

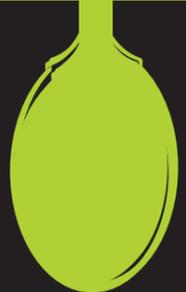
Bon Appétit!



Thai Cooking Classes (Ages 18+)
Naomi Mcmanigle from Tastefully Thai will be teaching Thai cooking classes! Thai cuisine consists of a large variety of unique dishes varying in flavor, texture, and ingredients. If you love Thai food and would like to know how to make these dishes in your home come join us for Tastefully Thai cooking classes and learn all you need to know. You will learn about what ingredients you need to use to get that authentic Thai taste. You will also learn how to make each dish gluten free. You will get to watch how the food is prepared, help prepare the food and then taste the food. You will be given the recipes to take home and try for yourself! 6-8pm (Thursday), at Jim Barnett Park, Kitchen. Fee: \$33R, \$36 NR. Sept. 4 (Register by Sept. 1), Sept. 18 (Register by Sept. 15), Oct. 2 (Register by Sept. 29), Oct. 16 (Register by Oct. 13), Oct. 30 (Register by Oct. 27), Nov. 13 (Register by Nov. 10), Dec. 4 (Register by Dec. 1). *Activity# 637245-01-07.*

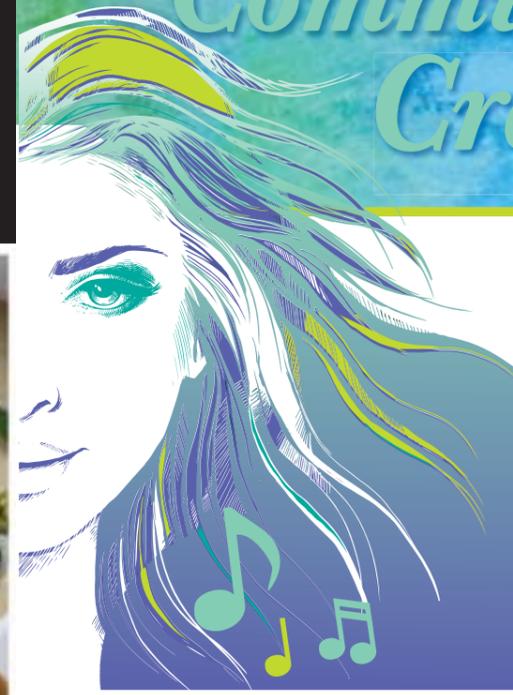
Cook Well, Live Well, Eat Well (Ages 18+)
Are you lost in the kitchen and don't know the difference between braise, boil, sauté, fry, fold or stir? This class focuses on basic, quick and healthy meal preparation and skills for anyone wanting to learn more about food and cooking techniques. Learn how to stock your pantry, tips for portion control, shopping, and planning and how to put together delicious, quick healthy meals in just minutes. Each class will feature a food demonstration and tasting. Participants will have an opportunity to practice skills as they help prepare nutritious dishes. Instructor: Rebecca Davis. Oct. 1 & 8 (Wednesday), 5:30-8pm, at Jim Barnett Park, Kitchen. Fee: \$27 R, \$30 NR. Register by Sept. 30. *Activity# 637245-17.*

Servsafe Food Handler Course (Ages 18+)
This three-hour ServSafe Food Handler Course was developed by the Educational Foundation of the National Restaurant Association and covers why food safety is important, personal hygiene, controlling time and temperature, preventing cross contamination and cleaning and sanitizing. The class is designed for employees of food service operations at hotels, restaurants, schools, clubs, stores, institutions, and those who want to learn to cook safely. Instructor: Rebecca Davis. Sept. 25 (Thursday), 5:30-8:30pm, at Jim Barnett Park, Social Hall. Fee: \$27 R, \$30 NR. Register by Sept. 19. *Activity# 637245-15.*



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Communication & Creative Expressions



Portrait Drawing in Graphite/ Colored Pencil from Photographs (Ages 18+)
Learn to draw and color portraits from your favorite photos or those given in class. You'll learn blended and shading techniques using different methods with grids and transfer paper that captures the soft tones and dimensional shapes of skin, hair and clothing. You'll also learn how to master proportion and put the features together, then gradually shade and blend your way to amazing lifelike portraits. You have a choice of working in graphite or colored pencil or both. Instructor: Robin Palmer. Nov. 4-Dec. 9 (Tuesday), 5-7pm, at Jim Barnett Park, Arts & Crafts Room. Fee: \$47 R, \$50 NR. Register by Oct. 28. *Activity# 637215-03.*

Drawing (Ages 18+)
For those that have always wanted to draw but thought they had to be born with the talent. It's not true! Learn to draw using the right side of your brain and with grid methods. An additional \$20 material fee will need to be paid to the instructor the first night of class, and you will be able to keep the materials after the class. Instructor: Robin Palmer. Sept. 29-Nov. 3 (Monday), 5-7pm, at Jim Barnett Park, Arts & Crafts Room. Fee: \$47 R, \$50 NR. Register by Sept. 22. *Activity# 637215-01.*

Oil Painting (Ages 16+)
No previous art classes are needed for this class, just an interest in painting and a willingness to learn. Each student will learn how to create dynamic paintings to express their own unique, artistic vision. The instructor will bring landscapes to fit 20x24 canvases. Students will choose one landscape to trace onto a canvas. You will learn canvas preparation, laying out the palette and choice of brushes. Color, composition and perspective to highlight texture and focus will be areas of concentration. Oil painting has become more artistic-friendly in recent years, due to a product "Liquin Original" which allows oils to dry overnight instead of weeks. Instructor: Jacqueline Bray. Oct. 7-30 (Register by Oct. 1) and Nov. 4-Dec. 2* (Register by Oct. 28), (Tuesday and Thursday), 5:30-7pm, at Jim Barnett Park, Pool Lobby. Fee: \$46 R, \$49 NR. *No class Nov. 27. *Activity# 637215-05-06.*

Colored Pencil (Ages 18+)
Whether you choose to use colored pencils for sketches or to create fully rendered drawings, you will find colored pencils a joy to work with. Come learn the many approaches and techniques in colored pencil art. A \$20 material fee will need to be paid to the instructor the first night of class, and you will be able to keep the materials after the class. Instructor: Robin Palmer. Oct. 1-Nov. 5 (Wednesday), 5-7pm, at Jim Barnett Park, Lord Fairfax Room. Fee: \$47 R, \$50 NR. Register by Sept. 24. *Activity# 637215-02.*

Half-Hour Guitar Lessons (Ages 8+)
Receive private instruction with the goal of becoming the best guitarist you can be. Learn how to read music and play some of your favorite tunes. Instructor will contact student to schedule dates and times. Instructor: Marshall Wacker. Includes four sessions. Location: Jim Barnett Park, Recreation Room. Fee: \$62 R, \$65 NR. Registration is on-going. *Activity# 637415-02.*

One-Hour Guitar Lessons (Ages 8+)
These lessons are ideal for more advanced guitar players. Longer instruction time allows for more growth and learning at every lesson. Instructor will contact student to schedule dates and times. Instructor: Marshall Wacker. Includes four sessions. Location: Jim Barnett Park, Recreation Room. Registration is on-going. Fee: \$126 R, \$129 NR. *Activity# 637415-01.*

Introduction to Spanish (Ages 18+)
This class has been designed for beginners who have little or no exposure to the Spanish language. The course will use activities in writing, reading, and listening to familiarize the student with the basic sounds of words and phrases to build up an extensive vocabulary. Students will also learn basic but fundamental grammar principles in preparation for conversational Spanish. Topics will include: the alphabet, greetings, numbers, colors, the body, clothing, food, pronouns and a list of regular and irregular verbs. Instructor: Angela Gates. Sept. 29-Nov. 20 (Monday and Thursday), 6:30-7:30pm, at Jim Barnett Park, Recreation Room. Fee: \$63 R, \$66 NR. Register by Sept. 22. *Activity# 637212-04.*

Writing For Pleasure and Profit (Ages 18+)
Unlock the stories you have inside! Whether you aim to write a family memoir, create a moving personal essay or produce pieces to submit for publication, this class will introduce techniques that work. Classes will offer instruction from formulating story ideas to tackling the blank computer screen, editing a first draft and finally, finishing a piece of work. Using the methods taught in this course, anyone can have a more satisfying experience as a writer. The instructor is a widely published journalist and author with more than 35 years experience, whose work has appeared regionally and nationally. Instructor: Maggie Wolff Peterson. Oct. 8-Nov. 12 (Wednesday), 2-3:30pm, at Jim Barnett Park, Recreation Room. Fee: \$35 R, \$38 NR. Register by Oct. 1. *Activity# 637212-05.*

Knitting/Crochet Club (Ages 16+)
Want a place to relax and talk to others who have the same interest in knitting or crochet? Then come join us for some well needed me time. Swap patterns or yarn, and learn new creative techniques and ideas from each other! Sept. 17-Dec. 17 (Wednesday), 9-Noon, at Jim Barnett Park, Recreation Room. Fee: \$5 R, \$8 NR. Register by Sept. 15. *Activity# 637115-01.*

