



# Game Time

## Youth Athletic Programs



### Field Hockey (Ages 7-12)

| ACTIVITY # | SESSION   | REGISTRER BY: | DAY    | TIME        | FEE  | LOCATION |
|------------|-----------|---------------|--------|-------------|------|----------|
| 621643-21  | 1/10-2/21 | 1/4           | Sunday | 2:00-3:30pm | \$10 | JBP, Gym |
| 621643-22  | 2/28-4/17 | 2/22          | Sunday | 2:00-3:30pm | \$10 | JBP, Gym |

Ever want to learn how to play field hockey? WPRD is now offering FUNDamental Field Hockey through USA Field Hockey Association. Participants will learn the fundamentals of the game and have fun while playing. Mouth guard and shin guards are required, all other equipment will be provided.



### Indoor Soccer (Ages 5-10)

| ACTIVITY # | SESSION  | REGISTRER BY: | DAY               | TIME        | AGE  | FEE            | LOCATION |
|------------|----------|---------------|-------------------|-------------|------|----------------|----------|
| 621643-06  | 1/12-3/3 | 1/4           | Tuesday, Thursday | 5:30-7:30pm | 5-7  | \$44 R \$50 NR | JBP, Gym |
| 621643-07  | 1/11-3/2 | 1/4           | Monday, Wednesday | 5:30-7:30pm | 8-10 | \$44 R \$50 NR | JBP, Gym |

Don't put those shin guards away for the winter. Sign up today for the hottest winter indoor soccer league in the city. Players will learn the fundamentals of soccer and test those skills out during games. Shin guards are needed by each player.

\*All sessions are one hour long



### Pee Wee Basketball (Ages 5-8)

| ACTIVITY # | SESSION  | REGISTRER BY: | DAY      | TIME           | AGE | FEE            | LOCATION |
|------------|----------|---------------|----------|----------------|-----|----------------|----------|
| 621643-08  | 1/16-3/5 | 1/4           | Saturday | 9:00-11:00am   | 5-6 | \$40 R \$46 NR | JBP, Gym |
| 621643-09  | 1/16-3/5 | 1/4           | Saturday | 11:00am-1:00pm | 7-8 | \$40 R \$46 NR | JBP, Gym |

Lace up your high tops and get ready for this exciting basketball league. Learn the basics during practices and put those skills to use during games. \*All sessions are one hour long



### Winter JAMFest (Grades 5th-8th)

| ACTIVITY # | SESSION | REGISTRER BY: | DAY      | TIME          | GRADE | FEE        | LOCATION         |
|------------|---------|---------------|----------|---------------|-------|------------|------------------|
| 621643-14  | 2/20    | 2/15          | Saturday | 8:00am-8:00pm | 5th   | \$175/team | John Handley Gym |
| 621643-15  | 2/20    | 2/15          | Saturday | 8:00am-8:00pm | 6th   | \$175/team | John Handley Gym |
| 621643-16  | 2/20    | 2/15          | Saturday | 8:00am-8:00pm | 7th   | \$175/team | John Handley Gym |
| 621643-17  | 2/20    | 2/15          | Saturday | 8:00am-8:00pm | 8th   | \$175/team | John Handley Gym |

Sign up for these great tournaments and test your team's skills out against other great competitors. These are not AAU-sanctioned tournaments however, AAU teams are invited to participate. Three game guarantee. Boy's teams will be broken down into divisions of grades 5th-8th.



### Volleyball (Ages 11-15)

| ACTIVITY # | SESSION  | REGISTRER BY: | DAY               | TIME        | AGE   | FEE            | LOCATION |
|------------|----------|---------------|-------------------|-------------|-------|----------------|----------|
| 621643-10  | 3/8-4/28 | 2/29          | Tuesday, Thursday | 5:30-7:30pm | 11-12 | \$50 R \$56 NR | JBP, Gym |
| 621643-11  | 3/7-4/27 | 2/29          | Monday, Wednesday | 5:30-7:30pm | 13-15 | \$50 R \$56 NR | JBP, Gym |

Are you ready to bump, set, spike? Sign up for this great league and you can do all three! This league will help new players learn the fundamentals of volleyball and allow experienced players to continue improving their skills. \*All sessions are one hour long



### Start Smart Programs (Ages 3-5)

| ACTIVITY # | SPORT      | SESSION   | REGISTRER BY: | DAY      | TIME            | FEE            | LOCATION |
|------------|------------|-----------|---------------|----------|-----------------|----------------|----------|
| 621643-13  | Basketball | 3/12-4/30 | 2/29          | Saturday | 9:00-10:00am    | \$49 R \$55 NR | JBP, Gym |
| 621643-12  | Soccer     | 3/12-4/30 | 2/29          | Saturday | 10:00-11:00am   | \$49 R \$55 NR | JBP, Gym |
| 621643-20  | Football   | 3/12-4/30 | 2/29          | Saturday | 11:00am-12:00pm | \$49 R \$55 NR | JBP, Gym |

Is your child ready to start sports? Start Smart empowers parents to work with their children to teach the fundamentals of that sport. Each child will get a participant kit with equipment they keep to help them improve their skills when the program is over. Don't miss out, space is limited! No Class 4/2 or 4/9



# Youth Athletic Programs Con't



## BMX 101 (Ages 4+)

| ACTIVITY # | SESSION   | REGISTRER BY: | DAY     | TIME        | FEE  | LOCATION  |
|------------|-----------|---------------|---------|-------------|------|-----------|
| 621643-01  | 4/12-5/17 | 4/4           | Tuesday | 5:30-6:30pm | \$24 | BMX Track |

Bicycle motorcross (BMX) is currently the fastest growing youth sport in North America and is now an Olympic sport. BMX offers every rider the ability to participate at his or her own pace and no one ever sits on the bench! BMX 101 will teach all the basic skills necessary to begin racing. Riders are required to wear long pants, long sleeve shirts, enclosed shoes (sneakers) and a full face helmet. The track has loaner helmets that can be borrowed during class. Participants must bring their own bike. Any bike can be used with a few minor adjustments. The kickstand, reflectors, chain guard and pegs must be removed for safety reasons. For more information, please contact Winchester BMX at 540-324-3478 or [www.winchesterbmx.org](http://www.winchesterbmx.org)

## Spring JAMFest (Grades 5th-8th)



| ACTIVITY # | SESSION | REGISTRER BY: | DAY      | TIME          | GRADE | FEE        | LOCATION         |
|------------|---------|---------------|----------|---------------|-------|------------|------------------|
| 621347-01  | 5/14    | 5/9           | Saturday | 8:00am-8:00pm | 5th   | \$175/team | John Handley Gym |
| 621347-02  | 5/14    | 5/9           | Saturday | 8:00am-8:00pm | 6th   | \$175/team | John Handley Gym |
| 621347-03  | 5/14    | 5/9           | Saturday | 8:00am-8:00pm | 7th   | \$175/team | John Handley Gym |
| 621347-04  | 5/14    | 5/9           | Saturday | 8:00am-8:00pm | 8th   | \$175/team | John Handley Gym |

Sign up for these great tournaments and test your team's skills out against other great competitors. These are not AAU-sanctioned tournaments however, AAU teams are invited to participate. Three game guarantee. Boy's teams will be broken down into divisions of grades 5th - 8th.

# Adult Athletic Programs



## Senior Drop In Pickleball (Ages 55+)

| SESSION  | DAY     | TIME         | FEE                      | LOCATION |
|----------|---------|--------------|--------------------------|----------|
| 1/5-5/31 | Tuesday | 9:00-11:00am | \$2/Free with membership | JBP, Gym |

Pickleball is a racket sport that blends tennis, badminton and ping pong. The main objective of Pickleball is to keep the ball in play over a net that is three feet off the ground, while utilizing placement and pace. Pickleball can be played as either singles (2 people) or doubles (4 people). Equipment consists of oversized ping pong type paddles and a plastic perforated ball. All equipment needed to play will be provided.



## Adult Open Wallyball League (Ages 18+)

| ACTIVITY # | SESSION  | REGISTRER BY: | DAY     | LEAGUE TIME | FEE       | LOCATION        |
|------------|----------|---------------|---------|-------------|-----------|-----------------|
| 611645-04  | 1/12-3/1 | 1/4           | Tuesday | 6:00-9:00pm | \$30/team | Wallyball Court |

If you're looking for fast paced fun, then our Open Wallyball League is for you. All skill levels welcome. Teams will play 3 on 3.



## Drop In Volleyball (Ages 18+)

| SESSION    | DAY     | TIME        | FEE | LOCATION |
|------------|---------|-------------|-----|----------|
| 3/8 - 4/26 | Tuesday | 7:30-9:30pm | \$2 | JBP, Gym |
| 5/3 - 8/30 | Tuesday | 6:00-9:30pm | \$5 | JBP, Gym |

Players will divide into teams on site and play pick-up games.

## 3rd Annual "Swinging Fore Sports" Golf Tournament (Ages 5+)



| ACTIVITY # | SESSION | REGISTRER BY: | DAY      | START TIME | FEE        | LOCATION                |
|------------|---------|---------------|----------|------------|------------|-------------------------|
| 621645-06  | 5/5     | 5/2           | Thursday | 1:00pm     | \$320/team | Winchester Country Club |

Grab your clubs, round up a team and join Winchester Parks and Recreation at Winchester Country Club Golf Course for the 3rd Annual "Swinging Fore Sports" Golf Tournament. The format is 4-man captain's choice for all ages. Dinner will be served following the tournament. 1pm shot gun start. Rain date is June 9

## Adult Kickball League (Ages 21+)



| ACTIVITY # | SESSION   | REGISTRER BY: | DAY     | TIME        | FEE        | LOCATION            |
|------------|-----------|---------------|---------|-------------|------------|---------------------|
| 621645-05  | 5/10-6/14 | 5/2           | Tuesday | 6:30-9:30pm | \$100/team | Henkel Harris Field |

This co-ed league is played like the elementary school game you remember - the one with the big red playground ball. It's an easy game that is open to all skill levels. Even YOU can be a kickball superstar! \*All games are one hour long\*

## Ultimate Frisbee League (Ages 16+)



| ACTIVITY # | SESSION    | DAY       | TIME         | FEE (PER TEAM)  | FEE (PER INDIVIDUAL) | LOCATION                        |
|------------|------------|-----------|--------------|-----------------|----------------------|---------------------------------|
| 621645-05  | 4/13 - 5/1 | Wednesday | 6:00-10:00pm | \$130 R \$140NR | \$13 R \$14 NR       | Jim Barnett Park, Preston Field |

Combining the non-stop movement and athletic endurance of soccer with the aerial passing skills of football, a game of Ultimate is played by two seven-player squads with a high-tech plastic disc on a field similar to football. The object of the game is to score by catching a pass in the opponent's end zone. Ultimate is played in more than 42 countries by hundreds of thousands of men and women, girls and boys. Option available to sign up as an individual and get placed on a team.

\*Teams of 7 Players minimum, 12 Players maximum per team

