day, sunscreen, and tennis shoes. 7am-6pm (Monday-Friday), at Jim Barnett Park. Registration Fee: \$15/week (non-refundable). Weekly camp fees: \$95 R, \$100 NR. (Fee is due the week your child attends) All cancellations must be given 1 week in advance in writing to be honored. Registration starts April 13 R, April 14 NR. Register by the first day of camp. Activity# 642540-01-10.



Summer Camp

Q&A Session

April 29 11:30am-1pm
May 14 6-7pm

If you have questions regarding summer camp or would like to meet our staff, here is your chance!

Play

Week 1	June 1-5
Week 2	June 8-12
Week 3	June 15-19
Week 4	June 22-26
Week 5	June 29-July 2
(Camp will not meet Friday July 3)	
Week 6	July 6-10
Week 7	July 13-17
Week 8	July 20-24
Week 9	July 27-31
Week 10	August 3-7

Magical Watercolors (Ages 5-13)

This course provides an opportunity for children to experience having fun making art with watercolors. They will also have the opportunity to explore and learn how to correct their own mistakes. At the end of the course, they will have built greater self-confidence, discipline, and a better appreciation for art. The following topics will be covered in the course: mixing colors, wet-on-wet technique, dry technique, spray techniques, stamped textures, and lifting dry water colors. There is a \$15 material fee paid to the instructor on the first day of class for supplies. Instructor: Clive Turner. May 27-July 1 (Wednesday), 3:30-5pm, at Jim Barnett Park, Activity Room. Fee: \$35 R, \$38 NR. Register by May 20. Activity# 627245-09.

Piano Lessons (Ages 7+)

Receive private instruction, with the goal of making you the best pianist you can be. Learn how to read music, and play some of your favorite tunes. Instructor will contact student to schedule dates and times. (Includes 4 1/2 hour or 1 hour sessions) Instructor: Randy Martono-Chai. Location: Jim Barnett Park, Activity Room. Fee: \$62R, 65NR (1/2 hour), \$126 R, \$129 NR (1 hour). Registration is on-going. Activity# 627247-15-16.

Ballet (Ages 4-9)

Come join us for a fun filled course introducing children to the basics of ballet. Warm-ups and stretching will lead into fundamental dance moves. Children will also be introduced to proper terminology of ballet. Ballet shoes are welcome but not required! Instructor: Liz Lewis has been teaching for 4 years, and dancing for 18 yrs. June 4-July 23 (Thursday), 6-7pm, at Jim Barnett Park, Lord Fairfax Room. Fee: \$41 R, \$44 NR. Register by May 28. Activity# 627117-25.

Once Upon a Time Storytelling Camp (Ages 7-11)

Come join storyteller Mackenzie Vanover of Toogy Tales for a week of story writing, storytelling, and story showing! Each class will include games to encourage public speaking skills and inspire creativity, story analysis, modeling of techniques, writing, and, of course, a lot of fun! By the end of the class, each student will have written and performed an original story. July 13-17 (Monday-Friday), 9-11am, at Jim Barnett Park, Lord Fairfax Room. Fee: \$40 R, \$43 NR. Register by July 6. Activity# 627513-01.

Pokémon Card Club (Ages 5+)

Are you looking for some competition with other Pokémon players? Do you want to learn the exciting game of Pokémon? Well we have the club for you! The Pokémon Card Club will allow area players to play one another as well as teach new players the basics of the card game. All ages and skill levels welcome. Bring your 60 card deck and join the battle. No deck? No problem! The leader will have some decks available for use. Instructor: Mary Ivie. May 18 (Register by May 11), June 15 (Register by June 8), Sept. 21 (Register by Sept. 14), Oct. 19 (Register by Oct. 12), 4:30-6pm, at Jim Barnett Park, Recreation Room. Fee: \$3 R, \$5 NR. Activity# 627117-01, 02, 05, 06.

Learn

The Child Nutrition Act is set to reauthorize in 2015. This bill authorizes the USDA programs that provide funding for after-school and summer feeding programs delivered in almost every community. According to NRPA's PRORAGIS data, parks and recreation agencies provided more than 560 million meals to children in 2013. In 2014, this program provided snacks to 4,969 children in our HIVE and HIVE Club programs. - NRPA December 2014 Parks & Recreation Magazine

Art Exploration Camp

Youth will experience a fun and dynamic summer art class, exploring their individuality and potential through learning to draw and paint. These classes will be a structured yet open learning environment, focused on teaching basic art skills while building and reinforcing basic life skills, such as self-discipline and patience. Kids will be encouraged to explore and develop with pencils, colored pencils, magic markers, and construction paper, and also learn an appreciation for art and famous artists. The "club" will be a fun, engaging and enriching way to spend the summer, leaving kids interested in art! There is a \$15 material fee paid to the instructor on the first day of class for materials. Instructor: Clive Turner.

(Ages 5-8)

June 16-July 7 (Tuesday), 2-3pm, at Jim Barnett Park, Indoor Pool Lobby. Fee: \$20 R, \$23 NR. Register by June 9. Activity# 627543-06.

(Ages 9-16)

June 16-July 7 (Tuesday), 3-5pm, at Jim Barnett Park, Indoor Pool Lobby. Fee: \$41 R, \$44 NR. Register by June 9. Activity# 627543-07.

Ki-Aikido! (Ages 5-14)

Aikido is a modern martial art system with traditional roots, practiced for awareness, health/fitness/wellness, and spiritual/personal exploration, as well as self-defense. Aikido is a paradoxical practice because it is a martial art that teaches not-fighting; it is often called "The Way of Peace." In Ki-Aikido, a soft form of the art, power comes from rhythm and timing within an aware relationship. Practice is filled with smiles, laughter, cooperation, and also a sincere earnestness. Instructor: Jim Vogt, a 20 year practitioner, is an affiliate of the Eastern Ki Federation.

May 22-June 12 (Register by May 15), June 26-July 24* (Register by June 19), Aug. 7-28 (Register by July 31), Friday, 6-7pm, at Jim Barnett Park, Lord Fairfax Room. Fee: \$20 R, \$23 NR. Activity# 617147-26-28. *No class July 3.

Explore

Creative Canvas Oil Painting Camp

Kids art camp will instruct children how to use the painting tools needed for oil paints. They will be taught the basics of sketching and mixing of colors. The important components of building with colors for texture and light will be demonstrated. Students will learn to bring interest and focus to their work using the technique of perspective. Each student will work from a colorful, interesting still life to be drawn on canvas. There is a \$5.00 material fee payable to the instructor the first day of class for materials to take home. Instructor: Jacqueline Bray.

(Ages 8-12)

June 15-19 (Register by June 8), July 13-17 (Register by July 6), Monday-Friday, 9-11am, at Jim Barnett Park, Indoor Pool Lobby. Fee: \$39 R, \$42 NR. Activity# 627543-03-04.

(Ages 13-17)

June 22-26 (Monday-Friday), 9-11am, at Jim Barnett Park, Indoor Pool Lobby. Fee: \$39 R, \$42 NR. Register by June 15. Activity# 627543-05.

Bubble Van (Ages 3-10)

Brings fun, arts, crafts, stories, and activities to your neighborhood for FREE. FDES: Frederick Douglass Elementary School

	9-9:45am	10:30-11:15am
June 1	Whittier	Park Place
June 3	Quarles ES	FDES
June 8	Whittier	Park Place
June 10	Quarles ES	FDES
June 15	Whittier	Park Place
June 17	Quarles ES	FDES
June 22	Whittier	Park Place
June 24	Quarles ES	FDES



In the Water

Swim Lessons (Ages 3-14)

Swim 101/102

Swim 101/102 is designed to turn beginners into swimmers using a progressive child-focused approach. The fundamentals of swimming such as kicking, breath control, and floatation are taught at this level. Each child will wear a floatation device which allows them to focus on developing the skill rather than trying to stay above water. As the child builds confidence in all the skills the amount of floatation can be decreased allowing the child to become less reliant on the float and more reliant on their skills. Swimmers will be actively practicing skills and have little down time utilizing the lesson time to the fullest. Children must be able to swim 15 feet with their face in the water in order to pass this class.

Swim 201/202

Swim 201/202 is a progressive strokes course that teaches swimmers the formal strokes of freestyle and backstroke. They will also learn the important skill of side breathing with the freestyle stroke. Children also have the chance to build their endurance as each skill requires the child to swim further than previous classes. Children must be able to swim 25 feet using the freestyle stroke with side breathing in order to pass this class. These skills are taught without the aid of floatation, children must be able to swim 15 feet without aid in order to be enrolled in this class.

Swim 301/302

Swim 301/302 is an advanced stroke course which teaches the more complex strokes of butterfly and breaststroke to swimmers that have already mastered freestyle and backstroke. In completing this class the swimmer will have learned all the strokes necessary for competitive swimming. It is not uncommon for children to wear floatation during some of the instruction. The floatation allows children to focus on body position and stroke development. Children will continue to fine tune their stroke development and build endurance at this level. Children will need to swim 30 feet of freestyle, backstroke, breaststroke, and butterfly in order to pass this class.

Swim 401/402

Swim 401/402 is designed to teach children lifesaving skills such as sidestroke, elementary backstroke, and treading water. The class is also an introduction to competitive swimming. Skills such as, diving, flip turns, and endurance are taught at this level. Unlike earlier classes focus on repetitive practice under short distances, this does not allow children to develop endurance.

Swim 401/402 allows students to develop the endurance necessary to swim competitively. Children must be able to swim 50 meters and a 50 meter IM in order to pass this class.

Parent & Me (6 months - 3 yrs)

We plan to provide a joyful, loving, child-centered environment featuring songs and activities to encourage skill acquisition while also developing a life-long love of the water. Parent & Me utilizes natural progressions (not forceful ones) to allow infants and toddlers the ability to grow in our lessons program. Location: Jim Barnett Park, Indoor Pool. Fee: \$43 R, \$49 NR (Mon-Thurs), \$21.50 R, \$24.50 NR (Saturday).

June 8-July 1 (Mon and Wed) 5:30-6pm
Register by June 8

June 9-July 2 (Tues and Thurs) 10:30-11am
Register by June 9

June 13-July 11* (Sat) 4:30-5pm
Register by June 13

July 13-Aug. 5 (Mon and Wed) 5:30-6pm
Register by July 13

July 14-Aug. 6 (Tues and Thurs) 10:30-11am
Register by July 14

July 18-Aug. 8 (Sat) 4:30-5pm
Register by July 18

Aug. 24-Sept. 21* (Mon and Wed) 5:30-6pm
Register by Aug. 24

Aug. 25-Sept. 17 (Tues and Thurs) 10:30-11am
Register by Aug. 25

Aug. 29-Sept. 19 (Sat) 4:30-5pm
Register by Aug. 29

*No class on July 4 or September 7.



Swim 101, 201, 301, and 401 (Ages 3-6)

Fee: \$43 R, \$49 NR (Mon-Thurs), \$21.50 R, \$24.50 NR (Saturday).
Location: Jim Barnett Park, Indoor Pool

June 8-July 1 (Mon and Wed) Register by June 8
Times: 4:30-5pm
5-5:30pm
5:30-6pm

June 9-July 2 (Tues and Thurs) Register by June 9
Times: 9:30-10am
10-10:30am
5:30-6pm
6-6:30pm

June 13-July 11* (Sat) Register by June 13
Times: 4-4:30pm
4:30-5pm

July 13-Aug. 5 (Mon and Wed) Register by July 13
Times: 4:30-5pm
5-5:30pm
5:30-6pm

July 14-Aug. 6 (Tues and Thurs) Register by July 14
Times: 9:30-10am
10-10:30am
5:30-6pm
6-6:30pm

July 18-Aug. 8 (Sat) Register by July 18
Times: 4-4:30pm
4:30-5pm

Aug. 24-Sept. 21* (Mon and Wed) Register by Aug. 24
Times: 4:30-5pm
5-5:30pm
5:30-6pm

Aug. 25-Sept. 17 (Tues and Thurs) Register by Aug. 25
Times: 9:30-10am
10-10:30am
5:30-6pm
6-6:30pm

Aug. 29-Sept. 19 (Sat) Register by Aug. 29
Times: 4-4:30pm
4:30-5pm

*No class on July 4 or September 7.

Swim 102, 202, 302, and 402 (Ages 7-14)

Fee: \$43 R, \$49 NR (Mon-Thurs), \$21.50 R, \$24.50 NR (Saturday).
Location: Jim Barnett Park, Indoor Pool

June 8-July 1 (Mon and Wed) Register by June 8
Times: 6-6:30pm
6:30-7pm

June 9-July 2 (Tues and Thurs) Register by June 9
Times: 10:30-11am
6:30-7pm

June 13-July 11* (Sat) Register by June 13
Times: 5-5:30pm
5:30-6pm

July 13-Aug. 5 (Mon and Wed) Register by July 13
Times: 6-6:30pm
6:30-7pm

July 14-Aug. 6 (Tues and Thurs) Register by July 14
Times: 10:30-11am
6:30-7pm

July 18-Aug. 8 (Sat) Register by July 18
Times: 5-5:30pm
5:30-6pm

Aug. 24-Sept. 21* (Mon and Wed) Register by Aug. 24
Times: 6-6:30pm
6:30-7pm

Aug. 25-Sept. 19 (Tues and Thurs) Register by Aug. 25
Times: 10:30-11am
6:30-7pm

Aug. 29-Sept. 19 (Sat) Register by Aug. 29
Times: 5-5:30pm
5:30-6pm

*No class on July 4 or September 7.

Competitive Swim Training (Ages 6-12 and Ages 13-18)

This course is designed for swimmers who have completed 401/402, and want to expand their skills into a swim team setting. Students will bridge the gap between instructional and competitive swimming by learning to improve their strokes, starts, turns, finishes, and endurance, all through interval training. Participants must be proficient in all strokes and must be able to swim laps. Location: Jim Barnett Park, Indoor Pool. Fee: \$48 R, \$54 NR (Mon-Thurs), \$24 R, \$27 NR (Saturday).

June 8-July 1 (Mon and Wed) Register by June 8
Times: Ages 6-10 4:30-5:15pm
Ages 11-14 5:15-6pm
Ages 15-18 6-6:45pm

June 9-July 2 (Tues and Thurs) Register by June 9
Times: Ages 6-12 5:30-6:15pm
Ages 13-18 6:15-7pm

June 13-July 11* (Sat) Register by June 13
Times: Ages 6-12 4-4:45pm
Ages 13-18 4:45-5:30pm

July 13-Aug. 5 (Mon and Wed) Register by July 13
Times: Ages 6-10 4:30-5:15pm
Ages 11-14 5:15-6pm
Ages 15-18 6-6:45pm

July 14-Aug. 6 (Tues and Thurs) Register by July 14
Times: Ages 6-12 5:30-6:15pm
Ages 13-18 6:15-7pm

July 18-Aug. 8 (Sat) Register by July 18
Times: Ages 6-12 4-4:45pm
Ages 13-18 4:45-5:30pm

Aug. 24-Sept. 21* (Mon and Wed) Register by Aug. 24
Times: Ages 6-10 4:30-5:15pm
Ages 11-14 5:15-6pm
Ages 15-18 6-6:45pm

Aug. 25-Sept. 17 (Tues and Thurs) Register by Aug. 25
Times: Ages 6-12 5:30-6:15pm
Ages 13-18 6:15-7pm

Aug. 29-Sept. 19 (Sat) Register by Aug. 29
Times: Ages 6-12 4-4:45pm
Ages 13-18 4:45-5:30pm

*No class on July 4 or September 7.

The American Red Cross stresses the importance of professional swim lesson instruction for children. In the summer of 2015 they estimate that 8 out of 10 children will take part in water activities that will put them at risk for drowning. During 2014, 1,277 children took swimming lessons at WPRD, which is a step to reduce the risk of accidental drowning.

The national public opinion survey was conducted for the Red Cross April 17-20, 2014 using ORC International's Online CARAVAN omnibus survey

In the Water



Private Swimming Lessons (Ages 3+)

Get private lessons when they are convenient for you! Private lessons can be set up during any lap swim or general swim time and are taught by a certified instructor. Each lesson is 45 minutes long and are offered on a punch pass system. All you have to do is set up a time with one of our instructors and then purchase a punch pass.
 3 Punch pass: \$57 R, \$64 NR
 5 Punch pass: \$94 R, \$107 NR
 7 Punch Pass: \$132 R, \$149 NR
 10 Punch pass: \$188 R, \$213 NR

Lifeguard Training (Ages 15+)

American Red Cross Lifeguard Training teaches participants the skills and knowledge they will need to prevent, recognize, and respond to emergencies. With successful completion, participants will be certified in Lifeguard Training/First Aid for 2 years and CPR/AED for 2 years. Attendance is mandatory at all sessions. Location: Jim Barnett Park, Indoor Pool, and George Washington Room. Fee: \$225 R, \$250 NR. Activity# 621234-A1.

May 11-18 Register by May 11
 (Mon, Wed, Sat, Sun)
 Times: Mon/Wed 6-10:30pm
 Sat/Sun 9am-6pm

Lifeguard Recertification Course (Ages 15+)

This Course is designed for those who need to renew their lifeguarding certification. Participants must have a current or up-to-date certification in order to take this course. If your certification has expired you must take the full lifeguard Training Course. Participants must complete in water skills, CPR/AED skills, and First Aid Skills as well as score higher than an 80% on a written test in order to pass. *Must have a current lifeguard certification. Location: Jim Barnett Park, George Washington Room and Indoor Pool. Fee: \$45R \$50NR. Activity# 621234-R1.

May 20 6-10:30pm
 (Wed) Register by May 20

Polar Plunge May 16 (Ages 15+)

Are you up for the challenge? Take a swim in the outdoor pool right after it has been filled. We dare you to jump off the diving board or go down the slide all for a good cause! All proceeds for this event will go to the Winchester Parks Foundation Scholarship fund, which provides assistance to families in difficult financial situations to allow them to participate in Winchester Parks and Recreation programs. May 16 (Saturday), Noon, at Jim Barnett Park, Outdoor Pool. Fee: \$10 (Per Individual) \$25 (Per Team of 4), Cash or Check only. Register by May 11. Activity# 622317-P1.

2nd Annual Splash Bash June 6 (All Ages)

Let's open the outdoor pool with a splash this season! Come enjoy the slide, the diving board, the excellent kid pool, or the 50 meter outdoor pool. There will be a DJ playing live music, local vendors, and great food. You will have the chance to win prizes from local vendors and passes for the 2015 outdoor pool season with your admission to the pool. June 6 (Saturday), 12-3pm, at Jim Barnett Park, Outdoor Pool. Fee: Daily Admission Fee.

2nd Annual Outdoor Pool Cardboard Boat Race June 27 (Ages 6+)

Once again, amateur ship builders are called to test out their skills at the 2nd Annual Cardboard Boat Race at the Outdoor Pool. Grab a friend and design, construct, and navigate a boat made entirely out of cardboard across the rough seas of the Outdoor Pool. Cardboard, duct tape, and scissors will be provided, all other decorations are up to you! All participants must wear life jackets (provided by WPRD). Awards will be given for the top finishers in each division. Design awards will be given for: the most creative boat design, the most spectacular sinking, the most decorative boat, and the least use of materials. Teams of two: youth (6-16), adult (16+), over/under (over 18 & under 12). Corporate challenge: If you are interested in getting your business or small group involved in building more than just a boat, please contact the Aquatics Department. June 27 (Saturday), 9-11:30am, at Jim Barnett Park, Outdoor Pool. Fee: \$20 R, \$25 NR (per team). Register by June 22. Additional \$10 fee will be assessed for race day registration. Activity# 622317-C1.

Aquatics

Special Events



WPRD/WST Community Swim Meet July 1 (Ages 12+)

Winchester Parks and Recreation and Winchester Swim team are partnering up to hold a swim meet for swimmers of all abilities. Whether you are a recreational or competitive swimmer come join us for some traditional and non-traditional races. This is not a USA Swimming sanctioned meet, however USA swim teams are invited to participate. July 1 (Wednesday), 6:30-9:30pm, at Jim Barnett Park, Outdoor Pool. Fee: TBD. Register by June 21. Activity# 622317-S1.

Christmas in July July 25 (All Ages)

Enjoy Christmas fun! Come out to celebrate Christmas in July at the Outdoor Pool! There will be food, games, music, and plenty of Christmas cheer. Don't be a Scrooge...come and join in the festivities! July 25 (Saturday), Noon-3pm, at Jim Barnett Park, Outdoor Pool. Fee: Daily Admission Fee.

One Last Splash August 22 (Middle School Students)

Grab a friend and head to the Outdoor Pool for a back to school pool party. Exclusively for Middle School students, there will be a live DJ playing your favorite music, games and contests with the chance to win some awesome prizes, and of course your chance to relax in the pool under the lights. Purchase ticket in advance or at the door. School ID and ticket required for admission. Aug. 22 (Saturday), 7-9pm, at Jim Barnett Park, Outdoor Pool. Fee: Advance tickets \$5 (\$8 at the door). Activity# 622317-O1.



All Paws on Deck Canine Swim September 7

Winchester Parks and Recreation is excited to invite our K9 friends back for another fun evening at the Outdoor Pool. Bring our furry best friend out for an evening of swimming. On the last day of the Outdoor Pool season, we will be opening the pool for the dogs of the Winchester Community. Please come out and enjoy! September 7 (Monday), 6-8pm, at Jim Barnett Park, Outdoor Pool. Fee: \$2. Admission is FREE for the Members of the Winchester Dog Park. Non-members must have proof of a rabies vaccination for entrance.

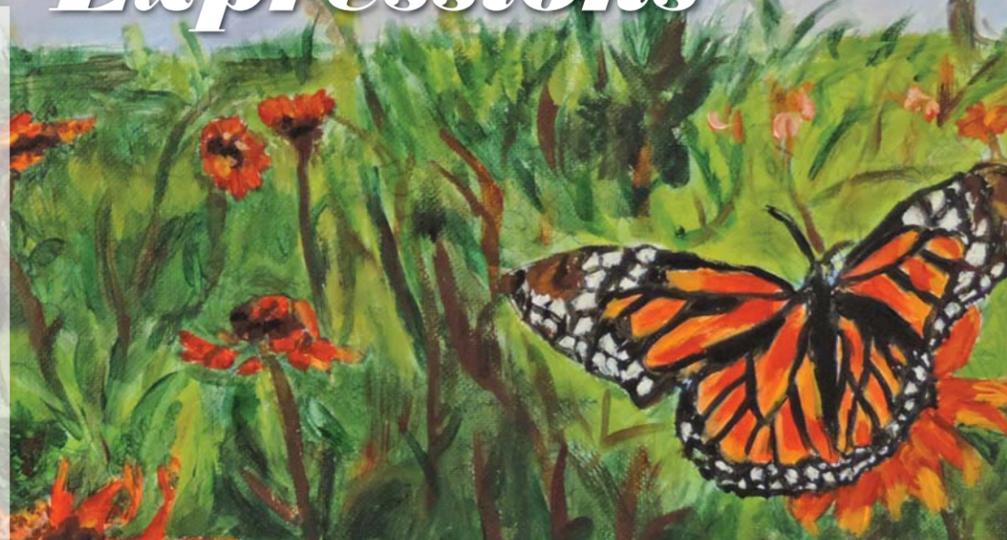


communication

& Creative Expressions

Oil Painting (Ages 15+)

No previous art classes are needed for this class, just an interest in painting and a willingness to learn! Each student will learn how to create dynamic paintings to express their own unique, artistic vision. Participants will learn canvas preparation, laying out the palette and choice of brushes. Color, composition and perspective to highlight texture and focus will be areas of concentration. There is a \$5 material fee for your own set of oil paints. Instructor: Jacqueline Bray. May 26-June 18 (Register by May 22), June 30-July 23 (Register by June 23), Aug. 4-27 (Register by July 31), Tuesday and Thursday, 5:30-7pm, at Jim Barnett Park, Activity Room. Fee: \$46 R, \$49 NR. Activity# 627245-05-07.



Watercolor Pencil (Ages 18+)

Come learn how to draw and paint with colored pencils. This amazing versatile medium is for those that like to paint with water and dry colored pencil. They are portable, lightweight, precise, expressive, sketchy, and relatively inexpensive. An additional \$20 material fee will need to be paid to the instructor in the first class. Instructor: Robin Palmer. July 22-Aug. 26 (Wednesday), 5-7pm, at Jim Barnett Park, Activity Room. Fee: \$47 R, \$50 NR. Register by July 15. Activity# 627245-01.

Drawing (Ages 18+)

This course is for those that have always wanted to draw but thought they had to be born with the talent. It's not true! Learn to draw using the right side of your brain and with grid methods. A \$20 material fee will need to be paid to the instructor at the first class; you will be able to keep the materials. Instructor: Robin Palmer. July 27-Aug. 31 (Monday), 5-7pm, at Jim Barnett Park, Activity Room. Fee: \$46 R, \$49 NR. Register by July 20. Activity# 627245-11.

Watercolors with Confidence (Ages 14+)

This class is open to beginners, intermediate and hobbyist. Come join us to try something you've always wanted to do. We will do drawing exercises to improve your skills and confidence. Learn how fun and liberating watercolors can be using wet on wet techniques, dry brush and spray techniques, lifting techniques (how to correct mistakes), and mixing colors. At the final class, you will have the opportunity to paint a scene using all the techniques taught in the class. By the end of the course, you will have built greater self-confidence, artistic ability, and the knowledge to make your own paintings. There is a \$20 material to be paid to the instructor on the first day of class for supplies. Instructor: Clive Turner. May 27-July 1 (Wednesday), 5-7pm, at Jim Barnett Park, Activity Room. Fee: \$46 R, \$49 NR. Register by May 20. Activity# 627245-10.

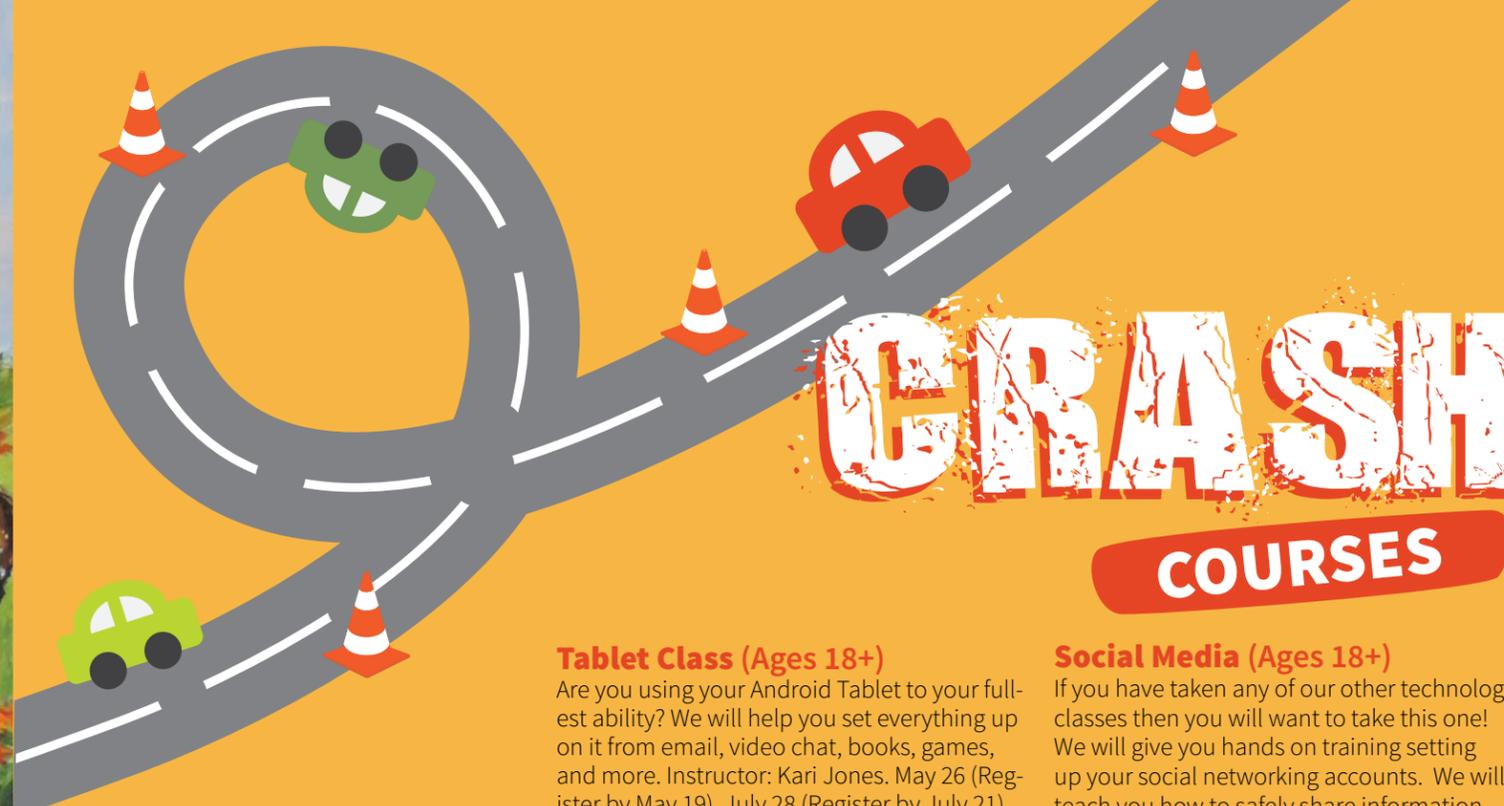


Half-Hour Private Guitar Lessons (Ages 7+)

Receive private instruction, with the goal of making you the best guitarist you can be. Learn how to read music, and play some of your favorite tunes. Instructor will contact student to schedule dates and times. (Includes 4 half hour lessons). Instructor: Marshall Wacker. Location: Jim Barnett Park, Activity Room. Fee: \$62 R, \$65 NR. Registration is on-going. Activity# 627247-02.

One-Hour Private Guitar Lessons (Ages 8+)

Ideal for more advanced guitar players. Longer instruction time allows for more growth and learning at every lesson. Instructor will contact student to schedule dates and times. (Includes 4 one hour lessons). Instructor: Marshall Wacker. Location: Jim Barnett Park, Activity Room. Fee: \$126 R, \$129 NR. Registration is on-going. Activity# 627247-01.



COURSES

Tablet Class (Ages 18+)

Are you using your Android Tablet to your fullest ability? We will help you set everything up on it from email, video chat, books, games, and more. Instructor: Kari Jones. May 26 (Register by May 19), July 28 (Register by July 21), 5:30-7pm, at Jim Barnett Park, Lord Fairfax Room. Fee: FREE. Activity# 627145-08 & 15.

iPad Class (Ages 18+)

Are you having trouble using your Apple iPad? Confused on how to use FaceTime? Come to our iPad class and we will get you started with email, FaceTime, games, and more. Instructor: Kari Jones. June 23 (Register by June 16), Aug. 25 (Register by Aug. 18), 5:30-7pm, at Jim Barnett Park, Lord Fairfax Room. Fee: FREE. Activity# 627145-12 & 19.

Beginner iPhone (Ages 18+)

Own an iPhone and still find yourself fumbling around this powerful device? Take advantage of this workshop with one-on-one assistance to help you become more efficient on your iPhone. The course will include use of the app store, how to use Siri, battery saving tips and tricks and much more! Instructor: Kari Jones. June 2 (Register by May 26), Aug. 4 (Register by July 28), 5:30-7pm, at Jim Barnett Park, Lord Fairfax Room. Fee: FREE. Activity# 627145-09 & 16.

Intermediate iPhone (Ages 18+)

Own an iPhone and still find yourself fumbling around this powerful device? Take advantage of this workshop with one-on-one assistance to help you become more efficient on your iPhone. The course will include using FaceTime, setting up your social networking sites, iCloud, and much more! Instructor: Kari Jones. June 16 (Register by June 9), Aug. 18 (Register by Aug. 11), 5:30-7pm, at Jim Barnett Park, Lord Fairfax Room. Activity# 627145-10 & 17.

Beginner Android (Ages 18+)

New and revamped course! Tired of hitting the wrong buttons on your Smart Phone? Are you constantly coming across things on your phone that you have no idea how to use? Enjoy learning the ins and outs of your Android device in this workshop with one-on-one assistance for all carriers. You will learn email setup, use of the Play Store, sending pictures and videos, using social media on your phone, using the Dropbox, and many more ways to be more efficient on your device. Don't forget to bring your Android device. Instructor: Kari Jones. May 5 (Register by May 1), July 7 (Register by June 30), 5:30-7pm, at Jim Barnett Park, Lord Fairfax Room. Fee: FREE. Activity# 627145-06 & 13.

Intermediate Android (Ages 18+)

New and revamped! This course is designed as a follow up class to the Android Beginner Classes. You must have attended the Android classes to sign up for this class. Instructor: Kari Jones. May 19 (Register by May 12), July 21 (Register by July 14), Tuesday, 5:30-7pm, at Jim Barnett Park, Lord Fairfax Room. Fee: FREE. Activity# 627145-07 & 14.

Social Media (Ages 18+)

If you have taken any of our other technology classes then you will want to take this one! We will give you hands on training setting up your social networking accounts. We will teach you how to safely share information with others. We will give you helpful tips on how to filter unwanted content and even how to promote your small business. Instructor: Kari Jones. June 25 (Register by June 18), Aug. 20 (Register by Aug. 13), Thursday, 5:30-7pm, at Jim Barnett Park, Lord Fairfax Room. Fee: FREE. Register by June 8. Activity# 627145-11 & 18.

First Time Cruisers Seminar (Ages 18+)

This seminar will explain the difference in cruise vacations and all-inclusive resort vacations. You will receive details on the major cruise lines, the most popular all-inclusive resorts, and the major nationwide tour companies explaining destination and making reservations. Individual travelers will obtain information on the top 20 destinations in the USA, and how to make plans to travel outside of the United States. May 28 (Thursday), 6-7:30pm, at Jim Barnett Park, Social Hall. Fee: FREE. Register by May 21. Activity# 627145-20.

Advanced Cruises Seminar (Ages 18+)

This seminar will explain options beyond the typical tourism, to cover adventure tours, singles travel, jungle safaris and exotic vacations. You will also receive details on longer cruises and vacations lasting from 14-28 days. July 14 (Tuesday), 6-7:30pm, at Jim Barnett Park, Social Hall. Fee: FREE. Register by July 7. Activity# 627145-22.

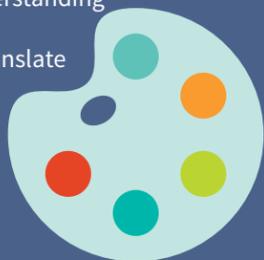
Active Adults

We don't stop playing because we grow old; we grow old because we stop playing.

- George Bernard Shaw

Art That Heals (Ages 50+)

This class is open to senior citizens who want to draw for fun and recreation, and to use art as a catalyst for change or growth in their own lives. Each session will have a still life displayed, which will be the focus of the class. The teacher will demonstrate different techniques, which the seniors will then practice. Exercises will work on composition, negative and positive space, tone, understanding 3-dimensions, hand-eye coordination, understanding color, shading and learning how to translate what you see onto paper. There is a \$15 material fee for supplies paid to the instructor the first day of class. Instructor: Clive Turner. June 4-July 9 (Thursday), 10am-Noon, at Jim Barnett Park, Lord Fairfax Room. Fee: \$46 R, \$49 NR. Register by May 29. Activity# 627245-08.



Retirement Planning Seminar (Ages 18+)

This class is for both individuals and businesses. Individuals will learn what a retirement plan is, and when and how to start a retirement plan by utilizing life and disability insurance to help plan for retirement. For businesses, this seminar will explain the concept of business owners insurance, and the advantages of Key Man Insurance. June 16 (Tuesday), 6-7:30pm, at Jim Barnett Park, Social Hall. Fee: FREE. Register by June 9. Activity# 627145-21.

Understanding Medicare Parts A, B and D Seminar (Ages 50+)

This seminar explains what Medicare is, how the government is involved, and when and how to sign up for insurance. You will also gain an understanding about "long term policies," what they are, and how they work. This seminar gives insight into your retirement years and monies. Comparisons between annuity and bank CDs will also be explained. Aug. 13 (Thursday), 6-7:30pm, at Jim Barnett Park, Social Hall. Fee: FREE. Register by Aug. 6. Activity# 627145-23.

Senior Bowling (Ages 50+)

This is an opportunity to learn how to bowl or to work on your bowling skills all while having a great time and meeting new friends! Price includes 3 games and shoe rental. May 12-Aug. 25 (Tuesday), 10am-Noon, at Northside Lanes Bowling Alley. Fee: \$10 each Tuesday. Register by the Friday prior to the date. Activity# 627117-09-24.



Gameday Thursday (Ages 50+)

Seniors come out with your friends for some spirited fun and fellowship each month with our monthly Senior Gameday. Challenge your friends to one of our many card or board games and see just who the best is. Group meets every 4th Thursday of the month. May 28-Aug. 27 (Thursday), 2-3pm, at Jim Barnett Park, Arts & Crafts Room. Fee: \$20 R, \$23 NR. Register by May 21. Activity# 627117-08.



Fitness



Aqua Arthritis (All Ages)

Tues/Thurs, 11-11:45am
This aquatic program is designed to help: reduce pain, decrease feeling of isolation through social interaction, and gain strength and flexibility to improve your day-to-day life. This Aquatic Arthritis class, led by a certified instructor, is designed to be a fun, safe way for people with arthritis to exercise and stay fit. Instructor: Brandon Ware. Location: Jim Barnett Park Indoor Pool. Fee: Included in the Facility Membership, or Drop-In: \$5 R, \$5.50 NR.

Water Aerobics

Mon/Wed/Fri, 11am-Noon
This water exercise class is designed for all swimming abilities. Water aerobics uses the natural resistance and buoyancy of water against your body to provide a wide variety of conditioning activities. Taught by a certified instructor, no swimming is required, and floatation devices are used frequently. Water exercises help increase your energy, stamina, and strength. Instructor: Olivia Legge. Location: Jim Barnett Park, Indoor Pool. Fee: Included in the Facility Membership; Drop-In: \$5 R, \$5.50 NR.

Zumba (Ages 12+)

Mon/Wed, 6:30-7:30pm
Zumba is the hottest dance party workout today! You will not even feel like you are working out while you Zumba. It is a total body workout using the most popular music that makes you feel good. Zumba utilizes fitness, burns calories, tones muscles, and improves balance and incorporates a full range of motion. Instructor: Amanda Floyd. Location: Social Hall at the War Memorial Building. Fee: Included in the Facility Membership; Drop-In: \$5 R, \$5.50 NR.

Yoga

Tues, 8-9am • Thurs, 8:30-9:30am
Restoration, rejuvenation, renewal! Imagine your body cradled and fully supported by blankets, pillows and bolsters. Imagine quiet breathing, soft music, guided meditation as deep calm and stillness washes over you. This is called restorative yoga. Now imagine inviting the mind into a conscious form of deep sleep called yoga Nidra, a deep meditation. This class is intended to induce full body relaxation. Instructor: Jeff Hollar. On-going class starting Jan. 6. 8-9am (Tuesdays) and 8:30-9:30am (Thursdays), in the Recreation Room at the War Memorial Building. Fee: Included in the Facility Membership; Drop-In: \$5 R, \$5.50 NR.

Torchlight Yoga

Enjoy the warmth and beauty of a summer evening as you relax doing Torchlight Yoga. Experienced instructor will lead you through an hour long yoga class designed for the new to experienced yoga participants. Bring a yoga mat or blanket as the class will be conducted outside on the ground. Class may be relocated due to inclement weather. June 10-July 29 (Wednesday), 8:30-9:30pm, at Amphitheatre Hill in Jim Barnett Park. Fee: \$32 R, \$35 NR. Register by June 8. Activity# 626245-01.



New Instructor!

Water Aerobics

Olivia Legge graduated from James Madison University in 2008 with a B.S. in Kinesiology. Her career began as a physical therapy aide and that is where her passion for helping others began. She then became certified through The American Council on Exercise as a Personal Trainer and a Group Exercise Instructor. After 5 years in the fitness industry she decided to utilize the aquatic environment and obtained her Arthritis Foundation Aquatic Exercise Certification. She has been in love with the water ever since and is now certified through The Aquatic Exercise Association. Her energy, passion and sense of humor are a few of the things that seem to draw people to her classes and keep them coming back for more.





Trees Please!

The Trees of Winchester's Preserves

Sally Anderson, President, Piedmont Chapter of the Virginia Native Plant Society

It's spring in Winchester and time for the natural world to be reborn in our nature preserves. There are many things to see - big things. I'm talking about the trees.

At Abrams Creek Wetlands Preserve, the sycamore might be our most easily recognized tree. With its flaky bark peeling away to reveal her smooth white branches against the sky, amazingly the sycamore is even recognizable from a jet. The sycamore's round seed balls often remain on the trees through the winter, where they provide food for wildlife. Goldfinches, chickadees and other small birds can be seen feeding in flocks, while mallards also eat the seeds.

Both Abrams Creek Wetlands and Shawnee Springs Preserves are centered on spring fed wetlands and streams perfect for the sycamore as she joins several other trees that thrive in the sometimes wet ground. Another tree of bottomland or riparian communities is the Eastern Cottonwood. The deeply furrowed bark of this fast growing species is also easy to learn.

Its buds and twigs are important food for wildlife, including birds and mammals. Like most soft materials, I expect the fluff is a good nesting material for our birds.

On both lower and higher ground, the bark of hackberries is pale gray and warty, and also easy to recognize. As the tree ages, the warts might expand into irregular ridges, or may nearly fill up the space of the trunk. Hackberry fruits are mostly seed, so we don't eat them, but a nibble will surprise you with the flavor of dates. Birds love them, and some usually persist in the winter, inviting mockingbirds, robins, yellow-bellied sapsuckers and others.

Majestic oaks are our most beloved trees. A special oak in Winchester's Preserves is the Chinquapin oak. This species favors the rich limestone soil of bottomlands or uplands. Oaks are also the most highly rated tree for wildlife. The acorns are useful to many animals and birds. As a member of the white oak group, the acorns are sweeter (less tannic) than those of the red oak group, and so are preferred. While each of our trees serves as a



host plant for the caterpillars of our butterflies and moths (aka bird food), oaks also top this list, with more than 500 species using the various oaks.

There are insect and disease threats to some of our trees, but invasive plants are a real problem for our Preserves. Unfortunately, English ivy is damaging most of the trees at Shawnee Springs, and provides the most visible example of the problem. The dense and heavy cover smothers the trees and pulls them down in storms. Occasional efforts have been made to reduce the load, but it is slow work.

So, to enjoy the spring season more consciously, choose one of the pleasant days, and take a look at our Preserves from a new angle. If you find yourself interested in the trees, be sure to look for seeds, twigs and fallen leaves to tell you the larger story.

The Audubon Arboretum

The Audubon Arboretum was established in the year 2000 and currently has approximately 80 trees. Memorial trees and trees planted to honor individuals and organizations are continually being added. Care and management is provided by Winchester Parks and Recreation Department and Northern Shenandoah Valley Arboretum Society. To know more about the NSVAS please visit NSVAS.org.

Environmental

Education



Birds of the Preserve

Thanks to on-going research and studies by the Virginia Department of Natural Heritage and Shenandoah University's Environmental Studies Program, the Abrams Creek Wetlands Preserve (ACWP) has been rated "one of the most biologically rich locations in Virginia." The diversity of plants, shrubs, and trees found in around the wetlands help to provide food and shelter for many of the wildlife that can be seen there.

A slow stroll along the paved walkway (quietly and patiently increases your chances) can produce views of mammals like chipmunk, squirrel, rabbit, groundhog, muskrat, opossum, raccoon, skunk, white tailed deer, mink, and river otter. Even occasional bear, beaver, and coyote have been reported. These animals simply wish to enjoy their time at their favorite dining spot or watering hole. Please remember to stay on the paved pathway to respect their privacy. We are the visitors here.

Over 180 species of birds have been identified at the Abrams Creek Wetlands Preserve area. To name only a few; there's the tiny Ruby-Throated Hummingbird that weighs less than a penny. And just a little bigger are Carolina Chickadees, Golden-Crowned Kinglets, Blue Gray Gnatcatchers, and about 20 different Warbler species. Warblers are a group of small insect eating birds that are a challenge to see because many are yellow and green and are small enough to hide behind leaves of similar color.

The more familiar birds like our common American Robin, Blue Jays, and Mockingbirds are joined by Eastern Bluebird, Cedar Waxwing, and the Belted Kingfisher. To feed, the Belted Kingfisher dives into the water to catch a fish or crayfish. The bird then flies to a nearby branch where it tenderizes the meal by banging it on the perch where it's sitting. The now tender goody is then deftly tossed up and caught mid-air before being swallowed head first.

Some of the big birds that can be seen include the Great Blue Herons that can stand up to 4 feet tall, Wild Turkeys that can run as fast as a galloping horse, and the majestic Bald Eagles that can have a wingspan of 6 1/2 feet or more. The Great Horned Owl is another resident that feeds on rodents, rabbits, squirrel, other birds and even skunk.

Area springs provide nutrient rich water with a fairly constant temperature that helps to bring in many over wintering species of waterfowl. The duck soup courses include the rare Star Duckweed, crustaceans, and many freshwater fish. In the harsh winter cold of December, January, and February you can see many duck species such as Buffleheads, Canvasbacks, Green-winged Teal, Hooded Mergansers, and Pintails.

For most of the year, amphibians, fish, and reptiles are all feeding, along with the aforementioned, on the great assortment of insects and other invertebrates that also eat and thrive in the wetlands. No one species can live in isolation but in turn depends upon the associations and interactions with all the other living (biotic) and nonliving (abiotic) components found at ACWP. The air, soils, water, plants, trees, wildlife, even sunlight contribute to make this preserve truly unique.

You, too, can feast upon the beauty, diversity, and special qualities of our Winchester wetland. It is a special place, a natural resource Winchester and Frederick County citizens can be proud of. Please visit, appreciate, enjoy, learn about, respect and help to protect our Abrams Creek Wetlands Preserve.

*Jim Smith, President,
Northern Shenandoah Valley Audubon Society*

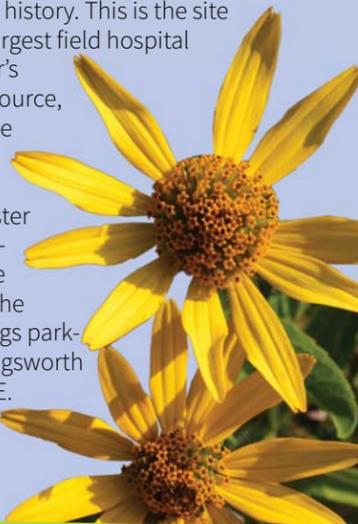
Sample Winchester's Preserves

Nature Walks on Winchester's Wild Side April 11, April 25, and May 9 8:30 am

Take a walk on Winchester's wild side by joining Jim Smith on a moderate walk through the Abrams Creek Wetlands Preserve. Discover spring flowers, rare plants and lots of birds! Blue birds, small birds, yellow birds and very tall birds...all at ACWP. The group will meet in the Children of America parking lot off W. Jubal Early Dr., approx. 1/2 mile west of Valley Ave. Park near the west end by the woods. The walk will last approximately 2 hours and is non-strenuous. Bring binoculars, spotting scopes, and/or your camera. Participants are also encouraged to bring water and dress for the weather. Fee: FREE.

The Natives Are Restless in Shawnee Springs April 25, 10 am

Join Sally Anderson, President of the Piedmont Chapter of the Virginia Native Plant Society for an interpretive native plant tour inside of Winchester's best kept secret - Shawnee Springs Preserve. This interpretive walk will take about 1 hour and is approximately 1 mile long. The heart of the talk will take place inside the wooded section of Shawnee Springs Preserve on the new Healing Trail. Bring your binoculars and camera. This is a super special place that encompasses various historical time periods of Winchester's history. This is the site of Sheridan's largest field hospital and Winchester's second water source, which made use of the natural springs. Where else in Winchester are you encouraged to hug the trees? Meet in the Shawnee Springs parking lot of Hollingsworth Drive. Fee: FREE.

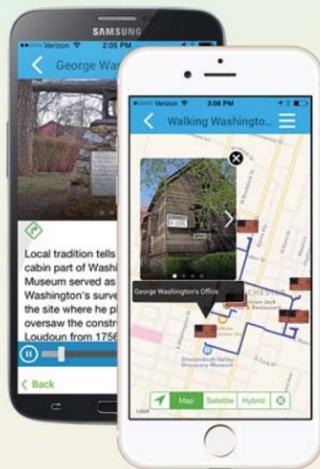


IN YOUR OWN BACKYARD

New! Mobile Tours

There's a new way to explore Winchester-Frederick County with GPS Guided Audio Tours! Developed by the Winchester-Frederick County Convention & Visitors Bureau, these tours can be accessed via your mobile device, or may be viewed on a desktop computer. Visit www.visitwinchesterva.com, and click on Self-Guided Tours, under Tours and Itineraries. Download the iTour Mobile app, or view the tours directly from the website, with no download necessary. Seven tours are available, and include:

- Walking Washington's Winchester
- Discover Winchester-Frederick County
- Crazy for Patsy Cline
- Follow the Apple Trail
- The Wilderness Road
- Battle for Winchester
- Family-Friendly Fun



& Guided Civil War Walking Tours

Guided Civil War Walking Tours are offered on the first and second Fridays of the month, June-October. Tours of Stephens City, Middletown, Kernstown Battlefield, and Cedar Creek Battlefield are also available.

For more information on these tours and other activities in your own backyard, stop by the **Winchester-Frederick County Visitors Center at 1400 S. Pleasant Valley Road, Winchester, call (540) 542-1326, or visit:**

VisitWinchesterVA.com

New! Bus Trips



Winchester Parks and Recreation in partnership with Schrock Travel are pleased to offer day trips with a Schrock Motor coach and a tour director. Please contact Winchester Parks and Recreation for registration (540) 662-4946. Seats are limited, so please register early. **No refunds will be issued for no-shows or for any tour attractions, meals, etc. in which individuals do not participate. Please arrive 15 minutes before departure time for check in!**

"Joseph" at Sight & Sound Theatre, Lancaster, PA

Joseph returns to Sight & Sound Theatre for only a short time. Don't miss the chance to witness this thrilling, life changing adventure as Joseph's epic story of character and forgiveness takes flight. Includes motorcoach transportation, ticket to "Joseph," PA Dutch family-style lunch at Hershey Farm Restaurant, and Kitchen Kettle Village. June 20 (Saturday), depart from Shrock parking lot at 7am, return to Winchester at 9:30pm. Fee: \$142 adult, \$86 child (age 3-12). Register by June 8. Activity# 627415-01.

Explore Baltimore's Inner Harbor, Baltimore, MD

This trip is for the whole family! You can visit the Baltimore Aquarium, Sports Legends Museum at Camden Yards, Little Italy, take a ride on a Water Taxi, shopping, eating, and trolley rides. Ride the new free Circulator bus over several different routes. A Schrock Travel Tour Director will be along to offer suggestions. Includes motorcoach transportation. July 11 (Saturday), depart from Shrock parking lot at 8am, return to Winchester at 7:15pm. Fee: \$52 adult, \$43 child (ages 3-12). Register by July 1. Activity#627415-02.

Resorts Casino with Jimmy Buffet's Margaritaville, Atlantic City, NJ (Ages 21+)

Inspired by the lyrics and lifestyle of Jimmy Buffett, Margaritaville will transport guests to an island destination of their dreams. Experience the Margaritaville restaurant and casino on the landside of the Boardwalk and LandShark Bar & Grill directly on the beach! Hosted by Mac McDonald, refreshments and games onboard. August 8 (Saturday), depart from Shrock parking lot at 6am, leave casino at 8pm, return to Winchester at 1am. Fee: \$65. Bonus: \$30 slot play and \$20 food voucher. Register by July 27. Activity#627415-03.

***Note: Schrock Travel/Winchester Parks and Recreation are not responsible for the complimentary bonus packages that are promised. Bonuses are subject to change by the casino without notice. No refunds are issued on Casino trips.*

EST. 1752

Old Town

Greatness Begins Here.

= WINCHESTER =

KidzFest! May 16

Bring the whole family to Old Town Winchester for a day full of fun and education at KidzFest featuring over 40 exhibits highlighting education, art, music and sports. There will be performances at the Taylor Pavilion throughout the day and free activities and engaging exhibits along the walking mall.



Old Town Farmers Market

May 16-October 31
Saturdays, 9am-1pm

Enjoy shopping for fresh local produce and baked goods at the Taylor Pavilion, a few steps from the Braddock Autopark.

Family Movies on the Mall Thursday nights, June 11-July 30

Returning again for the summer of 2015 is a favorite Winchester family tradition: Family Movies on the Mall presented by Partlow Insurance and Erie Insurance. The community is encouraged to bring their chairs and blankets and enjoy a fun family evening in Old Town under the stars. There will also be various food and beverage vendors available.



Classic Movies at the Taylor Pavilion

June 13, July 11, August 8

This new movie series will feature silver screen classics perfect for an old-fashioned dinner and a movie date night. Enjoy dinner at one of Old Town's 35 different restaurants and cozy up at the outdoor Taylor Pavilion while watching a great film. The community is encouraged to bring their seat cushions, blankets, and chairs. Movies begin at dusk - about 8:30 pm.

Friday Night Live

June 19, July 17, August 21

Unwind and enjoy all that Old Town Winchester has to offer at Friday Night Live! Friday Night Live is the perfect opportunity to meet up with friends, shop, dine and enjoy great live music, street performers and artisans! Live bands will perform at the Taylor Pavilion and the walking mall will be filled with street performers and local artists. Back by popular demand, each of the Friday Night Live events will have a different theme and patrons are encouraged to dress accordingly. June will be beach and Caribbean, July will be rock-n-roll, and August will be country.

Download the Old Town App for FREE!

Stay connected with events and specials in Old Town!



Taylor Pavilion Concerts

June 21, July 19, August 23, September 20

Come out and enjoy a nice Sunday afternoon in Old Town Winchester. Third Sundays June through September, the newly renovated Taylor Pavilion will be the venue for a free concert that will entertain the whole family. This year's concerts will feature an array of genres from jazz to bluegrass. The Sunday concert gives families the opportunity to stop for lunch at one of Old Town's fine restaurants and enjoy an afternoon full of music!

Rockin' Independence Eve July 3

Come celebrate our nation's independence at Rockin' Independence Eve in Old Town. This is a free community event that's fun for all ages and will include live music, contests, activities, an art market, and a beer and wine garden. The festivities will conclude with a spectacular fireworks display at about 9:20pm.



Taylor Pavilion

Visit our calendar at

WWW.OLDTOWNWINCHESTERVA.COM



Special Events

18th Annual Liberty 5K and Kids Run July 4

The USATF – Certified 5K course consists of a single loop around Jim Barnett Park and through the grounds of Shenandoah University using roads and sidewalks. Kids' race will be held immediately following the 5K race. Prizes and awards for top runners. Sponsored by Winchester Parks and Recreation and Shenandoah Valley Runner Club. All ages. July 4 (Saturday), 8am, at Jim Barnett Park, Kiwanis 2 Shelter. Fee: 5K SVR Members: \$18 (\$25 After June 23), Kids Run: \$10 (\$15 After June 23), Non-Member: \$20 (\$25 After June 23). Register online at www.svrrunners.org or call Rosie at (540) 667-0252.

Nationals Bus Trip May 23

Hop on the bus to D.C. to see the Washington Nationals take on the Philadelphia Phillies. Bus leaves Jim Barnett Park at 12pm, game starts at 4:05pm, and bus will return when game is over (around 9pm). Includes bus ride, admission ticket and \$15 concession credit). Tickets will be handed out when you board the bus. Ages 5+. May 23 (Saturday), 12-9pm, meet at Jim Barnett Park. Fee: \$75. Register by May 22. Activity# 621347-05.

Nationals Bus Trip August 30

Hop on the bus to D.C. to see the Washington Nationals take on the Miami Marlins. Bus leaves Jim Barnett Park at 9:30am, game starts at 1:35pm, and bus will return when game is over (around 6:30pm). Price includes bus ride, admission ticket and \$15 concession credit). Tickets will be handed out when you board the bus. Ages 5+. Aug. 30 (Sunday), 9:30am-6:30pm, meet at Jim Barnett Park. Fee: \$75. Register by Aug. 29. Activity# 631347-01.

Family Day Fishing Rodeo June 20

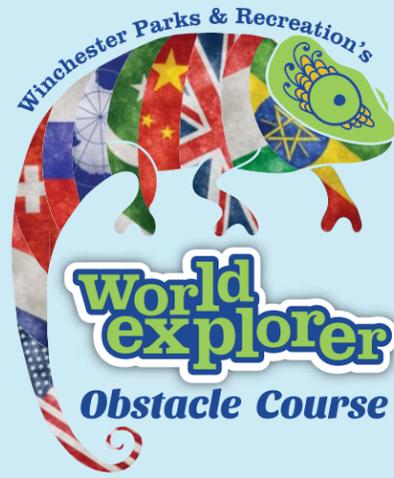
Prizes will be awarded in eight divisions for the largest fish. VA State Fishing regulations apply. A special stocking is scheduled prior to the rodeo. Register in advance or day-of. Sponsored by Wilkins Trust Fund. Ages 4+. June 20 (Saturday), 7-10am, at Jim Barnett Park, Wilkins Lake. Fee: \$5. Register by June 19. Activity# 621347-06.

Movies on the Mall

Free, family-friendly movies. Bring seating. Located on the Loudoun Street Mall, in front of the 1840 Courthouse. Movies begin at dusk (approx. 8:45pm).

- June 11 Planes 2
- June 18 Alexander and the Terrible, Horrible, No Good, Very Bad Day
- June 25 Annie
- July 2 Dolphin Tale 2
- July 9 Cinderella
- July 16 How to Train Your Dragon 2
- July 23 Big Hero 6
- July 30 Night at the Museum 3

Presented by:  



World Explorer Obstacle Course September 12

Get ready to jump, dash, weave, crawl, balance, and slip slide around this 4th annual international-themed obstacle course. Held rain or shine, this adventure will test skill, speed and agility. Medals are awarded to top three boys and top three girls in each age division (5-6, 7-8, 9-10 & 11-12). September 12, 8am-1pm, at Jim Barnett Park, behind the War Memorial Building. Fee: \$15 in advance, \$20 day-of. Register by August 20 to be guaranteed a souvenir t-shirt. Forms available at the War Memorial Building and online: www.winchesterva.gov/parks/world-explorer-obstacle-course. Packet pick up will be Wednesday, Sept. 9 and Thursday, Sept. 10 from 5:30-8pm. We encourage participants to pick up packets in advance so your child will have time for the course walk-through. To register on race day, participants must arrive during the check-in time for their age group:

Age	Check-In	Course Walk	Competition
11-12	8-8:30am	8:30am	9am
9-10	8-8:30am	8:30am	9am
7-8	10-10:30am	10:30am	11am
5-6	12-12:30pm	12:30pm	1pm

Check-in is for day-of registrations only.



Community & Family

Family Literacy Day April 18

This special event to promote reading and family togetherness is the kick-off for an illuminating reading adventure, called "Valley Reads." This is a great opportunity for your family to register for the Read to the Rhythm summer program. Bags of FREE goodies will be available for elementary children and teens. The summer-long reading program will culminate in an awards ceremony to be held at the Taylor Pavilion on August 8, with super awesome prizes to be awarded to the top summer readers. The Family Day Literacy Organizational Committee is committed to community literacy, self-education and provoking individual thought outside the collective group think. April 18 (Saturday), 10am-2pm, at Frederick Douglass Park shelter area.

Family Literacy Day is brought to you by: The Literacy Volunteers, Winchester Area, John Handley Regional Public Library, Winchester Parks and Recreation, Apple Country Head Start, Boys and Girls Club, The Estudiantes Unidos group from SU and others.

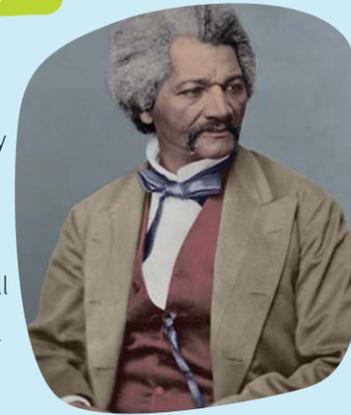
"Education means emancipation. It means light and liberty. It means the uplifting of the soul of man into the glorious light of truth, the light by which men can only be made free." – Frederick Douglass, Blessings of Liberty and Education. Speech. 1894.

3rd Ward Community Garden Interest Meeting April 24

This community garden meeting is planned to gauge interest and discuss possible sites. April 24 (Friday), 5pm, at Jim Barnett Park, Lord Fairfax Room.

If you DIG gardening and want a plot, contact: Michael Neese, City of Winchester Recycling Coordinator at (540) 667-1815 ext. 1452. www.winchesterva.gov

Timbrook Community Garden in full bloom



Frederick Douglass Family Day August 2 (Tentative)

Food, entertainment, sports competitions, children's activities and good, old-fashioned face-to-face conversation in a inviting neighborhood atmosphere. This event is a homecoming for many one-time Winchestrians. A time set aside once a year for neighbors to reminisce with and fellowship with old and new friends. Location: Frederick Douglass Park.

Timbrook Community Garden

Timbrook Garden is looking for gardeners! Organization and individual plots are still available.



Kids and Cops Camp (Ages 9-12)

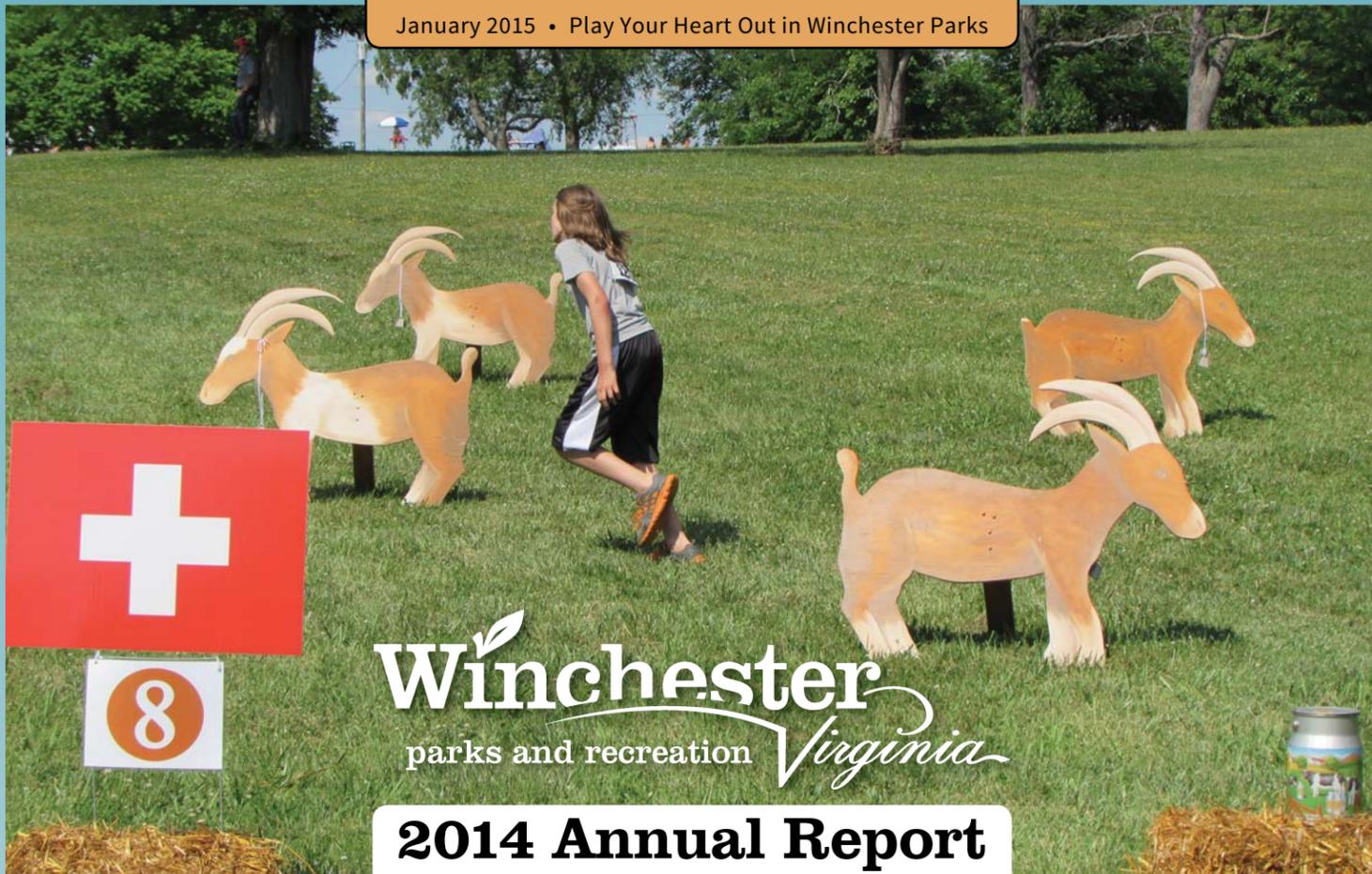
This camp is designed to provide children with the opportunity to learn about law enforcement and to start friendships with police officers. During the camp, participants will learn teamwork, leadership, and discipline. Camp is limited to 84 participants. Dress code: T-shirts, shorts, and tennis shoes. On designated days during the camp, participants will need to bring a swimsuit and towel. No jewelry is allowed. Lunch and snacks will be provided. June 22-26 (Monday-Friday), 8:30am-4:30 pm, at Jim Barnett Park, Rotary Shelter. Fee: \$35. Register April 1-10. (First-come, first-serve.) Applications will be available beginning April 1, and may be picked up at the Timbrook Public Safety Center, 231 E. Piccadilly Street, or at the front desk at the War Memorial Building at Jim Barnett Park. For more information, please contact Sgt. Frank Myrtle at (540) 545-4717 or Lauren Cummings at (540) 545-7548.



Camp Activities Include:

Field trips, guest speakers, kickball, dodgeball, pool activities, and a community service project.

Economic Impact of a Parks & Recreation Department



Winchester
parks and recreation *Virginia*
2014 Annual Report

World Explorer Obstacle Course

YEAR IN REVIEW:

January
Directly mailed to all Winchester residents, the first 32-page glossy program guide of Community Recreation Programming with new affordable fees (Social Equity)

February
Purchased \$100,000 worth of new field maintenance equipment that included a new reel mower, a slit seed spreader and dethatcher, a top dresser and deep tine aerification machine to care for the bermudagrass and cool season turf grass playing surfaces

Developed our first turf grass maintenance plan to include deep tine aerification schedule, top dressing applications and a fertilization program utilizing an in-house plan

March
Awarded \$47,000 contract to GreenPlay consultants for the first ever Winchester Parks and Recreation Department Needs Assessment

Hosted the City of Winchester Insight Academy
\$12,000 worth of new Dog Park obstacles and new shade shelter installed

Developed the Skate Pavilion Operations Plan

April
Director of Parks and Recreation appeared as guest on WINC radio show to discuss World Series, new community programs, new field and mowing equipment and park projects

Hosted the Needs Assessment Kick-Off Meeting with GreenPlay and the City's Project Team

Implemented the first ever City sponsored Community Garden (Timbrook Park)

Hosted the Arbor Day Celebration at the POW-MIA Memorial. Also hosted Eggcessible, Easter Egg Hunt, Spring Fling, and Swinging Fore Sports Golf Tournament

May
Raised \$35,000 to purchase skate obstacles for the new Skate Pavilion

Hosted the Needs Assessment Stakeholder Meetings as well as Focus Group Interviews

Hosted Alice in Wonderland Tea event

May (cont.)

Sponsored the inaugural Flag Retirement Ceremony with six different veteran organizations participating at the award winning POW-MIA Memorial

June

Completed bermudagrass and infield cutout renovation of Yost Field in preparation for the World Series

\$150,000 ADA Project Completed at Bridgeforth Field which included concrete ramps into the dugouts, new heated restrooms, new ticket booth, new souvenir stand and ADA compliant concrete sidewalks and ramps through the fan views area

Became the proud owner of Skate Pavilion obstacles; grind rails, hipped pyramid with 3 foot ledge, jersey barriers, hubba- ledges, stairs, quarter pipes, bank ramps and grind boxes

Brought back the Bubble Van program, hosted Family Day Fishing Rodeo and World Explorers Obstacle Course, and ran the Movies on the Mall events for Old Town Winchester

Opened new summer therapy pool

July

Hired the Geese Police to thin aggressive geese from the Wilkins Lake and Tourism area

Began trail building work of what is now called Shawnee Spring Preserve Healing Trail

Coordinated fireworks show for Old Town's Rockin' Independence Eve

Hosted Cardboard Boat Regatta event

August

Hosted the 2014 Cal Ripken 10-Year-Old World Series
Hosted the inaugural Patsy Cline Festival concert at Bridgeforth Field

Completed all bermudagrass field renovations and instated the first ever user group field use guidelines

Hosted the Abrams Creek Wetlands Preserve Tours and A sessions. All Wetland neighbors received a hand-delivered invitation to these informational meetings

The Director gave the McCormac Amphitheatre Power Point Presentation to Dr. Bruce Gouldey's Shenandoah University's MBA class

September

Hosted All Paws on Deck, a dogs only swimming pool party

Completed infield grading and sod work at Bridgeforth Field. This was an unplanned, much needed and very well received upgrade to the field

Received the Need Assessment Survey Questionnaire Raw Data from consultants at GreenPlay

October

Began Abrams Creek Wetlands Preserve Marsh Restoration Project to preserve the natural habitat of rare plants – hooded skullcap, willow leaf aster and Awned Sedge, in the Commonwealth of Virginia, found only in Winchester (Conservation)

Completed the World Series Economic Impact Study and World Series Report, posted online

Hosted Spookcessible and Ghouls and Gals Halloween dance

November

Hosted the Virginia Tech and Virginia Turf Grass Association Field Maintenance workshop

Completed Shawnee Springs Healing Trail – 1738 linear feet of trail through a wooded area

Continued the Santa Letters program

December

McCormac Amphitheatre Feasibility Study presented by Shenandoah University MBA Students

Hosted GreenPlay's Needs Assessment Findings and Visioning Workshop
Organized Christmas Parade, hosted Cookies with Santa, and assisted with Santa's Headquarters

Installed a new 28 foot digital scoreboard with individual inning totals complete with team error and hits accumulator at Bridgeforth Field.

Installed a new sign at Bridgeforth entrance.

Just as public safety, emergency services, and street maintenance are considered essential public services, parks and recreation facilities and offerings are equally important to establishing and maintaining the quality of life in Winchester. Through parks and programs, we bolster the health and well-being of our residents and visitors.

While the societal benefits are clear, some don't recognize the impact of parks and recreation on the economic and environmental growth and stewardship of this great city. The following content will provide a clearer glimpse of the importance of parks and recreation services across the country and outline the initiatives that the Winchester Parks and Recreation Department has developed to boost the City Council's priorities outlined in the Strategic Plan.

"Many cities feel they must choose between economic growth and open space protection. In most cases, however, no such choice is necessary. A city's parks system not only provides health and environmental benefits, a sense of community, and a higher quality of life, it is also good for the bottom line. Parks can significantly increase property values, attract and retain businesses, attract and retain a talented workforce, revitalize cities and communities, boost the tourism industry, create jobs, and increase tax revenues. Parks also play a major role in economic development and economic growth."¹

Placing a Premium on Parks



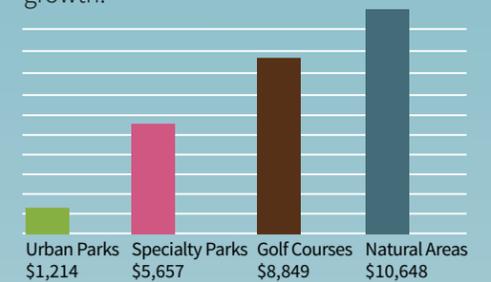
Jim Barnett Park

The Trust for Public Land conducted a study on the economic value of city park systems and through their sample found that parks can contribute to the value of residential properties immediately adjacent to a park by as much as a 20 percent marginal value. For properties further away from the location of the park, parks still can provide as much as a 5 to 10 percent marginal value.⁴

Increased Property Values



Shawnee Springs Healing Trail



Homes within 1,500 feet of a park experience an increase in value. Above is the increase per home, based on the type of park.⁶



65%

The National Association of Home Builders found that 65%

of home shoppers surveyed felt that parks would seriously influence them to move to a community.²

Welcome to Winchester



Babe Ruth World Series Teams

A Healthier Community



Jim Barnett Park

Easy access to parks and open green spaces is reported to reduce mortality across one's lifespan.

The lack of access accounts for approximately half of poverty-related mortality. Recent research revealed that in least green areas, the poorest individuals die at two times the rate of the wealthiest individuals. The rate of death among the poorest is reduced to 1.43 times that of the wealthiest in the greenest areas.⁵

The Air We Breathe



Abram's Creek Wetlands Preserve

It is estimated that U.S. urban park trees alone remove 75,000 tons of air pollutants annually. This translates into an economic benefit of \$500 million each year.



1. Open Space San Francisco, "The Economic Value of Parks." 2009, 2. American Planning Association, "How Cities Use Parks for Economic Development." 2002, 3. Active Living Research, "Economic Benefits of Communities that Support Physical Activity." May 2010, 4. The Trust For Public Land, "Measuring the Economic Value of a City Park System." 5. Parks and other Green Environments: Essential Components of a Healthy Human Habitat", Frances E. (Ming) Kuo, NRP Research Series 2010, 6. American Trails, "Economic Benefits of Trails."

Economic Impact of Large and Small Special Events

In 2014, the City of Winchester hosted the Cal Ripken 10-Year-Old World Series. The Department conducted an Economic Impact Study related to the event. The purpose of an Economic Impact Analysis is to provide information about the dollar value of the Cal Ripken 10-Year-Old World Series in the local Winchester economy. Economic Impact is defined as the net change of money in a community as a result of visitor spending on an event or attraction. To have an economic impact, the money must be new dollars introduced into the community, rather

than dollars that would be spent in the community as a matter of course.

Therefore, economic impact typically does not include money spent by residents, even if they attended the event being studied. The impact is determined by the amount of money (and its multiplier effect) spent by out-of-town visitors on such things as hotel rooms, restaurant meals, souvenirs, gasoline, etc, as well as accompanying increases in jobs and tax revenues. **The Economic Impact of the Cal Ripken 10-Year-Old World Series was \$463,162.**

To view the entire report, visit winchesterva.gov/parks and click on 2014 World Series Report.

Not only did Winchester Parks and Recreation host the World Series, but the department also played a central role in hosting numerous other events that drew visitors to Jim Barnett Park and the City of Winchester.

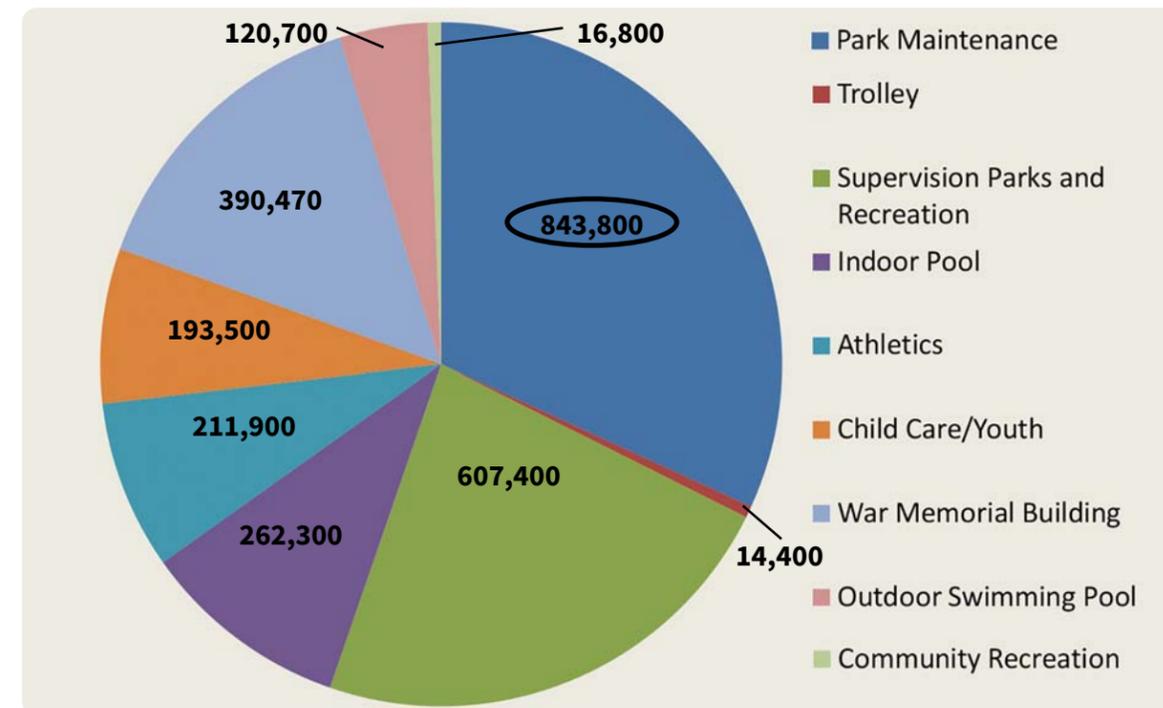
Here is a ballpark estimate of the Economic Impact of each:

Event Title	Event Type	# of Events	Estimated Attendance Per Event	Estimated Economic Impact	Overnight Stay
Large Events					
Pancake Day-Spring	Fundraiser	1	5000	10,000.00	No
Pancake Day-Fall	Fundraiser	1	5000	10,000.00	No
Apple Cross	Bike Races	1	1400	80,000.00	Some
Apple Blossom-Sunday	Craft Festival	1	2000	40,000.00	Some
BMX State Qualifier	Bike Races	1	500	25,000.00	Some
Community Safety Fair	Safety Awareness	1	500	5,000.00	No
Apple Harvest	Fall Craft Festival	1	500	12,500.00	No
Frederick Douglass Day	Community Fun	1	1000	10,000.00	No
Winc Baseball Tournament	Memorial Day Tourn	1	850	42,500.00	Some
World Series	Baseball	1	3000	463,162.00	Yes
Celebrating Patsy Cline	Concert	1	500	10,000.00	No
Community Fireworks	Display	1	3000	30,000.00	No
Christmas Parade	Parade	1	1500	15,000.00	No
Winc Swim Meet	Long Course - June	1	450	60,000.00	Yes
Small Events					
Handley - FC Swim	Large HS Swim Comp	1	200	2,000.00	No
Liberty 5K	Run	1	300	3,000.00	No
Girls on the Run -Sp/Fall	Run/Walk	2	300	6,000.00	No
Obstacle Course	Community/children	1	300	3,000.00	No
JamFest Tournament	Basketball	2	200	5,000.00	No
US Tennis Tournament	Tennis	1	250	10,000.00	Some
Shen Valley Tennis	Tennis Tournament	1	100	2,500.00	Some
Winc Country Club Tennis	Tennis Tournament	1	120	2,400.00	No
Youth All Nighter	Church Function	1	100	1,000.00	No
Walk for Christ	Walk/fundraiser	1	75	750.00	No
3 on 3 Basketball	Basketball	1	100	1,250.00	No
Flag Retirement	Ceremonial	1	75	375.00	No
Social Hall Rentals	Birthday Parties	7	125	4,550.00	No
Social Hall Rentals	Weddings	5	165	16,500.00	Some
Social Hall Rentals	Church Services	50	100	25,000.00	No
Social Hall Rentals	Misc Events	25	100	12,500.00	No
Rotary Pavilion	Family Reunions	7	200	14,000.00	Some
Rotary Pavilion	Picnics	15	125	18,750.00	No
Lions Pavilion	Family Reunions	5	100	12,500.00	Some
Lions Pavilion	Picnics	10	100	10,000.00	No
Santa's Headquarters	Craft/Santa Visit	2	100	2,000.00	No
Movies on the Mall	Family Movies	8	50	1,800.00	No
Totals		162	28685	970,237.00	

Estimated Economic Impact of Winchester Parks

Highlighted Economic Impact signifies actual studies completed. All other impact numbers are estimates and involve the number of folks attending; an estimate about how many attendees may be from out of town, and overnight accommodations possibilities. The type of event also played a role in estimating impact, in that folks attending a wedding, picnic or Pancake Day are less likely to visit an eating establishment. Economic Impact studies for youth and adult sport tournaments allow that a conservative estimate of \$50/day/youth includes family and \$100/day for adult participants. Once an estimate was assigned, that amount was multiplied by the number of events hosted under that event or facility title.

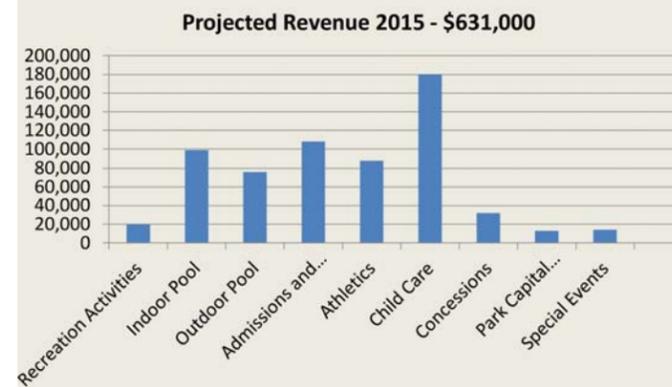
Operating Budget Breakdown by Subdivisions



Winchester Parks and Recreation Department Budget is \$2,661,270 which is sliced into the Recreation sub-divisions and the Park Division. **The Recreation Division** portion of the Operating Budget is \$1,811,470. The Recreation Division Operating Budget is offset by revenues of \$783,500. Therefore, 43% of the Recreation Divisions Operating Budget is offset by charges for services and facility rental. Thus 57% of the Recreation Division's budget is subsidized by tax dollars. **The Parks Division** Operating Budget of \$843,800 is often thought of being totally subsidized, which is short-sighted. Park and recreation departments frequently are viewed as relatively high-cost centers in cities' annual budgets because operational costs exceed revenues. However, this narrow perspective is incomplete because it fails to recognize the economic impact of parks and facilities. It is difficult to monetize certain benefits that citizens receive, such as

increased property values, cleaner air, an increase in overall physical and mental health, and an added value that attracts new businesses, residents and visitors to the area. In the case of Winchester Parks and Recreation, if just economic impact of the Winchester parks and facilities is considered at \$970,237 (from page 3) against Parks Divisional Operating Budget of \$843,800, then the Winchester parks and facilities actually generate revenue over cost by at least \$126,437. If the aforementioned benefits could be monetized, it is conceivable that the Winchester Parks and Recreation Department is a "cash calf" of City revenue centers. This is a new term, as a "cash calf" is not quite a cow, but similar in concept as the parks and recreation venture generates a steady return of hard to monetize benefits, economic stimulation and revenues that exceed the outlay of tax dollars required to operate it.

Recreation Charges for Services



Recreation Division Revenue \$783,500



Winchester Parks & Recreation Department Initiatives

The following department initiatives for the next 5 years reflect Winchester Common Council Strategic Planning Goals, the WPRD Needs Assessment Report and the results of the Citizen Satisfaction Survey.

- 1 Well Maintained Parks
- 2 Promoting Healthy Active Living in Winchester
- 3 Additional Resources Focused on North End
- 4 Increase Senior Programming
- 5 Creating Community Spaces
- 6 Social Equity
- 7 Supporting and Encouraging Family Togetherness
- 8 Conservation Naturally
- 9 Additional Youth and Teen Programming
- 10 Infrastructure Upgrades/CIP Master Plan Development and Implementation



“There’s a direct link between a lack of exposure to nature and higher rates of attention-deficit disorder, obesity, and depression. In essence, parks and recreation agencies can and are becoming the ‘preferred provider’ for offering this preventative healthcare.”

– Dr. Fran P. Mainella, former director of the National Park Service and Visiting Scholar at Clemson University

Divisional Accomplishments

Jennifer Stotler: Parks Admin Coordinator
Coordinated new community recreation classes with affordable fees. Coordinated Flag Retirement Ceremony, Ladies Christmas Breakfast, Needs Assessment Stakeholder meetings, Program Guide RFQ, Needs Assessment RFQ, Skate Pavilion equipment project, and the Security System RFQ for the War Memorial Building. Served as Administration Coordinator to the 2014 Cal Ripken 10-Year-Old World Series.



Leslie Bowery: Special Events Coordinator
Helped Santa answer a record number of Santa Letters - 217. Hosted the first-ever Alice in Wonderland Tea that sold out and received great reviews. Successfully completed 16 external events. Contributed to the success of Old Town Special Events by coordinating and implementing: Movies on the Mall, Community Fireworks, Christmas Parade and Santa’s Headquarters.



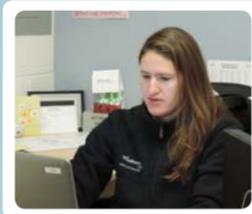
Mike Nail: Acting Park Maintenance Superintendent
Field Improvements, including preparing Yost Field for the World Series after winterkill destroyed the bermudagrass. Five fields were upgraded in-house thanks to new equipment, field management plan and Turfgrass training. Completion of Shawnee Springs Healing Trail. Abrams Creek Marsh Restoration Project began in the Lower Marsh section. The Bridgeforth Field ADA Project – New restrooms, ticket booth, souvenir stand, concrete work, renovated field, new scoreboard and sound system.



Brandon Ware: Aquatics Coordinator
Installed new chemical controllers in both pools, which saved \$4,341 in chemical costs for the year. Added new lane lines and sound system to the indoor pool. Two new successful special events; Egg Splash and Cardboard Boat Regatta. Assisted in providing FREE swim lessons for under privileged children. Turned the indoor pool into a therapy pool for the summer, increased visits by 455 from the previous year, mostly by seniors.



Jennifer Justice – Athletics Coordinator
Hosted 1st “Swinging Fore Sports” Golf Tournament. Served as the Volunteer Coordinator and Press Box Coordinator at the 2014 10-Year-Old Cal Ripken World Series. Assisted with set ups, tear downs, field maintenance, and practice schedules. Introduced new adult programs: Kickball League, Madden Tournament, Outdoor Soccer, and Drop In Volleyball, all with a successful response.



Stephanie Frazier – Child Care Coordinator
HIVE numbers increased from 2013-14 by 932 children, hired additional staff to keep the staff to child ratio numbers low. Working to become Social Service vendor for low-income children. Purchased equipment for PB&J Club (gross motor and socialization program for children under 5). From 2013-2014 there was an increase of 85 visits. Hosted two middle school dances, each averaging 160 students.



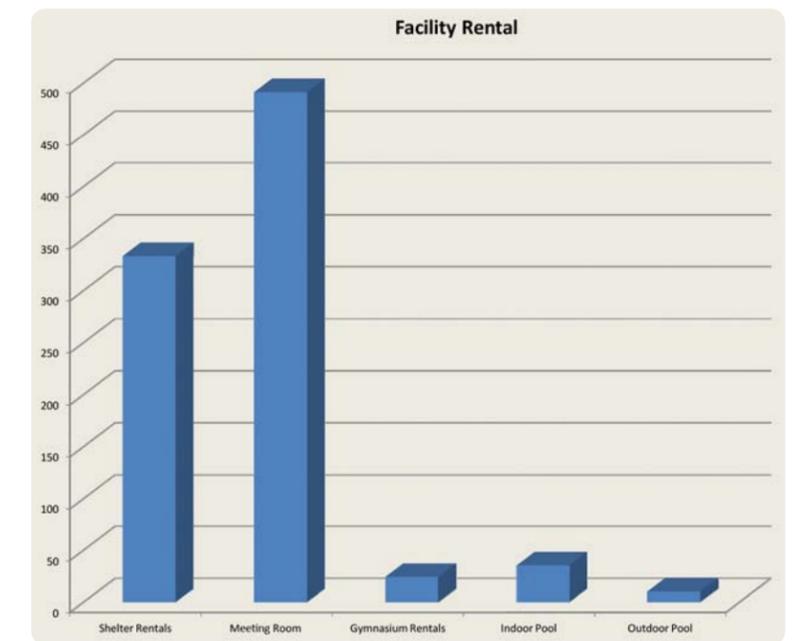
Robbie Garrett – Parks Projects Coordinator
Oversaw the construction of the souvenir stand at Bridgeforth Field, Shawnee Springs Healing Trail construction, installation of the fountain for Wilkins Lake and new 28 foot scoreboard at Bridgeforth Field. Oversaw the Abrams Creek Wetlands Preserve Management Plan implementation, installation of sound system at Yost Field, moving of sound system from Yost to Bridgeforth, installation of new JBP entrance sign, coordinated tree planting in the Audubon Arboretum.



Developing a High Performing Organization

By the Numbers

- 585 new memberships (90 were City and City School Employees)
- 1,219 membership renewals
- Drop-in visits (non-members)
Fitness Room: 969 • Indoor Pool: 2,942 • Open Gym: 4,042 • Racquetball: 1,091
- Swimming Lessons
1,277 Participants • 5,442.25 Hours of instruction
- Athletic Programs
2,369 Participants • 20,114 Participant Hours
- Childcare
9,520 After School and Summer Camp Participants (per child per day in 2014)
The HIVE, HIVE Club and Summer Camp are open for 1,320 hours per year.
- Park User Groups
15 annual user groups use a total of 10,285 facility hours per year
- Community Rec Programs
532 Participants • 1565.5 Participant Hours



In 2014, we were most proud to be part of the community effort to successfully host Cal Ripken 10-Year-Old World Series for the second time. Community contributions and volunteerism as well as spectator support was tremendous throughout the 10-day event. Winchester received rave reviews from the World Series visitor’s survey! Beyond this rewarding accomplishment, we wanted to point out how humbled we are to be part of the storied history of Winchester Parks and Recreation that began back in 1944. I wonder what Jim Barnett and the other Rouss Park trailblazers would think of



Lisa Hamaker, Assistant Director

this information regarding Winchester Parks and Recreation today: The 2014 Winchester Parks and Recreation Needs Assessment results showed that 90% of all households use Jim Barnett Park while 24% participate in Winchester Recreation Programs. The average use of Jim Barnett Park per customer was 27 times during the year. Ninety-three percent of respondents rate the importance of Jim Barnett Park as very important. Respondents who rated local recreation opportunities as very important was 84%. WOW! 90% of the community use Jim Barnett Park



Jennifer Jones, Director

Winchester Parks & Recreation Needs Assessment Study

Community-Wide Needs Assessment Study Results



Rotary Field

The 2014 Winchester Parks and Recreation Department's Needs Assessment was funded in the City's operating budget. The purpose of the Winchester Parks and Recreation Needs Assessment study was to gather public feedback regarding City of Winchester Parks and Recreation facilities, park amenities, and programs. This survey research effort and subsequent analysis was designed to assist the City of Winchester in the creation of a master plan for existing and possibly future enhancements, facilities, and services.

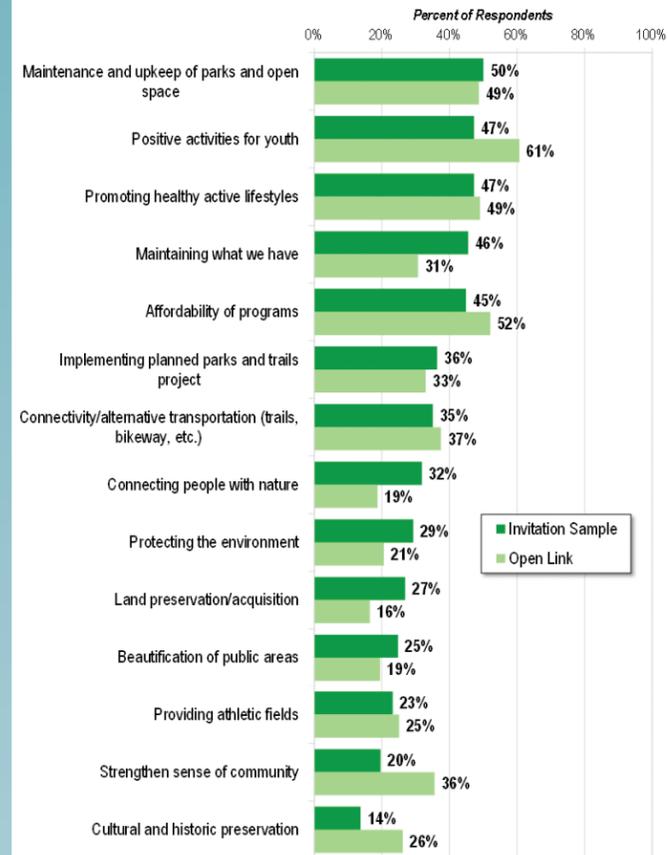
The Needs Assessment process began in March with the awarding of the contract. In May 2014, focus group interviews and stakeholder meetings were held. From these meetings, a survey questionnaire was formulated between the consultants and Winchester's Needs Assessment Project Team. The survey was distributed by direct mailing to a

random sampling of 3000 residents.

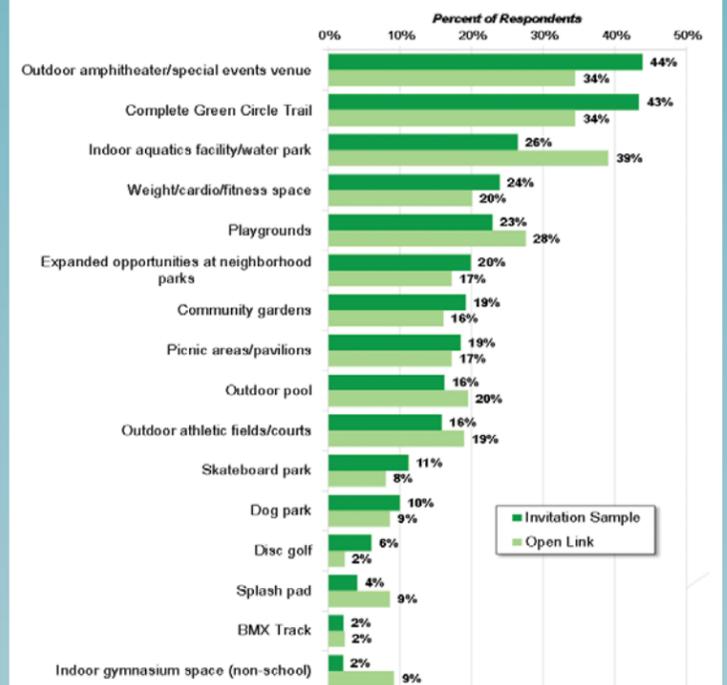
The survey was conducted using three primary methods:

1) a mail-back survey, 2) an online, invitation-only web survey to further encourage response from those residents already within the defined invitation sample, and 3) an open-link online survey for members of the public who were not part of the invitation sample. The open link survey was distributed through several different methods, including the City E-newsletter, social media, the Department website, postcards to the North End, and WPS flyers. The analysis primarily focuses on responses from the invitation sample. These are a few slides from the Needs Assessment Findings Presentation. The full report is available on the Department's website at www.winchesterva.gov/parks.

Top 5 Priorities for Recreational Services



Top 3 Priorities for Additions, Expansions, or Improvements of Future Facilities



Results of Focus Group Interviews and Stakeholder Meetings - Winchester Parks and Recreation Department Strengths

- Jim Barnett Park
- Total acreage of parks - 270
- Aquatics
- Green Circle Trail
- Affordability
- Variety of programs
- Do more with less
- Nature preserves
- Great ballfields

Needs Assessment Project Team

Jennifer Jones, Parks and Recreation Director
 Lisa Hamaker, Assistant Parks and Recreation Director
 Mike Nail, Acting Superintendent of Parks
 Jennifer Stotler, Parks Administrative Coordinator
 Tim Youmans, Planning Director
 Mary Blowe, Finance Director
 Annie Cahill, GIS Coordinator
 John Bentley, Park Advisory Board Chairman

The Winchester Parks and Recreation Department and Parks Advisory Board extend a heartfelt thank you to all who participated in the focus group interviews and stakeholder meetings. Thank you as well to those who took the time to complete the survey questionnaires. The winners to the prize giveaways are as follows:

- Ralph Hensley
- Donovan Davidson
- Maureen Williams
- Gail James
- Debra Dent
- Brittany Mann
- Bobby Grimm
- Christie Green
- Maddison Riggelman

For the complete Needs Assessment Survey results, visit the website at winchesterva.gov/parks/needs-assessment.

Bienvenidos amigos de Habla Hispana

2do Splash Bash Anual (Todas las edades)

Junio 6
¡Vamos a abrir la piscina exterior esta temporada con un splash! Venga a disfrutar del tobogán, el trampolín, la excelente piscina infantil o la piscina exterior de 50 metros. Habrá un DJ tocando música en vivo, vendedores locales y buena comida. Con su boleto de entrada tendrá la oportunidad de ganarse premios de nuestros vendedores locales y pases para la temporada 2015. Junio 6 (sábado) 12-3pm, Piscina Exterior del Parque Jim Barnett. Costo: Precio de Admisión Diaria

Películas en el Mall (Calle Peatonal)

Películas gratuitas para toda la familia. Traiga su asiento. Ubicado en la Calle Peatonal Loudoun en frente del # 1840 Courthouse. La película comienza al anochecer (aprox. 8:45pm)

- Junio 11** Aviones 2
- Junio 18** Alexander y el Terrible, Horrible, No Bueno, Muy Mal Día
- Junio 25** Annie
- Julio 2** Historia de un Delfín 2
- Julio 16** Como entrenar a tu Dragón 2
- Julio 23** Gran Héroe 6
- Julio 30** Noche en el Museo 3



18va Carrera Anual Liberty 5K y Carrera para Niños

Julio 4
Esta pista 5K certificada por la USATF consiste en una sola vuelta alrededor del parque Jim Barnett y la Universidad Shenandoah utilizando carreteras y aceras. La carrera infantil comenzará inmediatamente después de la 5K. Premios para los mejores corredores. Patrocinado por Parques y Recreación de Winchester y el Club de Corredores del Valle de Shenandoah. Todas las edades. Julio 4 (Sábado), Parque Jim Barnett, Refugio Kiwanis 2. Costo: 5K Miembros SVR \$ 18 (\$ 25 después de Junio 23), Carrera para Niños: \$ 10 (\$ 15 después de Junio 23), No-miembros \$ 20 (\$ 25 después de Junio 23). Inscripciones en línea en: www.svrnrunners.org.

Carrera de Obstáculos Explorador del Mundo



Splash Bash

Natación para todas las Mascotas Caninas Septiembre 7

Parques y Recreación de Winchester se complace en invitar de todos nuestros amigos caninos a otra divertida noche en la piscina exterior. Traiga a su perro a una noche de natación. El último día de la temporada de natación en la piscina exterior, abriremos la piscina para los perros de la comunidad de Winchester. ¡Por favor venga y disfrute! Septiembre 7 (Lunes) 6-8pm en la Piscina Exterior del Parque Jim Barnett. Costo: \$ 2. Admisión GRATUITA para los miembros del Parque Canino de Winchester. Para entrar, los que no son miembros, deben traer prueba de vacuna contra la rabia.

Carrera de Obstáculos Explorador del Mundo 12 de septiembre

Alístate para saltar, correr, gatear, balancearte y deslizarte en esta 4ta carrera de obstáculos de tema internacional. Llevada a cabo llueva o no, esta aventura probará tus habilidades, velocidad y agilidad. Se otorgarán medallas a los tres primeros niños y niñas de cada división (5-6, 7-8, 9-10 & 11-12 años). Septiembre 12, 8am-1pm, Parque Jim Barnett, detrás del edificio War Memorial. Costo: \$15 por adelantado, \$20 en la puerta. Inscripciones antes del 20 de agosto para garantizar una camiseta de regalo. Los formularios se encuentran disponibles en el edificio War Memorial o en línea: www.winchester.gov/parks/world-explorer-obstacle-course. El paquete puede ser recogido el miércoles, sept. 9 y el jueves, sept. 10 de 5:30-8pm. Animamos a que recoja el paquete con anterioridad para que su hijo/a tenga tiempo de caminar la pista. Para inscribirse el día de la carrera, los participantes deberán llegar a la hora del registro de su grupo.

Edad	Registro	Caminar la Pista	Competencia
11-12	8-8:30am	8:30am	9am
9-10	8-8:30am	8:30am	9am
7-8	10-10:30am	10:30am	11am
5-6	12-12:30pm	12:30pm	1pm

El registro es únicamente para el día de las carreras

Campamento de Exploración del Arte

Los jóvenes experimentarán una divertida y dinámica clase de arte este verano, explorando su individualidad y potencial al aprender a dibujar y pintar. Estas clases se darán en un ambiente abierto y estructurado, enfocándose en la enseñanza de habilidades artísticas básicas mientras se construyen y refuerzan habilidades básicas de la vida tales como autodisciplina y paciencia. Se animará a los niños a explorar con lápices, colores, marcadores, papel de construcción y también a apreciar el arte y a artistas famosos. El "club" será divertido y una manera enriquecedora de pasar el verano haciendo que los niños se interesen por el arte. Hay un costo de \$ 15 para materiales a ser pagados al instructor el primer día de clase. Instructor: Clive Turner.

- (Edades 5-8)**
Junio 16-Julio 7 (Martes) 2-3pm, Parque Jim Barnett. Costo: \$20R, \$23NR. Inscripciones antes de Junio 9. *Actividad# 627543-06.*
- (Edades 9-16)**
Junio 16-Julio 7 (Martes) 3-5pm, Parque Jim Barnett. Costo: \$41R, \$44NR. Inscripciones antes de Junio 9. *Actividad# 627543-07.*

Campamento de Fútbol (Edades 5-13)

Ven a la cancha y aprende sobre los fundamentos del fútbol. Los participantes aprenderán a driblear, patear, pasar y anotar a la vez que se divierten jugando. El campamento está dirigido por Andy Combs. Julio 6-10 (Lunes-Viernes) 9am-12pm en el Preston Field del Parque Jim Barnett. Costo: \$64R, \$80NR. Inscribirse antes del 3 de julio. *Actividad #621547-06.*

Campamento de Básquetbol Jr y Sr

¿Listo para mejorar tus habilidades de básquetbol? Inscríbete en nuestro campamento de básquetbol y aprende a driblear, pasar y anotar. Por favor deja tu balón en casa. El campamento está dirigido por el entrenador Jason Toton de la Escuela Superior Handley.

- (Edades 5-8)**
Junio 8-12 (Lunes-Viernes) 9-11am, Gimnasio Escuela Handley. Costo: \$50R \$56NR. Inscripción antes de Junio 5. *Actividad# 621547-01.*
- (Edades 9-14)**
Junio 8-12 (Lunes-Viernes) 12-3pm, Gimnasio Escuela Handley. Costo: \$50R \$56NR. Inscripción antes de Junio 5. *Actividad# 621547-02.*

Campamento de Fútbol Americano (Edades 7-14)

¿Has querido alguna vez lanzar la pelota como un profesional de fútbol americano? Únete a nuestro campamento y aprende los fundamentos de este intenso deporte. Trae tus botines. El campamento está dirigido por Jim Gaynor entrenador de fútbol americano de la Escuela Superior Handley. Julio 20-23 (Lunes-Jueves) 8:30am-12:00pm en la Escuela Superior Handley. Costo: \$74R, \$80NR. Inscribirse antes del 17 de julio. *Actividad# 621547-07.*

Yoga a la luz de una antorcha

Disfrute del calor y la belleza de la noche veraniega mientras se relaja haciendo yoga. Un experimentado instructor le guiará durante una hora de clase diseñada para participantes de todos los niveles. Traiga su colchoneta o una cobija ya que la clase será afuera. Las clases se pueden cambiar de lugar debido al clima. Junio 10-Julio 29 (miércoles) 8:30-9:30pm en Amphitheatre Hill del Parque Jim Barnett. Costo: \$ 32R, \$ 35NR. Regístrate antes del Junio 8. *Actividad#*

Camioneta de Burbujas (Edades 3-10)

Trae diversión, artes, manualidades, historias y actividades gratuitas a tu vecindario. FDES: Escuela Primaria Frederick Douglass

	9-9:45am	10:30-11:15am
Junio 1	Whittier	Park Place
Junio 3	Quarles ES	FDES
Junio 8	Whittier	Park Place
Junio 10	Quarles ES	FDES
Junio 15	Whittier	Park Place
Junio 17	Quarles ES	FDES
Junio 22	Whittier	Park Place
Junio 24	Quarles ES	FDES



Formulario de Inscripción

Nombre del Participante _____ Nombre de los Padres (si aplica) _____
 Fecha de Nacimiento _____ Teléfono _____
 Dirección _____ Correo Electrónico _____
 Programa _____ ¿Le gustaría recibir nuestro boletín de noticias en línea? Si No
 Fecha/Hora _____ Precio _____

Permiso de Fotografía: Doy o no doy permiso al Departamento de Parques y Recreación de Winchester a tomar fotografías de mi hijo(a) para ser utilizadas solamente como material promocional relacionada al parque.

RENUNCIA PARA PARTICIPANTES: Por medio de la presente autorizo al (a los) individuo(s) aquí mencionado(s), a participar en las actividades antes mencionadas y también acuerdo que el Departamento de Parques y Recreación de Winchester, el personal del programa y los voluntarios no asumen responsabilidad alguna por lesiones causadas viajando desde y hacia el lugar de juego o durante su participación en alguna actividad.

Firma del Participante (Padres/Representantes si el participante es menor de 18 años) _____ Fecha _____

Helping the Birds at Wilkins Lake



For those who can't speak for themselves in times of trouble, Clara Wakefield and Shelia Harden are there to help. They watch over, aid and care for our waterfowl visitors at Wilkins Lake.

Clara Wakefield had spent nearly 20 years working with the Nebraska Wildlife Rescue Team before moving to the Winchester area in 2006. Her passion for helping injured critters drove her to Wilkins Lake. Clara transferred her knowledge of working in Nebraska to working to protect and care for the waterfowl here in Winchester.

While searching for a one-legged injured duck, Clara happened upon Shelia Harden. Shelia was another soft-hearted animal lover that was trying to rescue the same injured mallard drake that she had seen while fishing there. Together they were able to locate the duck and assess the situation. This is how the two became such a great rescue team for the Wilkins Lake waterfowl.

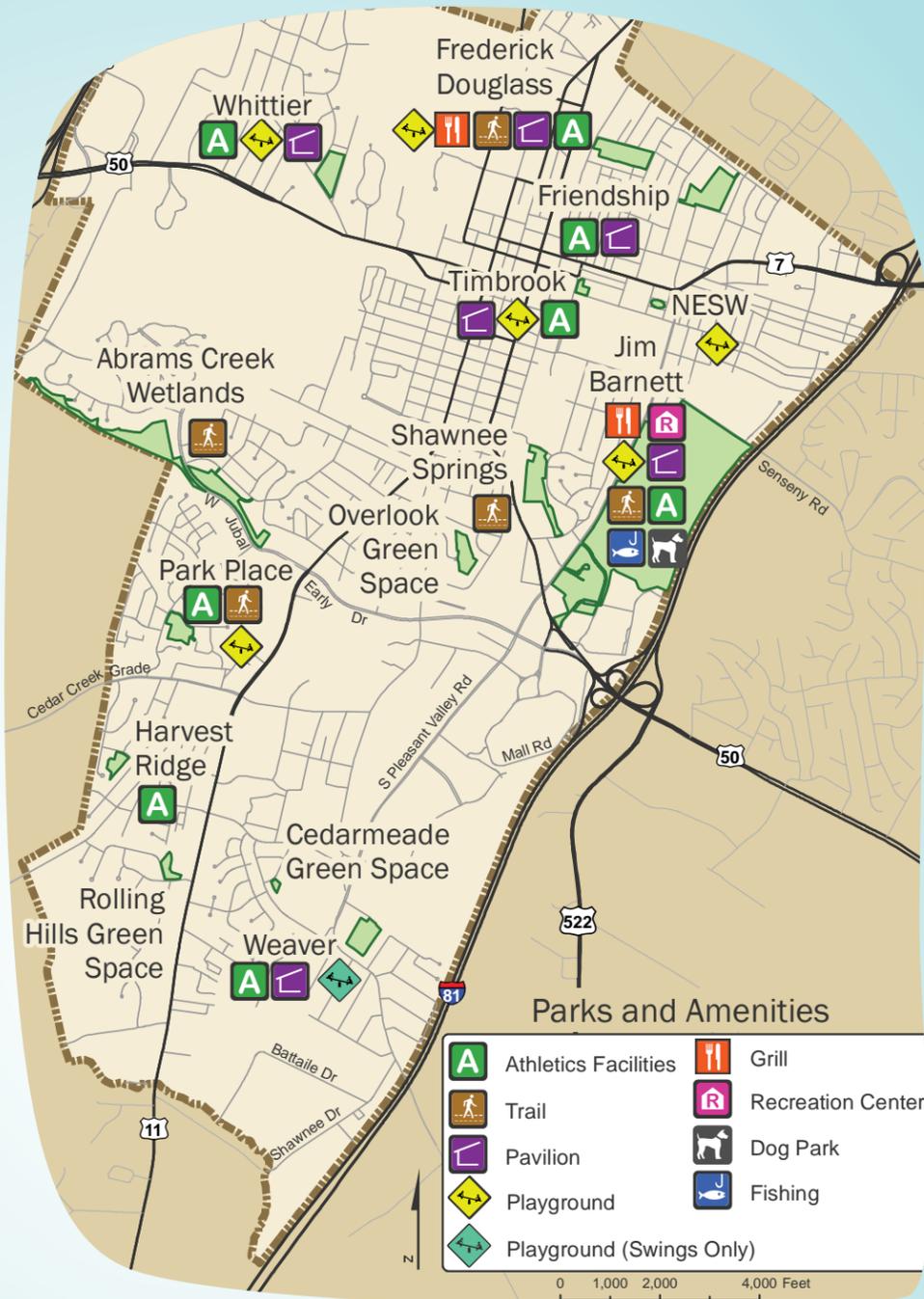
That was not the first of Shelia's waterfowl rescues at Wilkins Lake. Her first rescue consisted of a duck that got caught up in a fisherman's cast as the duck was trying to land. The line wrapped around the duck's wing, ultimately causing the loss of the wing. Both agree that spring and summer are when the bulk of the injuries seem to occur due to fishing issues. Ducks don't usually get into too much trouble on their own. The majority of their injuries tend to be man-made. Left

behind fishing line and hooks that the ducks can get caught up in or swallow pose a huge risk. Clara has even found a goose whose beak was completely shut with a soda pop ring. If the situation hadn't been found, the goose surely would have starved to death. When Shelia or Clara find an injured animal, they work to collect the animal and head to the Blue Ridge Wildlife Rescue Center (BRWRC) in Boyce, Virginia. The Blue Ridge Wildlife Center is a 501-(c)3 charity that does not charge for its services. They are completely dependent on donations to pay for needed food, housing and medication.

For help with wildlife emergencies, you can contact the BRWRC at (540) 837-9000 or visit their website at www.blueridgewildlife.org for

more information or ways that you can help. When the waterfowl are able to leave the BRWRC, they are taken to Clara's farm in Frederick County. There, Shelia and Clara can continue any necessary treatments or medications the animal may need. Once they are able, they are released to Clara's pond. Clara has done extensive work to ensure that those who are unable to fly or maneuver very well have a "play yard" to enjoy and have a safe haven from raccoon or fox predators.

Clara and Shelia's daily visits to Wilkins Lake provide a voice and a helping hand to the waterfowl. This duo continues the efforts toward wildlife conservation especially when things go "a fowl".



Membership Benefits & Rates

Rates: Memberships, daily fees and punch passes include: Unlimited use of the indoor pool, fitness room, gymnasium, billiards table and racquetball court during designated times. Call WPRD for punch pass rates.

Memberships	1 Month		3 Months		Annual	
Child	\$16 R	\$20 NR	\$42 R	\$54 NR	\$144 R	\$192 NR
Student	\$20 R	\$24 NR	\$54 R	\$66 NR	\$192 R	\$240 NR
Adult	\$36 R	\$42 NR	\$99 R	\$117 NR	\$360 R	\$432 NR
Senior	\$16 R	\$20 NR	\$42 R	\$54 NR	\$144 R	\$192 NR
Family (up to 4)	\$68 R	\$84 NR	\$198 R	\$246 NR	\$768 R	\$960 NR
Military	\$16 R & NR		\$42 R & NR		\$144 R & NR	
Military Family (up to 4)	\$48 R & NR		\$138 R & NR		\$528 R & NR	

Daily Fees Indoor/Outdoor Pools and Recreation Center

Child	\$4	Senior	\$4
Student	\$4.50	Family (up to 4)	\$14
Adult	\$5	Military	\$4

Fitness Room

The fitness room is open during the building's hours of operation (see inside front cover) to participants 14 and up. Spectators are not permitted. Proper attire must be worn at all times. These policies will be strictly enforced.

Racquetball

The court can be used for racquetball or wallyball. Court reservations can be made in advance for no more than two hours at a time. The court is open and available for use during the building's hours of operation (see inside front cover). **Reservation recommended.**

Game Tables

Use the billiard table (ages 12+) or game tables (ages 8+) in the War Memorial Building. Pool sticks available or bring your own. Fee: Free with paid daily visit or \$1.50 for game tables only.

Parks & Recreation

User Groups

Blue Ridge Youth Soccer Association
(540) 662-6380

Shenandoah Valley Youth Lacrosse
(540) 664-4826

Winchester Baseball
www.winchesterbaseball.com

Winchester BMX
(540) 324-3478

Winchester Horseshoe Club
(540) 877-1402

Winchester Rugby Football Club
newrugbyplayer@gmail.com

Winchester Swim Team
melaniemorrow@yahoo.com

Winchester-Frederick County Youth Football League (WFYFL)
mpartlow@partlowinsurance.com

Fitness Classes

Yoga, Zumba, Water Aerobics, and Aqua Arthritis are **included in the facility membership.** See page 17 for information on these classes.



Member Spotlight

by Jennifer Stotler,
Park Administration Coordinator

Recently I had the pleasure to talk with one of Winchester Parks and Recreation's long-standing and dedicated customers, Barbara Ryan.

Barbara lives in Front Royal, Virginia and moved to the area from Massachusetts.

Looking for a place where she could swim and participate in Water Aerobics, Barbara found Winchester Parks and Recreation's Indoor Pool and has been swimming three days a week at the pool since 1987.

Barbara finds that 1½ hours in the water is therapy for your body and mind! She acknowledged how friendly, concerned and accommodating the staff has been throughout the years.

Barbara's hobbies are swimming, reading and golf (she also works four days a week at a local golf course).

She wanted to let our readers know "This is one of my happy places"!

Park Amenities

& Facility Rentals

Park Amenities

Dog Park Yearly Membership Fees

First Dog: \$18 R, \$24 NR
Per Additional Dog: \$6 R, \$8 NR
Proof of registration and vaccination is required when purchasing a membership (3 dogs maximum). A special area for small dogs is also available. The dog park can be rented for parties. Call WPRD for details.

Hours

April 1 - October 31

Daily: 6 am - 9 pm

November 1 - March 31

Mon - Fri: 6 am - 5 pm

Saturday: 9 am - 5 pm

Sunday: Noon - 5pm

CLOSED Dec. 29-Jan. 4

Disc Golf

Experience this inexpensive, family-friendly sport that people of all skill levels and ages can play.

The 18-hole disc golf course located in Jim Barnett Park meanders through 170 acres and boasts a balance of long challenging holes and short strategic holes.

Scorecards are available at the course map located at the first hole or can be downloaded from winchesterva.gov/parks. Discs are available for rent at the War Memorial Building.

Fee: FREE Rental: \$2 each

Little Free Library

The Little Free Library is a community-friendly reading experience. It is a place people of all ages can come, pick out a book and read. Take one or return one, it is a free amenity supported by a local steward.

Whether someone wants to spend time in the park reading or is looking for something to take home, its sole purpose is to encourage reading. You can find our Little Free Library nestled in the rose garden next to the Jim Barnett Park War Memorial Building.

Little Free Library is a movement started by Todd Bol and Rick Brooks of Wisconsin, in 2010 and has grown to include little libraries in all states and dozens of countries. Little Free Library's mission is to promote literacy and the love of reading and build a sense of community as we share skills, creativity and wisdom across generations.

Facility Rentals

R=Resident, NR=Non-Resident

Social Hall

Plan your next gathering at the Active Living & Recreation Center in beautiful Jim Barnett Park. Our formal 6,750 sq. ft. social hall, which has a commercial kitchen, is perfect for your next gathering.

Need a larger space? We also have a 14,000 sq. ft. gymnasium for larger gatherings or events. Call for gym rental rates.

Hourly Rates

Social Hall \$63 R \$79 NR
Hall & Kitchen \$81 R \$102 NR

Contact WPRD for non-profit rates.

Rental must include set up and take down time. Kitchen may only be used with a caterer that is on Parks and Recreation's approved caterer's list.



Wedding Rentals

Included with the rental are table and chairs, audio/visual equipment, setup and take down of tables and chairs, and clean up service. Up to 175 guests.

Birthdays, Weddings, Reunions, and More.

Pavilion Rentals

Pavilions are available for full day rentals only. A full day is 9am-9pm. Pavilions can be used from April 15 - October 15. Reservations are taken year-round.

Facility	Capacity	R	NR
Jaycee I, Key Club I & II, Optimist	S 25	\$35	\$40
POW-MIA Memorial, Shawnee Lions, Firemans	M 26-75	\$55	\$60
Kiwanis I, Antique Car, Exchange	L 76-100	\$75	\$80
Lions, Rotary	XL 101-150	\$85	\$90

Non-Profit Rental Rates

The following requirements must be met in order to receive the discounted facility rental rate:

- Physically located in the Winchester city limits (zip code 22601)
- Provide proof of 501(c)(3) non-profit status

Facility	Hourly Rate
Lord Fairfax Room	\$19
Full Gymnasium	\$81
1/3 Gym	\$27
Recreation Room	\$5
Outdoor Pool	\$150
DMMS Auxiliary Gym	\$35
VACDES Gymnasium	\$35
Arts & Crafts Room	\$14
Full Court Gym	\$54
Social Hall	\$48
Indoor Pool	\$90
DMMS Gymnasium	\$47
QES Gymnasium	\$35
Elementary School Grounds	\$18

Download a

Facility Use Application:

winchesterva.gov/parks

Facility	Capacity	Resident	Non-Resident
Lord Fairfax Room	50	\$25	\$31
Arts & Crafts Room	50	\$19	\$23
Full Gymnasium	1,000	\$92	\$98
Full Court Gym	666	\$61	\$65
1/3 Gym	333	\$31	\$33
Social Hall	175	\$63	\$79
Recreation Room	20	\$6	\$8
Indoor Pool	80	\$96	\$112
Outdoor Pool	300	\$156	\$168
BMX Track*	200	\$17	\$23
Horseshoe Courts*	200	\$21	\$27
Tennis Court*	100	\$3	\$5
Bridgeforth Field*	300-1,500	\$22	\$30
Bodie Grim & Eagles Fields*	300-1,500	\$18	\$24
Rotary, Yost, T-Ball, and Henkel Harris Fields*	150-500	\$9	\$15
Preston Rectangular Field*	(Large)	\$18	\$24
Preston Rectangular Field*	(Small)	\$15	\$21

Winchester Public Schools Athletic-Based Facility Rentals

Daniel Morgan Middle Gym	600	\$49	\$50
Daniel Morgan Middle Auxiliary Gym	650	\$37	\$38
Quarles Elementary Gym	338	\$37	\$38
VA Avenue Charlotte DeHart Elementary Gym	338	\$37	\$38
Elementary School Grounds*	300-1,500	\$21	\$24
John Handley High Facilities	Call JHHS for reservations		

* \$10 flat fee for lighting and/or \$10 (ball field) or \$20 (soccer field) fee for field lining if needed.

Rental Rates

Rate listed is per hour. A \$25 hourly staffing fee will be applied to rentals scheduled outside the facility's regular hours of operation. Winchester Public Schools facility rentals must meet insurance requirements. Athletic facility rentals have a 2-hour minimum and additional custodial fees may apply. Winchester Parks & Recreation facility rentals under \$200 must be paid in full at time of reservation. Rentals \$200 and up require a 30% deposit.



Outdoor Pool Party Rentals

May 29-Sept. 6, Fri-Sun, 7-9pm, \$312 R, \$336 NR.



Rent the Gym

Saturday, 6-8pm

Rent the Indoor Pool

Saturday, 6-8pm \$192 R, \$224 NR

How to Register

Walk In

Walk-in registrations are accepted during building hours of operation.

By Phone

Call (540) 662-4946. Must be paid with a credit card and a completed registration form submitted.

By Email

Email wincparks@winchesterva.gov.

By Fax

(540) 678-8791

Visit www.winchesterva.gov/parks to download the registration form.

Payment is required at the time of registration for all classes and materials fees (where applicable). No registration will be processed without payment.

On the Cover

Alice in Wonderland Tea in Jim Barnett Park

Coming This Fall: Online Activity Registration!

Swim Lesson Registration

Participants have until the day before the first class of the session to register. However, understand it is a first-come, first-enter process.

If your child's class is full, you will be put onto a waiting list. If a spot becomes available, spaces are filled in order of the waiting list.

When you are registering:

- (R) means Resident of the City of Winchester (your zip code is 22601).
- (NR) means you are not a resident of the City of Winchester (your zip code is any thing other than 22601).
- You may register by phone or by stopping by the front desk at the park. Please note, we open at 5:30am Monday-Friday.
- Payment will be required at the time of registration. Your registration will not be processed without payment. Thank you for your understanding.
- Please do not register for multiple sessions at a time. Each child progresses at different speeds and it may take them more than one session before being ready to move to the next level. We cannot guarantee that your child will move to the correct level if incorrectly registered.

You will only be charged if your child is placed in a class. If your child does not get into the session, you will need to re-register for the next session. Students on the waiting list do not carry over to the next session.

Cancellations & Refunds

In the event of inclement weather, closings and cancellations will be announced via local radio stations, cable television stations, City of Winchester's Facebook, winchesterva.gov and the cancellation hotline. Call (540) 662-4946, Ext. 2833 for cancellations due to inclement weather. NOTE: Programs will be cancelled if minimum registration numbers are not met.

Refund Policy

View it online at winchesterva.gov/parks or ask the front desk.

Accommodations

WPRD welcomes participation in all programs and activities by individuals with disabilities and special needs. WPRD is committed to inclusion and providing recreation services in the most integrated setting in which interaction between people with and without disabilities is provided to the maximum extent feasible.

If you have a special need or request for reasonable accommodation in accordance with ADA, and want to assist the WPRD staff in addressing such need or request, we strongly urge you to contact WPRD in advance and in a timely manner, or indicate what these needs are on all registration forms. Please understand that failure to provide timely and appropriate notice of a special need and/or request for reasonable accommodation may result in a delay in registration. When feasible and appropriate, WPRD asks that requests for reasonable accommodation be made at least two weeks in advance of any activity or program.

Gym & Pool Schedules

Indoor Pool

Now - May 31

GENERAL SWIM	M	T	W	TH	F	S	SU
Noon - 1 pm	*	*	*	*	*		
2 - 4 pm						*	*
LAP SWIM	M	T	W	TH	F	S	SU
5:30 - 9:30 am							
9:30 - Noon		*		*			
10:30 - Noon							
Noon - 2 pm							
2 - 4:30 pm							
3 - 4:30 pm							
6 - 7 pm							
7:30 - 9:15 pm							
ACTIVE ADULT/THERAPEUTIC	M	T	W	TH	F	S	SU
1 - 2 pm	*	*	*	*	*		

* Only three lap lanes are available at this time.

Therapy Exercise Pool

During the summer, the temperature of the indoor pool is increased to 88 degrees. Enjoy this spacious 25 meter, up to 11½ foot deep warm water pool. For further details, contact Brandon Ware at (540) 662-4946 Ext. 1827 or brandon.ware@winchesterva.gov.

June 1 - September 6

GENERAL SWIM	M	T	W	TH	F	S	SU
2 - 4 pm							
2 - 4:30 pm							
2 - 5:30 pm							
ACTIVE ADULT/THERAPEUTIC	M	T	W	TH	F	S	SU
Noon - 2 pm							



Outdoor Pool

CLOSED June 19-21

for Winchester Swim Team Meet

Gym/Pool available Not available

Outdoor Pool

May 23 - May 31 and August 10 - September 7

GENERAL SWIM	M	T	W	TH	F	S	SU
12 - 5:45 pm							
LAP SWIM	M	T	W	TH	F	S	SU
5:30 - 8 am							
9 am - Noon							
10 am - Noon	*		*		*		

June 1 - August 9

GENERAL SWIM	M	T	W	TH	F	S	SU
12 - 5:45 pm							
LAP SWIM	M	T	W	TH	F	S	SU
5:30 - 8 am							
9 am - Noon							
10 am - Noon							

Please Call for Evening Lap Swim Hour at the Outdoor Pool.

* Only four lap lanes are available at this time.

Note: Children under 12 must be accompanied by an adult (18+) at all times in the water.

Open Gym

The gym will be available at the below times to anyone who would like to drop by Jim Barnett Park to play some hoops. This is not a league or program. Basketballs are available if needed. Organized practices of any kind are not permitted during Open Gym times. Anyone entering the gym must pay the daily fee or have a punch pass/membership.

April - May 31

ALL AGES	M	T	W	TH	F	S	SU
Noon - 3 pm							
4 - 5:45 pm							
7:30 - 9:15 pm							
AGES 30+	M	T	W	TH	F	S	SU
7:30 - 9:15 pm							

June 1 - August 9

ALL AGES	M	T	W	TH	F	S	SU
5 - 7 pm							
Noon - 5:30 pm							
AGES 30+	M	T	W	TH	F	S	SU
5 - 7 pm							

Registration Form

Attention: A separate form is needed for HIVE/HIVE Club and No School Days.

Name of Participant _____ Parent's Name (if applicable) _____
 Date of Birth _____ Phone _____
 Address _____ Email _____

 Program _____ Date/Time _____ Cost _____

Photo Permission: I _____ give or _____ do not give permission to Winchester Parks & Recreation Department to take my child's photo for use only in park-related promotional material.

WAIVER FOR PARTICIPANTS: I do hereby agree to allow the individual(s) named herein to participate in the aforementioned activities, and I further agree that the Winchester Parks & Recreation Department, program staff, and volunteers assume no responsibility for injuries while traveling to and from the place of play or while participating in an activity.

Participant's Signature (Parent/Guardian signature if participant is under age 18) _____ Date _____

GREEN
Winchester
CIRCLE

Coming Soon
Green Circle Trail Phase II

The next section of the Green Circle Trail (GCT) to be constructed is a segment known as Town Run Linear Park, Phase 2. It extends from the current GCT terminus at E. Pall Mall St near the CSX railroad trestle underpass to a point at the easternmost portion of E. Cecil Street along the east side of S. Kent Street. This is a very challenging segment of the trail and thus, a very expensive segment to build. It entails construction of a major switchback to traverse the steep grade at the northern end where the trail rises up out of the Town Run canyon up to the grade of the unimproved portion of the E. Cecil Street public right-of-way that today functions as an access point to rear parking areas for homes along the east side of S. Kent Street.

A majority of the trail is situated on City land, recently purchased from the Moose Lodge, but a smaller portion at the southern end traverses private property along the north side of E. Pall Mall Street that is slated to be improved in the future with an office development. The GCT will extend across the otherwise undevelopable western portion of this property within a trail easement that includes a bridge crossing of Town Run itself to get from the east side to the wooded west side of Town Run where the trail will generally follow the floodplain shelf of the Town Run concrete channel northward to where a gently sloped segment approaches the switchback. In the future, a side trail is contemplated to connect to the Patsy Cline House Museum or to a nearby property allowing direct access to that tourist destination.

The project was recently awarded to W-L Construction and Paving, allowing for construction to begin in the summer of 2015 with completion, hopefully, scheduled for late 2015. A small pocket park is proposed at the north end where the trail will then follow existing grid streets in the historic downtown area. Bikers will follow a separate alignment from walkers. The pedestrian alignment will follow streets where pedestrian crosswalks have protected movements and then follow an alignment along the Old Town walking mall. The bike alignment and walking alignment will reconnect on the west end of Old Town at the intersection of W. Boscawen Street and Washington Street where the trail then continues westward along W. Boscawen Street.

The Green Circle Trail project is mostly being funded by a federal Transportation Enhancement Program grant through VDOT. The City has a 20% local match. Land Planning & Design Associates (LPDA) was hired as consultant to prepare the conceptual and detailed plans.

(Information provided by Tim Youmans, Winchester Planning Director)

