

Game Time Youth Leagues



Flag Football (Ages 5-7)

Provides a fun and exciting opportunity to engage in non-contact, continuous action while learning about teamwork. All participants are required to wear a mouth guard. Weekday practices and Saturday morning games.

Activity #: 631643

Fee: \$34 R \$40 NR

Register by: 8/22

Location: Jim Barnett Park, Eagles Field



SESSION	DAY	TIME	SECTION
8/31-10/29	Wednesday	5:30-6:30pm	01
	Saturday	mornings	

Flag Football (Ages 8-10)

Provides a fun and exciting opportunity to engage in non-contact, continuous action while learning about teamwork. All participants are required to wear a mouth guard. Weekday practices and Saturday morning games.

Activity #: 631643

Fee: \$34 R \$40 NR

Register by: 8/22

Location: Jim Barnett Park, Eagles Field

SESSION	DAY	TIME	SECTION
8/31-10/29	Wednesday	6:30-7:30pm	02
	Saturday	mornings	

Youth Drop In Volleyball (Ages 10-15)

Drop In Volleyball is open for all children ages 10-15. There will be 2 nets set up and volleyballs will be provided. Please note: There is no instruction provided.

Location: Jim Barnett Park, Gym

SESSION	DAY	TIME	FEE
9/11-10/30	Sunday	1:30-3:30pm	\$2



Junior Basketball (Ages 9-10)

This exciting basketball league gives each player a chance to improve their skills while enjoying being part of a team. Practices are twice a week for one hour and games are on Saturday mornings.

Activity #: 611643

Fee: \$44 R \$50 NR

Register by: 10/24

Location: Jim Barnett Park, Gym



SESSION	DAY	TIME FRAME	SECTION
11/2-12/21	Monday/Wednesday	5:30-7:30pm	01
	Saturday	mornings	

Senior Basketball (Ages 11-13)

This exciting basketball league gives each player a chance to improve their skills while enjoying being part of a team. Practices are twice a week for one hour and games are on Saturday mornings.

Activity #: 611643

Fee: \$44 R \$50 NR

Register by: 10/24

Location: Jim Barnett Park, Gym

SESSION	DAY	TIME FRAME	SECTION
11/1-12/22	Tuesday/Thursday	5:30-7:30pm	02
	Saturday	mornings	

*No session 11/24





Game Time

Adult Programs

BMX101 (Ages 4+)

Bicycle motorcross (BMX) is currently the fastest growing youth sport in North America and is now an Olympic sport. BMX offers every rider the ability to participate at his or her own pace and no one ever sits on the bench! BMX 101 will teach all the basic skills necessary to begin racing. Riders are required to wear long pants, long sleeve shirts, enclosed shoes (sneakers) and a full face helmet. The track has loaner helmets that can be borrowed during class. Participants must bring their own bike. Any bike can be used with a few minor adjustments. The kickstand, reflectors, chain guard and pegs must be removed for safety reasons. For more information, please contact Winchester BMX at 540-324-3478 or www.winchesterbmx.org

Activity #: 631643

Fee: \$16

Register by: 9/12

Location: Jim Barnett Park, BMX Track

SESSION	DAY	TIME FRAME	SECTION
9/15-10/6	Thursdays	5:30-6:30pm	10

Soccer Shots Classic (Ages 3-5)

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation. **No Class 9/24.*

Register Online: <https://www.soccershots.org/northwesternva/>

Fee: \$75

Register by: day of

Location: Jim Barnett Park, Gym

SESSION	DAY	TIME
9/12-10/17	Monday	5:30-6:15pm
9/10-10/22	Saturday	9:30-10:15am

Soccer Shots Premier (Ages 5-8)

Soccer Shots Premier focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

**No Class 9/24*

Register Online: <https://www.soccershots.org/northwesternva/>

Fee: \$75

Register by: day of

Location: Jim Barnett Park, Gym

SESSION	DAY	TIME
9/12-10/17	Monday	6:30-7:15pm
9/10-10/22	Saturday	10:30-11:15am

Drop In Volleyball (Ages 18+)

Players will divide into teams on site and play pickup games.

Location: Jim Barnett Park, Gym

SESSION	DAY	TIME	FEE
9/6-10/25	Tuesday	6:00-9:15pm	\$2
11/6-12/18	Sunday	12:30-3:30pm	\$2

Kickball (Age 18+)

This co-ed league is played like the elementary school game you remember - the one with the big red playground ball. It's an easy game that is open to all skill levels. Even YOU can be a kickball superstar!

Activity #: 631645

Fee: \$100/team

Register by: 8/29

Location: Jim Barnett Park, Henkel Harris Field

SESSION	DAY	TIME FRAME	SECTION
9/6-10/11	Tuesday	6:30-9:30pm	03

Wallyball (Age 18+)

If you're looking for fast paced fun, then our Open Wallyball League is for you. All skill levels welcome. Teams will play 3 on 3.

Activity #: 631645

Fee: \$30/team

Register by: 9/5

Location: Jim Barnett Park, Racquetball Court

SESSION	DAY	TIME FRAME	SECTION
9/12-11/14	Monday	6:00-9:00pm	08

Senior Drop In Pickleball (Ages 55+)

Pickleball is a racket sport that blends tennis, badminton and ping pong. The main objective of Pickleball is to keep the ball in play over a net that is three feet off the ground, while utilizing placement and pace. Pickleball can be played as either singles (2 people) or doubles (4 people). Equipment consists of oversized ping pong type paddles and a plastic perforated ball. All equipment needed to play will be provided.

Location: Jim Barnett Park, Gym

**No Session on 10/18*

SESSION	DAY	TIME	FEE
9/6-12/20	Tuesday	9:00am-11:00am	\$2/ Free with membership