

# Winchester

parks and recreation *Virginia*  
Fall 2015



Now Available!  
Online Registration

**StrollerStrut | CoffeeNCanvas | BusTrips | AdultKickball**  
**TravelingSam'sWorld | SpookySplashHauntedBash**

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**Our Mission:** We are dedicated to providing comprehensive, quality, and safe recreation and park programs, facilities and services that enrich the quality of life for the Winchester community and beyond.

## Advisory Board Members

The Board meets the fourth Monday of every month at 6:30 pm in the War Memorial Building.

John Bentley  
Shelly Lee  
Rosie Schiavone  
Regina Coates

Jules Bacha  
Michael Miller  
James Robertson  
2 Vacant Seats

[winchesterva.gov/parks](http://winchesterva.gov/parks)  
(540) 662-4946

## Administration Office Hours:

M-F 8am - 5pm

Interim Parks & Recreation Director: Lynn Miller  
[lynn.miller@winchesterva.gov](mailto:lynn.miller@winchesterva.gov)

Park Administration Coordinator and Acting Assistant Director: Jennifer Stotler  
[jennifer.stotler@winchesterva.gov](mailto:jennifer.stotler@winchesterva.gov)

Superintendent of Parks: Mike Nail  
[mike.nail@winchesterva.gov](mailto:mike.nail@winchesterva.gov)

## Recreation Center Hours:

June 1-Aug. 9	Aug. 10-May 31, 2016
M-F 5:30am-7:30pm	M-F 5:30am-9:30pm
Sa Noon-6pm	Sa 9am-6pm
Su CLOSED	Su Noon-6pm

Closed: Sept. 7, Nov. 26-27, Dec. 24-25, Jan. 1

1001 E. Cork Street, Winchester, VA 22601  
(540) 662-4946 (540) 678-8791 Fax  
Cancellation Hotline: extension 2833  
[wincparks@winchesterva.gov](mailto:wincparks@winchesterva.gov)

# Bon Appétit!

Come experience a cooking class in our kitchen. Enjoy cooking new and interesting foods, and then try them for yourself. What could be better than cooking, eating and no clean up! Bring friends and family to experience the joy of food!

## Tasty Home Cooking (Ages 18+)

Come join food blogger and cooking instructor Patricia Reitz as she teaches how to cook delicious budget-friendly meals from scratch that your family and friends will love. During this class she will be teaching how to cook Oven Roasted Salmon Fillet with Ginger Soy Glaze, Wrinkled Green Beans, and Chinese Almond Cookies. October 20 (Tuesday), 5:30-7:30pm, at Jim Barnett Park, Kitchen. Fee: \$27 R, \$30 NR. Register by October 13. Activity# 637245-19.

## Cooking Appetizers (Ages 18+)

Come join food blogger and cooking instructor Patricia Reitz as she teaches how to cook delicious budget-friendly meals from scratch that your family and friends will love. During this class she will be teaching how to prepare different appetizers. November 3 (Tuesday), 5:30-7:30pm, at Jim Barnett Park, Kitchen. Fee: \$27 R, \$30 NR. Register by October 27. Activity# 637245-18.

## Mother/ Daughter Cooking Class (Ages 8-12)

What could be more fun than a mother/daughter gingerbread cookie class? Together you'll

make wonderful memories while baking and decorating delicious gingerbread cookies. Patricia will not only teach you her fool-proof recipes, but she'll also share various decorating techniques and helpful tips & tricks for baking perfect cookies every time. Students will get to take cookies home after class. The cost of the class is for mother and daughter! Instructor: Patricia Reitz. December 1 (Tuesday), 5:30-7:30pm, at Jim Barnett Park, Kitchen. Fee: \$30 R, \$33 NR. Register by November 24. Activity# 637245-20.

## Cake Pops (Ages 16+)

Everyone loves Cake Pops! Come learn how to make festive Halloween, Thanksgiving, and Christmas-themed Cake Pops to share with family and friends during your holiday celebrations. They're fun to make, and even more fun to eat! Students will get to take cake pops home after class. Instructor: Patricia Reitz. October 13 (Tuesday), 5:30-7:30pm, at Jim Barnett Park, Kitchen. Fee: \$22 R, \$25 NR. Register by October 6. Activity# 637245-21.



# GAME TIME!



## Youth



### Boys Jr. and Sr. Basketball

This exciting basketball league gives each player a chance to improve their skills while enjoying being part of a team. Practices are twice a week for one hour and games are on Saturday mornings.

#### (Ages 9-10)

November 2-December 19 (Monday and Wednesday 5:30-7:30pm and Saturday morning), at Jim Barnett Park, Gym. Fee: \$44 R, \$50 NR. Register by Oct. 25. Activity# 611643-01.

#### (Ages 11-13)

November 3-December 19 (Tuesday and Thursday 5:30-7:30pm and Saturday morning), at Jim Barnett Park, Gym. Fee: \$44 R, \$50 NR. Register by Oct. 25. Activity# 611643-02.

### Start Smart Basketball (Ages 3-5)

Is your child ready to start sports? Start Smart Basketball empowers parents to work with their children to teach the fundamentals of basketball. Parent's must participate in drills with child. Each child will get a participant kit with equipment they keep to help them improve their skills when the program is over. Don't miss out, space is limited! September 12-October 17 (Saturday), 9-10am, at Jim Barnett Park, Gym. Fee: \$49 R, \$55 NR. Register by September 3. Activity# 611643-03.

### Start Smart Soccer (Ages 3-5)

Is your child ready to start sports? Start Smart Soccer empowers parents to work with their children to teach the fundamentals of soccer. Each child will get a participant kit with equipment they keep to help them improve their skills when the program is over. Don't miss out, space is limited! September 12-October 17 (Saturday), 10-11am, at Jim Barnett Park, Gym. Fee: \$49 R, \$55 NR. Register by September 3. Activity# 611643-04.

### Start Smart Football (Ages 3-5)

Is your child ready to start sports? Start Smart Football empowers parents to work with their children to teach the fundamentals of football. Each child will get a participant kit with equipment they keep to help them improve their skills when the program is over. Don't miss out, space is limited! September 10-October 15 (Thursday), 6-7pm, at Jim Barnett Park, Gym. Fee: \$49 R, \$55 NR. Register by September 3. Activity# 611643-05.

### Flag Football

Provides a fun and exciting opportunity to engage in non-contact, continuous action while learning about teamwork. All participants are required to wear a mouth guard. Weekday practices and Saturday games.

#### (Ages 5-7)

September 2-October 24 (Wednesday 5:30-6:30pm and Saturday morning), at Jim Barnett Park, Eagles Field. Fee: \$34 R, \$40 NR. Register by August 21. Activity# 631643-01.

#### (Ages 8-10)

September 2-October 24 (Wednesday 6:30-7:30pm and Saturday morning), at Jim Barnett Park, Eagles Field. Fee: \$34 R, \$40 NR. Register by August 21. Activity# 631643-02.

#### (Ages 11-13)

September 2-October 24 (Wednesday 7:30-8:30pm and Saturday morning), at Jim Barnett Park, Eagles Field. Fee: \$34 R, \$40 NR. Register by August 21. Activity# 631643-03.



## Adult



### Adult Co-Ed Volleyball League (Ages 18+)

Teams consisting of 3 females and 3 males will compete in this exciting league. Single elimination tournament will follow the regular season. September 8-October 27 (Tuesday), 5:30-9pm, at Jim Barnett Park, Gym. Fee: \$150 per team. Register by August 31. Activity# 631645-01.

### Drop In Volleyball (Ages 18+)

Players will divide into teams on site and play pick up games. May 5-September 1 (Tuesdays), 6-9:30pm, at Jim Barnett Park, Gym. Fee: \$5 drop in.

### Adult Open Wallyball League (Ages 18+)

If you're looking for fast paced fun, then our Open Wallyball League is for you. All skill levels welcome. Teams will play 3 on 3. September 14-November 16 (Monday), 6-9pm, at Jim Barnett Park Wallyball Court. Fee: \$30 per team. Register by September 6. Activity# 631645-08.

### Adult Kickball League (Ages 21+)

This co-ed league is played like the elementary school game you remember - the one with the big red playground ball. It's an easy game that is open to all skill levels. Even YOU can be a kickball superstar! September 8-October 13 (Tuesday), 6:30-9:30pm, at Jim Barnett Park, Henkel Harris Field. Fee: \$100 per team. Register by August 31. Activity# 631645-03.



# Creative Kids



## The HIVE & HIVE Club

Located at Jim Barnett Park in the War Memorial Building, the HIVE (Grades PreK-4) and HIVE Club (Grades 5-8) offers a wide variety of both active and passive activities including sports, enrichment activities, games, crafts, and much more! Participants keep moving and the fun never stops. HIVE & HIVE Club is offered from the first day through the last day of school (Winchester Public Schools), from school dismissal-6pm, Monday-Friday.

Transportation is provided by Winchester Public Schools. Registration forms are taken throughout the school year as space is available. There is a \$15 non-refundable registration fee.

**Registration is on-going.**

## The HIVE (Grades Pre-K-4)

Activity# 641142

Two payment options:

- 1) \$60/week
- 2) "An10a" 10 Punch Pass for \$140

## HIVE Club (Grades 5-8)

Activity# 641143

Two payment options:

- 1) \$30/week or
- 2) "An10a" 10 Punch Pass for \$80

## You're Invited

HIVE and HIVE Club parents are invited to attend training for our **new online registration** system! August 6 (Thursday), at 6pm, at Jim Barnett Park, Lord Fairfax Room.

## PB&J Club (Ages 1-5) NOW AT A NEW TIME!

Play, Bounce and Jump, refine motor skills and have fun with a gym full of toddler-appropriate play equipment. Jump on the small trampoline, crawl through the tunnel maze, climb over the padded hills, or play ball. This exciting program lets kids and parents play freely, without worrying about the clean up or weather. All equipment is safe and properly sanitized before each program. 2nd and 4th Wednesdays starting September 9, 9-11:30am, at Jim Barnett Park, Gymnasium. **Special Friday evening sessions** September 18 and November 20, 3-7:45pm. Fee: \$3R, \$3.50 NR (Adults are free). Purchase a punch pass for PB&J with 10 punches. \$30 R, \$35 NR. \*PB&J Club will not be held Nov. 25 and Dec. 23.

Stephanie Frazier –  
stephanie.frazier@winchesterva.gov

## No School Days (Ages 5-12)

When school is out, bring your child to a fun-filled day at the park. 8am-6pm in the George Washington Room. Activity# 641511-01-06.

October 12 (Monday)

November 3 (Tuesday)

November 25 (Wednesday), until 4pm

December 28 (Monday), until 5pm

December 29 (Tuesday), until 5pm

December 30 (Wednesday), until 5pm

Fee: \$30 Non-HIVE members, \$20 HIVE "An10a" Punch Card Users, \$8 HIVE Worker Bees (Weekly Users) \$14 HIVE Club Worker Bees (weekly users)\* Registrations will not be taken after the deadline. Register by the Monday prior to the date needed. Current enrolled HIVE and HIVE Club members receive discounted rates.



## Ki-Aikido (Ages 6-13)

Aikido is a modern martial art system with traditional roots, practiced for awareness, health/fitness/wellness, and spiritual/personal exploration, and self-defense. Aikido is a paradoxical practice because it teaches not-fighting; it is often called "The Way of Peace." Practice is filled with smiles, laughter, cooperation, and also a sincere earnestness. Instructor Jim Vogt, a 20 year practitioner, is an affiliate of the Eastern Ki Federation. September 19-October 10 (Register by September 12), October 24-November 14 (Register by October 17), and November 28-December 19 (Register by November 21), Saturday, 10-11am, at Jim Barnett Park, Lord Fairfax Room. Fee: \$20 R, \$23 NR. Activity# 637242-07-09.

## Ballet (Ages 4-9)

Come join us for a fun filled course introducing children to the basics of ballet. Warm-ups and stretching will lead into fundamental dance moves. Children will also be introduced to proper terminology of ballet. Ballet shoes are welcome but not required! Instructor Liz Lewis has been teaching for 4 years, and dancing for 18 years. September 17-October 22 (Register by September 14) and November 5-December 17\* (Register by October 29), Thursday, at Jim Barnett Park, Lord Fairfax Room. Fee: \$31 R, \$34 NR. \*No class Nov. 26.

(Ages 4-6) 5:30-6:30pm, Activity# 637242-03-04.

(Ages 7-9) 6:30-7:30pm, Activity# 637242-11-12.

## Pokémon Card Club (Ages 5+)

Are you looking for some competition with other Pokémon players? Do you want to learn the exciting game of Pokémon? This club allows area players to play one another and teach new players the basics. All ages and skill levels welcome. Bring your 60 card deck and join the battle. No deck? The leader will have some decks available for use. Instructor: Mary Ivie. September 21 (Register by September 14), October 26 (Register by October 19), 4:30-6pm, at Jim Barnett Park, Recreation Room. Fee: \$3 R, \$5 NR. Activity# 627117-05-06.

## Traveling Sam's World (Ages 5-11)

Sam travels the globe with a camera and his guitar so he can share what he learns with you! Learn about the cultures of the world through music, art, cooking, stories, and crafts. Take home your own Traveling Sam so you can share your travels and stories with kids just like you near and far! There is a \$5 material fee paid to the instructor on the first day of class for cooking materials. Instructor: Maria Camilo. October 6-27 (Tuesday), 5-7pm, at Jim Barnett Park, Lord Fairfax Room. Fee: \$20 R, \$23 NR. Register by September 29. Activity# 637242-05.

## Traveling Sam's World for Special Needs (Ages 5-11)

Sam travels the globe with a camera and his guitar so he can share what he learns with you! Learn about the cultures of the world through music, art, cooking, stories, and crafts. Take home your own Traveling Sam so you can share your travels and stories with kids just like you near and far! This class is special needs friendly. Siblings are encouraged to attend together. There is a \$5 material fee paid to the instructor on the first day of class for cooking materials. Instructor: Maria Camilo. October 1-22 (Thursday), 5-7pm, at Jim Barnett Park, Recreation Room. Fee: \$20 R, \$23 NR. Register by September 25. Activity# 637242-06.

## Authors Wanted! (Ages 8-12)

Become an author! Join professional storyteller Mackenzie Vanover of Toogy Tales to learn the process of creating an original children's picture book! Students will compose an imaginative story and create corresponding illustrations, as the group explores the stories and pictures of famous authors such as Eric Carle and Mo Willems. At the end of the course, the students' final product will be ready to submit to publishers or to just enjoy at home! Instructor: Mackenzie Vanover. October 19-23 (Monday-Friday), 3:30-5pm, at Jim Barnett Park, Pool Lobby. Fee: \$30 R, \$33 NR. Register by October 12. Activity# 637242-01.

## Pre-Teen Bowling (Ages 10-13)

Calling all Middle Schoolers! Come enjoy three games of cosmic bowling with your friends on a Saturday evening. Snacks may be purchased at the concession stand. Purchase tickets in advance at Jim Barnett Park, War Memorial Building. School ID and ticket required for admission. Must be dropped off by parent or adult at Northside Lanes at 5pm and picked up at Northside Lanes at 7pm by a parent or adult. No child is allowed to walk or leave the bowling alley without an adult! December 5 (Saturday), 5-7pm, at Northside Lanes. Fee: \$21 R, \$24 NR. Register by November 21. Activity# 637242-10.

## Chess Club (Ages 7-13)

Come join chess expert Cliff Campbell as he explains the art of chess! This class will teach both the beginner and intermediate player. October 3-November 21\* (Register by September 26), December 5-January 30\*\* (Register by November 30), Saturday, 2-3:30pm, at Jim Barnett Park, Lord Fairfax Room. Fee: \$40 R, \$43 NR. Activity# 637232-01-02. \*No class on October 31. \*\*No class December 26 or January 2.



# Play Learn

Kristin Shifflett –  
kristin.shifflett@winchesterva.gov

## Where The Creative Things Are (Ages 7-12)

Castles, forts, and outer space! During this single day camp event, participants will explore and create imaginative cardboard sculptures. Participants will use math and science to build free-standing designs. Then, the group will have the opportunity to discover literary elements of their creations through comparative fiction such as Peter Pan and Bridge to Terabithia. The participants then will write a small description of their "other world." Please send a bagged lunch with participant. Instructor: Mackenzie Vanover. October 3 (Saturday), 9am-1:30pm, at Jim Barnett Park, Pool Lobby. Fee: \$23 R, \$26 NR. Register by September 28. Activity# 637242-02.

# Explore

Sept - Dec 2015 | winchesterva.gov/parks

# In the Water



## Parent & Me (6 months - 3 yrs)

We plan to provide a joyful, loving, child-centered environment featuring songs and activities to encourage skill acquisition while also developing a life-long love of the water. Parent & Me utilizes natural progressions (not forceful ones) to allow infants and toddlers the ability to grow in our lessons program. Location: Jim Barnett Park, Indoor Pool. Fee: \$43 R, \$49 NR (Mon-Thurs), \$21.50 R, \$24.50 NR (Saturday).

<b>Aug. 24-Sept. 21*</b> (Mon and Wed)	5:30-6pm Register by August 24
<b>Aug. 25-Sept. 17</b> (Tues and Thurs)	10:30-11am Register by August 25
<b>Aug. 29-Sept. 19</b> (Sat)	4:30-5pm Register by August 29
<b>Sept. 28-Oct. 21</b> (Mon and Wed)	5:30-6pm Register by September 28
<b>Sept. 29-Oct. 22</b> (Tues and Thurs)	10:30-11am Register by September 29
<b>Oct. 3-Oct. 24</b> (Sat)	4:30-5pm Register by October 3
<b>Nov. 2-Nov. 30*</b> (Mon and Wed)	5:30-6pm Register by November 2
<b>Nov. 3-Dec. 1*</b> (Tues and Thurs)	10:30-11am Register by November 3
<b>Nov. 7-Dec. 5*</b> (Sat)	5:30-6pm Register by November 7

\*No class on September 7 or November 25, 26, and 28

## Swim Lessons (Ages 3-14)

Swim 101/102 is designed to turn beginners into swimmers using a progressive child-focused approach. The fundamentals of swimming such as kicking, breath control, and floatation are taught at this level. Each child will wear a floatation device which allows them to focus on developing the skill rather than trying to stay above water. As the child builds confidence in all the skills the amount of floatation can be decreased allowing the child to become less reliant on the float and more reliant on their skills. Swimmers will be actively practicing skills and have little down time utilizing the lesson time to the fullest. Children must be able to swim 15 feet with their face in the water in order to pass this class.

Swim 201/202 is a progressive strokes course that teaches swimmers the formal strokes of freestyle and backstroke. They will also learn the important skill of side breathing with the freestyle stroke. Children also have the chance to build their endurance as each skill requires the child to swim further than previous classes. Children must be able to swim 25 feet using the freestyle stroke with side breathing in order to pass this class. These skills are taught without the aid of floatation, children must be able to swim 15 feet without aid in order to be enrolled in this class.

Swim 301/302 is an advanced stroke course which teaches the more complex strokes of butterfly and breaststroke to swimmers that have already mastered freestyle and backstroke. In completing this class the swimmer will have learned all the strokes necessary for competitive swimming. It is not uncommon for children to wear floatation during some of the instruction. The floatation allows children to focus on body position and stroke development. Children will continue to fine tune their stroke development and build endurance at this level. Children will need to swim 30 feet of freestyle, backstroke, breaststroke, and butterfly in order to pass this class.

Swim 401/402 is designed to teach children lifesaving skills such as sidestroke, elementary backstroke, and treading water. The class is also an introduction to competitive swimming. Skills such as, diving, flip turns, and endurance are taught at this level. Unlike earlier classes focus on repetitive practice under short distances, this does not allow children to develop endurance. Swim 401/402 allows students to develop the endurance necessary to swim competitively. Children must be able to swim 50 meters and a 50 meter IM in order to pass this class.



## Swim 101, 201, 301, and 401 (Ages 3-6)

Fee: \$43 R, \$49 NR (Mon-Thurs), \$21.50 R, \$24.50 NR (Saturday).  
Location: Jim Barnett Park, Indoor Pool

<b>Aug. 24-Sept. 21*</b> (Mon and Wed)	Register by August 24 Times: 4:30-5pm 5-5:30pm 5:30-6pm
<b>Aug. 25-Sept. 17</b> (Tues and Thurs)	Register by August 25 Times: 9:30-10am 10-10:30am 5:30-6pm 6-6:30pm
<b>Sept. 28-Oct. 21</b> (Mon and Wed)	Register by September 28 Times: 4:30-5pm 5-5:30pm 5:30-6pm
<b>Sept. 29-Oct. 22</b> (Tues and Thurs)	Register by September 29 Times: 9:30-10am 10-10:30am 10:30-11am 6-6:30pm 6:30-7pm
<b>Oct. 3-Oct. 24</b> (Sat)	Register by October 3 Times: 4-4:30pm 4:30-5pm
<b>Nov. 2-Nov. 30*</b> (Mon and Wed)	Register by November 2 Times: 4:30-5pm 5-5:30pm 5:30-6pm
<b>Nov. 3-Dec. 1*</b> (Tues and Thurs)	Register by November 3 Times: 9:30-10am 10-10:30am 10:30-11am 6-6:30pm 6:30-7pm
<b>Nov. 7-Dec. 5*</b> (Sat)	Register by November 7 Times: 4-4:30pm 4:30-5pm

\*No class on Sept. 7 or Nov. 25, 26 and 28.

## Swim 102, 202, 302, and 402 (Ages 7-14)

Fee: \$43 R, \$49 NR (Mon-Thurs), \$21.50 R, \$24.50 NR (Saturday).  
Location: Jim Barnett Park, Indoor Pool

<b>Aug. 24-Sept. 21*</b> (Mon and Wed)	Register by August 24 Times: 6-6:30pm 6:30-7pm
<b>Aug. 25-Sept. 17</b> (Tues and Thurs)	Register by August 25 Times: 10:30-11am 6:30-7pm
<b>Aug. 29-Sept. 19</b> (Sat)	Register by August 29 Times: 5-5:30pm 5:30-6pm
<b>Sept. 28-Oct. 21</b> (Mon and Wed)	Register by September 28 Times: 6-6:30pm 6:30-7pm
<b>Sept. 29-Oct. 22</b> (Tues and Thurs)	Register by September 29 Times: 7-7:30pm
<b>Oct. 3-Oct. 24</b> (Sat)	Register by October 3 Times: 5-5:30pm
<b>Nov. 2-Nov. 30*</b> (Mon and Wed)	Register by November 2 Times: 6-6:30pm 6:30-7pm
<b>Nov. 3-Dec. 1*</b> (Tues and Thurs)	Register by November 3 Times: 6:30-7pm
<b>Nov. 7-Dec. 5*</b> (Sat)	Register by November 7 Times: 5-5:30pm

\*No class on Sept. 7 or Nov. 25, 26 and 28.

## Homeschool Swim Lessons (Ages 3-14)

Winchester Parks and Recreation is proud to reach out to local homeschool students and their families by offering the following swim times. With a variety of age groups available, we are thrilled to get ALL of Winchester swimming! Fee: \$43 R, \$49 NR. Location: Jim Barnett Park, Indoor Pool

<b>Aug. 24-Sept. 21*</b> (Mon and Wed)	Register by August 24 Times: Ages 3-6 2-2:30pm Ages 7-14 2:30-3pm
<b>Sept. 28-Oct. 21</b> (Mon and Wed)	Register by September 28 Times: Ages 3-6 2-2:30pm Ages 7-14 2:30-3pm
<b>Nov. 2-Nov. 30*</b> (Mon and Wed)	Register by November 2 Times: Ages 3-6 2-2:30pm Ages 7-14 2:30-3pm

\*No class on Sept. 7 or Nov. 25, 26 and 28.



## Competitive Swim Training (Ages 7-18)

This course is designed for swimmers who have completed 401/402, and want to expand their skills into a swim team setting. Students will bridge the gap between instructional and competitive swimming by learning to improve their strokes, starts, turns, finishes, and endurance, all through interval training. Participants must be proficient in all strokes and must be able to swim laps. Location: Jim Barnett Park, Indoor Pool. Fee: \$48 R, \$54 NR (Mon-Thurs), \$24 R, \$27 NR (Saturday).

**Aug. 24-Sept. 21** Register by August 24 (Mon and Wed)

Times: Ages 7-10 4:30-5:15pm  
Ages 11-14 5:15-6pm  
Ages 15-18 6-6:45pm

**Aug. 25-Sept. 17** Register by August 25 (Tues and Thurs)

Times: Ages 7-12 5:30-6:15pm  
Ages 13-18 6:15-7pm

**Aug. 29-Sept. 19** Register by August 29 (Sat)

Times: Ages 7-12 4-4:45pm  
Ages 13-18 4:45-7pm

**Sept. 28-Oct. 21** Register by September 28 (Mon and Wed)

Times: Ages 7-12 5:30-6:15pm  
Ages 13-18 6:15-7pm

**Sept. 29-Oct. 22** Register by September 29 (Tues and Thurs)

Times: Ages 7-12 5:30-6:15pm  
Ages 13-18 6:15-7pm

**Oct. 3-Oct. 24** Register by October 3 (Sat)

Times: Ages 7-18 4-4:45pm

**Nov. 2-Nov. 30\*** Register by November 2 (Mon and Wed)

Times: Ages 7-12 5:30-6:15pm  
Ages 13-18 6:15-7pm

**Nov. 3-Dec. 1\*** Register by November 3 (Tues and Thurs)

Times: Ages 7-12 5:30-6:15pm  
Ages 13-18 6:15-7pm

**Nov. 7-Dec. 5\*** Register by November 7 (Sat)

Times: Ages 7-18 4-4:45pm

\*No class on September 7 or November 25, 26 and 28.

# In the Water

## Private Swimming Lessons (All Ages)

Get Private Lessons when they are convenient for you! Private Lessons can be set up during any lap swim or general swim time at the indoor pool. Each lesson is 45 minutes long and is taught by a certified instructor. The lessons are set up on a punch pass system. All you have to do is set up a time with one of our instructors and then purchase a punch pass.

3 Punch pass: \$57 R, \$67 NR  
5 Punch pass: \$94 R, \$107 NR  
7 Punch Pass: \$132 R, \$149 NR  
10 Punch pass: \$188 R, \$213 NR

## Lifeguard Training (Ages 15+)

American Red Cross Lifeguard Training teaches participants the skills and knowledge they will need to prevent, recognize, and respond to emergencies. With successful completion, participants will be certified in Lifeguard Training/First Aid for 2 years and CPR/AED for 2 years. Attendance is mandatory at all sessions. Location: Jim Barnett Park, Indoor Pool, and Arts & Crafts Room. Fee: \$225 R, \$250 NR. *Activity#.*

**Oct. 26-Nov. 2**

(Mon, Wed, Sat, Sun)  
Times: Mon/Wed 5:30-10pm  
Sat/Sun 9am-6pm

Register by October 21

## Lifeguard Recertification Course (Ages 15+)

This course is designed for those who need to renew their lifeguarding certification. Participants must have a current or up-to-date certification in order to take this course. If your certification has expired you must take the full lifeguard Training Course. Participants must complete in water skills, CPR/AED skills, and First Aid Skills as well as score higher than an 80% on a written test in order to pass. \*Must have a current lifeguard certification. Location: Jim Barnett Park, Indoor Pool, and Arts & Crafts Room. Fee: \$45R \$50NR. *Activity#.*

**November 4**

(Wed)

5:30-10pm  
Register by October 28



## One Last Splash

**August 22 (Middle School Students)**

Grab a friend and head to the Outdoor Pool for a back to school pool party. Exclusively for Middle School students, there will be a live DJ playing your favorite music, games and contests with the chance to win some awesome prizes, and of course your chance to relax in the pool under the lights. Purchase ticket in advance or at the door. School ID and ticket required for admission. August 22 (Saturday), 7-9pm, at Jim Barnett Park, Outdoor Pool. Fee: Advance tickets \$5 (\$8 at the door). *Activity# 622317-01.*



# Special Events

## All Paws on Deck Canine Swim September 7

Winchester Parks and Recreation is excited to invite our K9 friends back for another fun evening at the Outdoor Pool. Bring your furry best friend out for an evening of swimming. On the last day of the Outdoor Pool season, we will be opening the pool for the dogs of the Winchester Community. Please come out and enjoy! September 7 (Monday), 6-8pm, at Jim Barnett Park, Outdoor Pool. Fee: \$2. Admission is FREE for the Members of the Winchester Dog Park. Non-members must have proof of a rabies vaccination for entrance.



## Splash Sports Saturdays

**September 26, October 17, and November 21**

Tired of the same old routine?! We want to change things up a bit for you. On select Saturdays we will be adding various sports to the pool setting, such as baseball, volleyball, and water polo. September 26, October 17, and November 21 (Saturday), 6-8pm, at Jim Barnett Park, Indoor Pool. Fee: daily admission fee.

## Spooky Splash Haunted Bash October 23 & 24

We are bringing haunted back to the park, this time with a little twist! Enjoy a frightful evening in a haunted house and continue your journey to the haunted pool if you dare! October 23 and 24 (Friday and Saturday), 8-10pm, at Jim Barnett Park, War Memorial Building and Indoor Pool. Fee: \$5.

## Family Night Out November 14

Bring the family out to the pool for a night of entertainment. There will be games, movies, and the opportunity to make new friends from the community. This is the perfect getaway for the family! November 14 (Saturday), 6-8pm, at Jim Barnett Park, Indoor Pool. Fee: daily admission fee.

## Make a Difference Swim Night December 12

YOU have a chance to swim cheap! For every can of non-perishable food you bring in we will knock \$1 (per can) off your daily admission. Also, ALL money that is collected this day (we will take donations as well) will go to our Scholarship Foundation to help the less fortunate. Please remember this is a cash-only event. So come on out and make a difference! December 12 (Saturday), 6-8pm, at Jim Barnett Park, Indoor Pool. Fee: daily admission fee (-\$1 for every can of non-perishable food).

# communication & Creative Expressions

## Teen Canvas (Ages 13-17)

This class is for teens to use their inner inspirations to create a beautiful canvas using oil paints. Participants will be given a choice of pictures to choose from to paint. Learn unique techniques for oil paints taught by artist Jacqueline Bray. There is a \$5 material fee paid to the instructor on the first day of class for your own set of oil paints. September 24-November 12 (Thursday), 4-5pm, at Jim Barnett Park, Activity Room. Fee: \$31 R, \$34 NR. Register by September 21. Activity# 637215-10.

## Art That Heals (Ages 50+)

This class is for seniors who want to draw for fun and recreation, and use art as a catalyst for change or growth in their lives. Each session will focus on a still life. Exercises will work on composition, negative and positive space, tone, understanding 3-dimensions, hand-eye coordination, understanding color, shading and learning how to translate what you see onto paper. There is a \$15 material fee paid to the instructor the first day of class. Instructor: Clive Turner. October 1-November 5 (Thursday), 10am-Noon, at Jim Barnett Park, Arts & Crafts Room. Fee: \$46 R, \$49 NR. Register by September 28. Activity# 637215-13.



## Graphite & Charcoal (Ages 13-17)

This course provides an opportunity for teenagers with variety of skill and experiences using charcoal. Through demonstrations utilizing still lifes, the class will progress through a series of techniques to give new insight into shape and form. To some, the techniques will be new and challenging, while for others, the techniques will be reinforcement, with emphasis on incorporation of the technique into one's work. Individual attention will be provided, insuring that a diverse group of participants can progress at their own pace. The following topics will be covered in the course: drawing by basic shape, learning how to see an object, lines quality, shading, tonal variation and value, gesture drawing, and contrast drawing. There is a \$20 material fee paid to the instructor on the first day of class. Instructor: Clive Turner. October 7-November 11 (Wednesday), 4-5:30pm, at Jim Barnett Park, Pool Lobby. Fee: \$35 R, \$38 NR. Register by October 1. Activity# 637215-11.

## Magical Watercolors (Ages 5-13)

This course provides an opportunity for children to experience having fun making art with watercolors. During the 6 week session, kids will get a series of structured painting exercises that will teach them how to use watercolors. They will also have the opportunity to explore, and learn how to make and correct their own mistakes. At the end of the course, they will have built greater self-confidence, discipline, and a better appreciation for art. The following topics will be covered in the course: mixing colors, wet-on-wet technique, dry technique, spray techniques, stamped textures, and lifting dry water colors. There is a \$15 material fee that needs to be paid to the instructor on the first day of class. Instructor: Clive Turner. September 24-October 29 (Thursday), 4-5:30pm, at Jim Barnett Park, Pool Lobby. Fee: \$35 R, \$38 NR. Register by September 17. Activity# 637215-12.

## Coffee N Canvas (Ages 18+)

What a better way to spend time than doing something fun with your friends? Friends and coffee are the perfect blend. This art class will have you creating a colorful work of art on a canvas in no time, all while sitting back and enjoying some hot coffee or cocoa! There is a \$5 material fee paid to the instructor on the first day of class for your own set of oil paints. Instructor: Jaqueline Bray. October 6-29 (Register by September 30) and November 10-December 8 (Register by November 3), Tuesday and Thursday, 5:30-7pm, at Jim Barnett Park, Activity Room. Fee: \$46 R, \$49 NR. Activity# 637215-08-09.

## Quilting (Ages 18+)

Instructor Donna Day has had a passion for quilting starting back as early as 1988. She is a member of several local Quilter Guilds, including the Deaf Quilter Guild since 2003. Learn the basics of quilting, which includes the terminology, proper use of quilting tools, cutting/piecing/ layering, and the methods of hand-quilting and machine-quilting. Learn to make block designs and put them together to make a table runner or a mini wall hanging. Please bring your own sewing machine, tuned up and with new needles. Additional required materials include: 100% cotton thread, scissors, seam ripper, quilting pins and quilting pencil. A list of more materials will be provided on the first day of class. There is a \$10 material fee paid to the instructor on the first day of class. September 28-November 9 (Monday), 6:30-8:30pm, at Jim Barnett Park, Arts & Crafts Room. Fee: \$46 R, \$49 NR. Register by September 21. Activity# 637212-10.

## Private Art Classes (Ages 50+)

Have you always wanted to paint or draw? Now you can with one on one instruction. Choose from colored pencil, drawing, portrait drawing or water color pencil. Once you have registered, the instructor will call you to set up dates and times. There is a \$20 material fee paid to the instructor on your first day of class for your own materials. Instructor: Robin Palmer. September 1-December 31, at Jim Barnett Park, Activity Room. Fee: \$65 R, \$68 NR. Registration is on-going. Activity# 637215-07.

## Piano Lessons (Ages 7+)

Learn to play the most versatile instrument in the world with the most versatile curriculum that includes keyboard fundamentals and music theory to build pathways in jazz, classical, and collaborative piano. Instructor will contact student to schedule dates and times. Instructor: Randy Martono-Chai. September 1-December 31, at Jim Barnett Park, Activity Room. Registration is on-going.

### One-Hour

Fee: \$126 R, \$129 NR. (Includes 4 one-hour sessions). Activity# 637415-05.

### Half-Hour

Fee: \$62 R, \$65 NR. (Includes 4 half-hour sessions). Activity# 637415-06.

## Guitar Lessons (Ages 7+)

Receive private instruction, with the goal of making you the best guitarist you can be. Learn how to read music and play some of your favorite tunes. The one-hour course is ideal for more advanced players. Longer instruction time allows for more growth and learning at every lesson. Instructor will contact student to schedule dates and times. Instructor: Marshall Wacker. September 1-December 31, at Jim Barnett Park, Activity Room. Registration is on-going.

### One-Hour

Fee: \$126 R, \$129 NR. (Includes 4 one-hour sessions). Activity# 637415-01.

### Half-Hour

Fee: \$62 R, \$65 NR. (Includes 4 half-hour sessions). Activity# 637415-02.



## Cello Lessons (Ages 7+)

Students will develop their musical skills and appreciation for music in private cello lessons. One-on-one lessons offer instruction best suited to a student's needs. Topics include, but are not limited to: basic posture with the instrument, reading and interpreting sheet music, performance of basic songs and cello repertoire, music history, and aural skills. Students of all ability levels welcome! Instructor: Thomas Valdez. September 1-December 31, at Jim Barnett Park, Activity Room. Registration is on-going.

### One-Hour

Fee: \$126 R, \$129 NR. (Includes 4 one-hour sessions). Activity# 637415-07.

### Half-Hour

Fee: \$62 R, \$65 NR. (Includes 4 half-hour sessions). Activity# 637415-08.

## Clarinet Lessons (Ages 7+)

Danielle Conflitti, a rising senior clarinet music education major at the Shenandoah Conservatory, will be offering comprehensive music lessons for all ages on the clarinet. Lessons will focus on musical development, repertoire, and executive skills. Lessons will be customized to best benefit your individual needs as well as continue improvement both musically and technically on the clarinet. September 1-December 31, at Jim Barnett Park, Activity Room. Registration is on-going.

### One-Hour

Fee: \$126 R, \$129 NR. (Includes 4 one-hour sessions). Activity# 637415-09.

### Half-Hour

Fee: \$62 R, \$65 NR. (Includes 4 half-hour sessions). Activity# 637415-10.

## Flute Lessons (Ages 7+)

From beginner to advanced, learn how to cultivate your musical abilities with this wind instrument. Piccolo and music theory are also offered as supplementary material to harness a well-rounded mastery of the flute. Instructor: Randy Martono-Chai. September 1-December 31, at Jim Barnett Park, Activity Room. Registration is on-going.

### One-Hour

Fee: \$126 R, \$129 NR. (Includes 4 one-hour sessions). Activity# 637415-11.

### Half-Hour

Fee: \$62 R, \$65 NR. (Includes 4 half-hour sessions). Activity# 637415-12.

## Voice Lessons (Ages 7+)

Learn how to sing in sundry styles, with special emphases on classical, vocal jazz, music theater, and contemporary vocal music, depending on, your musical interests, vocal range, and abilities. Instructor: Randy Martono-Chai. September 1-December 31, at Jim Barnett Park, Activity Room. Registration is on-going.

### One-Hour

Fee: \$126 R, \$129 NR. (Includes 4 one-hour sessions). Activity# 637415-13.

### Half-Hour

Fee: \$62 R, \$65 NR. (Includes 4 half-hour sessions). Activity# 637415-14.



# Fitness



## Curvy Yoga (Ages 18+)

Students of all experience levels are welcome in this class, including beginners, where the focus is on proper alignment and modifications for plus size bodies and embracing, loving and honoring those bodies. Obtaining her Curvy Yoga training through Curvy Yoga in Nashville, TN, instructor Jessica Edwards also uses her own personal experiences with weight fluctuations, pregnancy/motherhood, post-partum depression and fibromyalgia to share the benefits of yoga and create classes that are accessible to and accepting of anyone who attends. Come enjoy a FREE trial class to see if the class is for you on September 17 from 5:30-6:30pm. October 1-November 5 (Register by September 24), and December 3-January 14 (Register by November 23), Thursday, 5:30-6:30pm, at Jim Barnett Park, Arts & Crafts Room. Fee: \$23 R, \$26 NR. Activity# 637145-11-12.

## Chair Yoga (Ages 50+)

In this gentle class, students are provided chairs and any other necessary props to make the practice accessible to all ages and physical abilities. Instructor: Jessica Edwards. Come enjoy a FREE trial class to see if the class is for you on September 15 from 11am-Noon. September 29-November 3 (Register by September 22), and December 1-January 5 (Register by November 24), Tuesday, 11am-Noon, at Jim Barnett Park, Lord Fairfax Room. Fee: \$23 R, \$26 NR. Activity# 637145-09-10.

## Abrams Creek Nature Walks

Learn more about unique plant species and migrating birds on this two hour nature walk with Jim Smith at Abrams Creek Wetlands Preserve. Meet at Children of America parking lot off of W. Jubal Early Drive, approximately 1/2 mile west of Valley Avenue. Bring your binoculars, camera, scopes, and water. For more information contact walk leader, Jim Smith at (540) 303-3983. Walks may be cancelled due to inclement weather. Sept. 19, Oct. 3, Oct. 17, Oct. 31 (Saturday), 8:30am, at Abrams Creek Wetlands Preserve. FREE.

## Power Pump (Ages 18+)

As we age, the need for adding weight training to our workouts greatly increases. The benefits of weight training include keeping you stronger and fitter, disease prevention, and improved mood. Weight training improves the quality of your life as you gain body confidence. Strength training will not only make you strong, but will also help with managing your weight. Ladies, who is in?! In this class, we will tone all major muscle groups with the use of hand weights and resistance bands. Women of all ages and fitness levels are welcome. Instructors: Anne Weber and Myla Annis. Come enjoy a FREE Trial class to see if the class is for you! FREE Power Pump Class, September 24 from 9:30-10:30 am. September 29-November 19 (Tuesday and Thursday), 9:30-10:30am, at Jim Barnett Park, Lord Fairfax Room. Fee: \$62 R, \$65 NR. Register by September 22. Activity# 637145-08.

## Self-Defense (Ages 18+)

Aikido does not depend on brute force or overpowering size, but creates power by speed, balance and leverage, making it ideal for smaller people, older people, and people not in peak physical condition. Ki-Aikido practices can also be extended to everyday life such as dealing with stress, living with confidence, harmony in group situations, and problem solving. Relaxation, breathing, meditation, are also included. Instructor: Jim Vogt, a practitioner of 20 years and an affiliate of the Eastern Ki Federation. September 29-October 20 (Tuesday), 6-7pm, at Jim Barnett Park, Lord Fairfax Room. Fee: \$20 R, \$23 NR. Register by September 22. Activity# 637145-07.

## Ki-Aikido (Ages 14+)

Aikido is a paradoxical practice because it is a martial art that teaches not-fighting; it is often called "the Way of Peace." Aikido offers dynamic self-defense on a physical level and also, by extension, crisis/conflict resolution skills useful in the emotional and psychological context of daily life. Ki-Aikido is a soft form of the art; power comes from rhythm and timing within an aware relationship. Aikido can be an extremely effective method of self-defense, and is used as a basis of many police/correctional restraint and control courses. Instructor: Jim Vogt. September 19-October 10 (Register by September 12), October 24-November 14 (Register by October 17), and November 28-December 19 (Register by November 21), Saturday, 11:30am-12:30pm, at Jim Barnett Park, Lord Fairfax Room. Fee: \$20 R, \$23 NR. Activity# 637145-03-05.

## Stroller Strut (Ages 18+)

Stroller Strut is a stroller-based fitness program designed for moms with small children. Each 45 minute, total body workout incorporates power walking, strength, toning, songs and activities. A certified fitness instructor offers a variety of fun in the fresh outdoors! Instructor: Jessi Edwards. September 8-29 (Tuesday) and September 19 (Saturday), 9-9:45am, at Jim Barnett Park, Festival Field. Fee: \$19 R, \$22 NR. Register by September 4. Activity# 637145-01.

## Myofascial Makeover (Ages 12+)

This class will be active as well as informative. You will use a foam roller to reset the muscle fibers and allow your muscle contractions to be more effective. You will also learn the major muscle groups and how they fall privy to certain movement patterns. This is an excellent class for any athlete, runner or fitness enthusiast. October 5-October 28 (Monday and Wednesday), 10:15-10:45am, at Jim Barnett Park, Gymnasium. Fee: \$40, or \$8 drop-in per class.



NEW!

## Harvest Moon Yoga (Ages 12+) Wed, 7-8pm

Experienced instructor will lead beginner through experienced yoga participants for an hour long session of yoga to relax you at the end of a busy day. Just bring a yoga mat and treat yourself to an evening of yoga. Class may be held outside, weather permitting. Instructor: Victoria Egnew. Class starts September 9. Location: Jim Barnett Park, War Memorial Building. Fee: Included in the Facility Membership, or Drop-In: \$5 R, \$5.50 NR.

## Membership

These classes are included in the facility membership

## Aqua Arthritis (All Ages) Tues/Thurs, 11-11:45am

This aquatic program is designed to help: reduce pain, decrease feeling of isolation through social interaction, and gain strength and flexibility to improve your day-to-day life. This Aquatic Arthritis class, led by a certified instructor, is designed to be a fun, safe way for people with arthritis to exercise and stay fit. Instructor: Brandon Ware. Location: Jim Barnett Park, Indoor Pool. Fee: Included in the Facility Membership, or Drop-In: \$5 R, \$5.50 NR.

## Water Aerobics Mon/Wed/Fri, 11am-Noon

This water exercise class is designed for all swimming abilities. Water aerobics uses the natural resistance and buoyancy of water against your body to provide a wide variety of conditioning activities. Taught by a certified instructor, no swimming is required, and floatation devices are used frequently. Water exercises help increase your energy, stamina, and strength. Instructor: Olivia Legge. Location: Jim Barnett Park, Indoor Pool. Fee: Included in the Facility Membership; Drop-In: \$5 R, \$5.50 NR.

## Zumba (Ages 12+) Mon/Thurs, 6:30-7:30pm

Zumba is the hottest dance party workout today! You will not even feel like you are working out while you Zumba. It is a total body workout using the most popular music that makes you feel good. Zumba utilizes fitness, burns calories, tones muscles, and improves balance and incorporates a full range of motion. Instructor: Amanda Floyd. Location: Social Hall at the War Memorial Building. Fee: Included in the Facility Membership; Drop-In: \$5 R, \$5.50 NR.

## Yoga Tues, 8-9am • Thurs, 8:30-9:30am

Restoration, rejuvenation, renewal! Imagine your body cradled and fully supported by blankets, pillows and bolsters. Imagine quiet breathing, soft music, guided meditation as deep calm and stillness washes over you. This is called restorative yoga. Now imagine inviting the mind into a conscious form of deep sleep called yoga Nidra, a deep meditation. This class is intended to induce full body relaxation. Instructor: Jeff Hollar. On-going class starting Jan. 6. 8-9am (Tuesdays) and 8:30-9:30am (Thursdays), in the Recreation Room at the War Memorial Building. Fee: Included in the Facility Membership; Drop-In: \$5 R, \$5.50 NR.

# BusTrips

Winchester Parks and Recreation in partnership with Schrock Travel are pleased to offer day trips with a Schrock Motor coach and a tour director. Please contact Winchester Parks and Recreation for registration (540) 662-4946. Seats are limited, so please register early. **No refunds will be issued for no-shows or for any tour attractions, meals, etc. in which individuals do not participate. Please arrive 15 minutes before departure time for check in! No reserved seats.**

## Sunfest 2015

### On the Boardwalk in Ocean City, Maryland (Ages 18+)

September 26

What a fun way to end the summer! Sunfest celebrates its 41st year as Ocean City's biggest and best festival. Sunfest artists will delight your senses with their art and craft creations and demonstrating artists will amaze you with their unique talents. Over 30 food vendors will awaken your taste buds with delicious foods and enjoy free live entertainment on two stages all day long. Children will enjoy hayrides and inflatables on the beach. September 26 (Saturday), depart from Schrock terminal (220 Imboden Dr) at 5am, return to Winchester around 11:30pm. Fee: \$79. Register by September 14. Activity# 637445-01.

### Resorts Casino with Jimmy Buffet's Margaritaville Atlantic City, NJ (Ages 21+)

October 10

Inspired by the lyrics and lifestyle of Jimmy Buffett, Margaritaville will transport guests to an island destination of their dreams. Visitors strolling along the Legendary Atlantic City Boardwalk will literally walk through the laid-back, island-inspired, fun Margaritaville experience with the restaurant and casino on the landside of the Boardwalk and LandShark Bar & Grill directly on the beach! Hosted by Mac McDonald, refreshments and games onboard. October 10 (Saturday), depart from Schrock terminal (220 Imboden Dr) at 6am, leave casino at 8pm, return to Winchester at 1am. Fee: \$65. Bonus: \$30 slot play and \$20 food voucher. Register by September 28. Activity# 637445-02.

*\*Note: Schrock Travel/Winchester Parks and Recreation are not responsible for the complimentary bonus packages that are promised. Bonuses are subject to change by the casino without notice. No refunds are issued on Casino trips.*

### Christmas in New York New York City, NY (Ages 18+)

December 5

Santa Claus has arrived at Macy's! Whether you need to start your Christmas shopping, finish it, or just get away for a day, this trip will be just what the doctor ordered. See the Christmas tree at Rockefeller Center. Enjoy all the holiday windows on Fifth Avenue. Tour the City on a Gray Line or City Sights Bus. Shop! Shop! Shop! However you decide to spend the day, you will come home in the holiday mood. Nothing like New York at Christmas! If you need assistance planning your day, there will be a Schrock Tour Director traveling on the coach. December 5 (Saturday), depart from Schrock terminal (220 Imboden Dr) at 4am, return to Winchester 12am. Fee: \$79. Register by November 23. Activity# 637445-03.



### Android Beginner (Ages 18+)

Tired of hitting the wrong buttons on your Smart Phone? Are you constantly coming across things on your phone that you have no idea how to use? Enjoy learning the ins and outs of your Android device. During the course, you will learn email setup, use of the play store, sending pictures and videos as well as much more. Instructor: Sprint. September 8 (Register by September 4), and November 3 (Register by October 27), Tuesday, 5:30-7pm, at Jim Barnett Park, Arts & Crafts Room. Fee: FREE. Activity# 637247-06-07.

### Android Intermediate (Ages 18+)

This course is designed as a follow-up class to one or both of the Android Device Workshop Classes. You must have attended Android for Beginners to sign up for this class. Instructor: Sprint. September 15 (Register by September 11), and November 10 (Register by November 3), Tuesday, 5:30-7pm, at Jim Barnett Park, Arts & Crafts Room. Fee: FREE. Activity# 637247-08-09.

### Facebook (Ages 18+)

Do you need help figuring out how to use Facebook? If so, this class is for you! Come and learn from the Sprint Team how to find your way around Facebook! Instructor: Sprint. September 22 (Register by September 15) and October 20 (Register by October 13), Tuesday, 5:30-7pm, at Jim Barnett Park, Arts & Crafts Room. Fee: FREE. Activity#637247-10-11.

### Android Tablet (Ages 18+)

Are you using your Android Tablet to your fullest ability? We will help you set everything up on it from email, video chat, books, games, etc. Instructor: Sprint. September 29 (Register by September 22), and November 17 (Register by November 10), Tuesday, 5:30-7pm, at Jim Barnett Park, Arts & Crafts Room. Fee: FREE. Activity# 637247-12-13.

# CRASH COURSES

### iPhone Beginner (Ages 18+)

Own an iPhone and still find yourself fumbling around this powerful device? Take advantage of this workshop with one-on-one assistance to help you become more efficient on your iPhone. The course will include use of the app store, how to use Siri, battery saving tips and tricks and much more! Instructor: Sprint. October 6 (Register by September 29), and December 1 (Register by November 24), Tuesday, 5:30-7pm, at Jim Barnett Park, Arts & Crafts Room. Fee: FREE. Activity# 637247-14-15.

### iPhone Intermediate (Ages 18+)

Own an iPhone and still find yourself fumbling around this powerful device? Take advantage of this workshop with one-on-one assistance to help you become more efficient on your iPhone. The course will include using FaceTime, setting up your social networking sites, iCloud, and much more! Instructor: Sprint. October 13 (Register by October 6), and December 8 (Register by December 1), Tuesday, 5:30-7pm, at Jim Barnett Park, Arts & Crafts Room. Fee: FREE. Activity# 637247-16-17.

### Apple iPad (Ages 18+)

Are you having trouble using your Apple iPad? Confused on how to use FaceTime? Come to our iPad class and we will get you started with email, FaceTime, games, etc. Instructor: Sprint. October 27 (Register by October 20), and December 15 (Register by December 8), Tuesday, 5:30-7pm, at Jim Barnett Park, Arts & Crafts Room. Fee: FREE. Activity# 637247-18-19.

### Part 1: Computer/Laptop Basics (Ages 18+)

Now introducing basic computer classes by Literacy Volunteers Winchester Area! These introductory courses are for those just beginning to use a computer or laptop, and are designed to provide hands-on skills for basic computer use. Part 1: Basic Laptop will include an introduction to hardware and software, getting started, working with files, and using Windows accessories. Instructor: Don Miller. October 7 (Wednesday), 2-3:30pm, at Jim Barnett Park, Lord Fairfax Room. Fee: FREE. Register by September 30. Activity# 637212-11.

### Part 2: Overview of Microsoft Word and Excel (Ages 18+)

This class will include a review of each program and will walk you through the basics. Instructor: Don Miller. October 14 (Wednesday) 2-3:30pm, at Jim Barnett Park, Lord Fairfax Room. Fee: FREE. Register by October 7. Activity# 637212-12.

# TechClasses

# Handley Library

Youth at Handley Regional Library, Then and Now

With the library's summer reading program in full swing, Handley Library rocks with the sounds of happy children. Steady streams of families come to the library to attend programs in the auditorium, choose books and DVDs to take home, and to register their reading times to earn free books. Librarians conduct storytime sessions for infants through preschoolers, in pajamas or street clothes, and even have dance sessions for toddlers.

This is a much different picture than when the library opened 102 years ago. One of only a handful of public libraries in Virginia, The Handley Library, named for its benefactor Judge John Handley of Scranton, PA, opened to much fanfare in August 1913 with approximately 2,200 books. Of the opening day collection, only 50 or 2% were specifically for children. Book gifts in the first four months of the library's operation brought the number up to 200 children's books, which were checked out 1,070 times in the first four months. Children have always been excited about books!

In his first annual report in 1914, Librarian C. Vernon Eddy recommended having a separate room for children, with child-size furniture and all the children's books and periodicals. Ideally, an assistant in the room would be present all the time and could tell fairy tales and mythology stories, "and thus lead them to use such books and stimulate their tastes for proper reading."

## First 100 Years

These and other stories about the library are in *Handley Regional Library: The First One Hundred Years*, available at Handley Library or online at [www.handleyregional.org](http://www.handleyregional.org). Support the Library.

1913 was a different era in which to be a child. Far from encouraging youthful exuberance, society (and the library) insisted on quiet decorum from all its visitors. Miss Judith Gibson, the assistant librarian for more than twenty years, sat at the big octagonal circulation desk in the rotunda and checked out books. She was a dignified lady who wore glasses with a ribbon attached that went around her neck. Only two books could be checked out at a time, and they could not be returned the same day they were checked out.

Charles Burwell, who later was a co-founder of Clarke County Library, recalled that when he was a child in the late 1920s and early 1930s, the library "was an awesome spot with a lady who sat down on a higher podium behind a desk there in the entry and scared the wits out of every child who came here. You couldn't open your mouth, couldn't say a thing... I liked the books when I got home but [getting them] was a terrifying prospect. However, one of the fondest memories is running up those stairs and walking around on the glass floor."

Another Winchester resident who grew up in that time period also recalled Mr. Hardy, the first library custodian. Mr. Hardy was the one who made sure everyone was quiet in the library. Elizabeth "Betsy" McMullen grew up half a block from the library. Mr. Hardy used to say to her when she came to the library, "If I ever catch a child running, I cut their ears off." Mrs. McMullen said that she would run up the steps and stand there until she caught her breath before she came in so that Mr. Hardy wouldn't cut off her ears.

Today, anyone who comes to Handley Library or Bowman Library or Clarke County Library, all part of the Handley Regional Library system, knows that where children are concerned, things have changed a lot from 1913. Instead of 2%, about 44% of the books, DVDs and materials are for children. Instead of shushing children, library staff encourages them to sing, clap, and dance. Not only are there dedicated rooms in all three libraries for youth materials and activities, there are full-time children's librarians and staff working there to encourage the children to read. For information on current programs for youth and adults, visit the library's website at [www.handleyregional.org](http://www.handleyregional.org). Librarian Eddy would be proud to see how the libraries' children's departments, larger than in

his wildest dreams, have been successful in turning children into enthusiastic readers.

By Pat Ritchie,  
Executive  
Administrator  
Handley  
Regional  
Library



# Winchester Recycles

[winchesterva.gov/public-works/refuse](http://winchesterva.gov/public-works/refuse)

Recycling is taking materials meant to be thrown away and instead separating them from the waste stream by collecting, sorting, and making them into new materials or using them in the production of new products.

The EPA lists these benefits from recycling:

- Prevent pollution created by manufacturing new products or products made from virgin materials.
- Save energy in manufacturing, transportation, and disposal of products.
- Decrease greenhouse gas emissions, which contribute to global climate change.
- Conserve natural resources such as timber, water, metals, and fossil fuels.
- Reduce the need for landfilling and incineration, which are expensive to operate and maintain.
- Protect and expand U.S. manufacturing jobs and increase U.S. competitiveness.
- Help sustain the environment for future generations.

[www.epa.gov/waste/education/pdfs/school.pdf](http://www.epa.gov/waste/education/pdfs/school.pdf)

On your recycling day in Winchester there are two trucks that come by to collect. One truck collects bottles, cans, and plastics; the other truck collects paper and cardboard. This is why residents are asked to please keep these materials separated.

## YES!

### Mixed Paper in Paper Bags (or a reusable container)

Newspapers (with inserts)  
Magazines and catalogs  
Office paper  
Junk mail  
Phonebooks  
Paperboard (cereal boxes, etc.)  
Cardboard

### Bottles, Cans, and Jars in the Blue Bin

Glass bottles and jars  
Aluminum cans and foil  
Steel and tin cans  
All plastics - except styrofoam

## NO!

### Non-recyclable items

Food-stained products  
Milk/juice/ice cream cartons  
Wax-coated boxes  
Used paper towels or tissues  
Trash  
Unrinsed bottles & cans  
Styrofoam  
Window glass  
Dishes and cookware  
Light bulbs  
Aerosol cans



## Need a bin?

To receive a blue recycling bin, call (540) 667-1815 Ext. 1452, or email [michael.neese@winchesterva.gov](mailto:michael.neese@winchesterva.gov).



# IN YOUR OWN BACKYARD

**September 19, 2015 is the 151st Anniversary of the Third Battle of Winchester.** These three tours are all related to the battle and the people involved. These tours are co-sponsored with the Winchester-Frederick County Convention & Visitors Bureau.

## Third Battle of Winchester Walking Tour September 18, 6pm

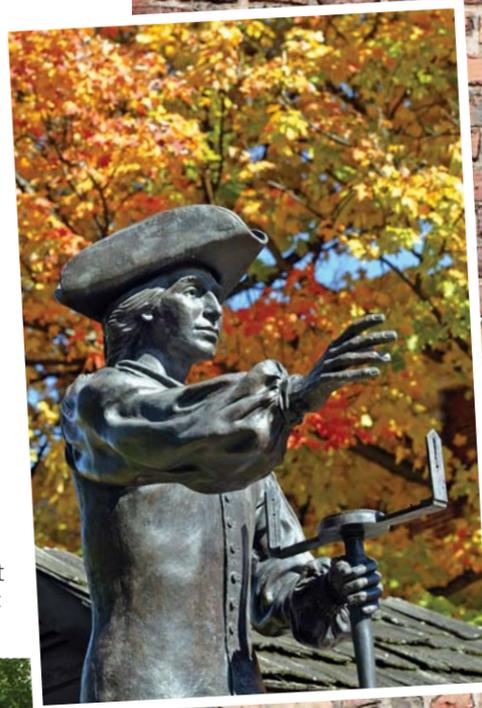
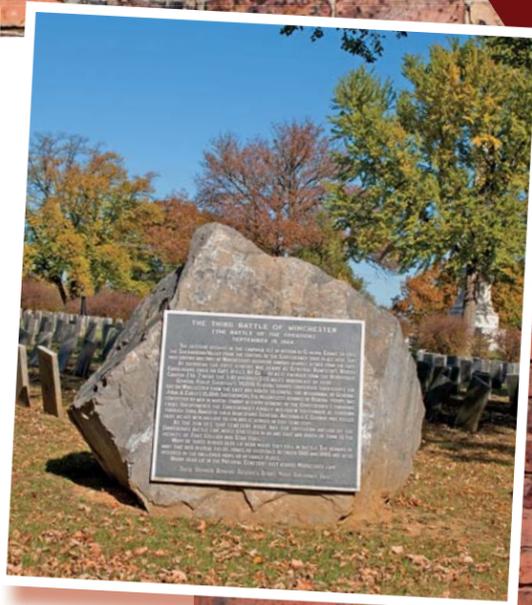
Meet your guide in front of the Old Court House Civil War Museum located at 20 North Loudoun Street. Your guide will lead you through the streets and alleys and tell you about sites related to the battle that was raging just outside the city limits. This tour is about a one mile walk. September 18 (Friday), 6-7:30pm, in Old Town Winchester. Fee: \$5, payable to the guide. Register by September 11. *Activity# 637417-07.*

## Winchester Trolley Ride Tour September 19, 10am

Meet your guide and the trolley at the Winchester-Frederick County Visitors Center located at 1400 S. Pleasant Valley Road. Ride along with your guide on a sightseeing tour of Winchester that covers parts of the Third Battle of Winchester. Your guide will point out historical sites, museums and other attractions as the trolley travels the same streets that George Washington, General Stonewall Jackson, General Phil Sheridan, Rear Admiral Richard Byrd and the legendary Patsy Cline traveled. The tour has no stops. September 19 (Saturday), 10-11:10am. Fee: \$10. Register by September 11. *Activity#637417-08.*

## The Confederate Stonewall Cemetery Walking Tour September 19, 1pm

Meet your guide at the entrance to Mt. Hebron Cemetery at 301 East Boscawen Street and hear a brief history of Mt. Hebron. Then, follow your guide through the 56 acre enclosure to the Stonewall Cemetery where over 2,575 Confederate Soliders have been laid to rest. Some of the soliders are buried in the same ground that they died on during their last stand at Third Battle of Winchester. This tour is about a one mile walk. September 19 (Saturday), 1-2:10pm, at Mt. Hebron Cemetery. Fee: \$5, payable to the guide. Register by September 11. *Activity#637417-09.*



## Classic Movie at the Taylor Pavilion August 8

Enjoy the classic "Singin' in the Rain" with family and friends at this free event.

## Friday Night LIVE August 21

This Friday Night Live highlights country music on the Taylor Pavilion stage. Shenandoah's own The Alex Hilton Band performs at 5:30 p.m. and popular Nashville star Thom Shepherd headlines the event.

## Taylor Pavilion Concert August 23

Free community concert featuring Michael Stephenson playing a variety of Americana Folk Rock.

## Downtown Tailgate September 11 & 12

This one of a kind event combines a craft beer and wine festival with the fun atmosphere of a football tailgate.

## Taylor Pavilion Concert September 20

Free community concert featuring local group SV Jazz performing the music of Frank Sinatra.

## OctoBeer Fest October 16 & 17

This two-day beer and wine festival brings the spirited celebration of Oktoberfest to Old Town Winchester.

## Spooktacular October 24

Bring the family down to the Loudoun Street Pedestrian Mall for an afternoon of trick-or-treating at downtown businesses.

## Old Town Parade November 30

Enjoy this Old Town tradition that begins with a festive evening parade and concludes with the lighting of the downtown holiday tree.

## Old Town Farmers Market Now - October 31

This popular market at the Taylor Pavilion is held every Saturday, 9am-1pm.



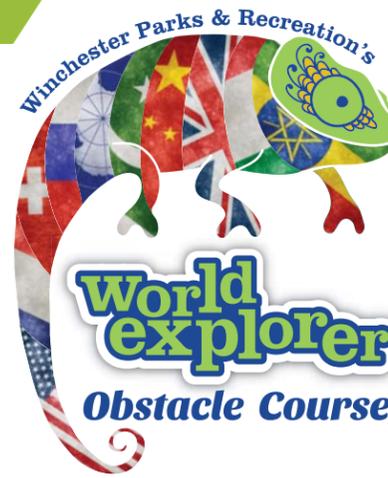
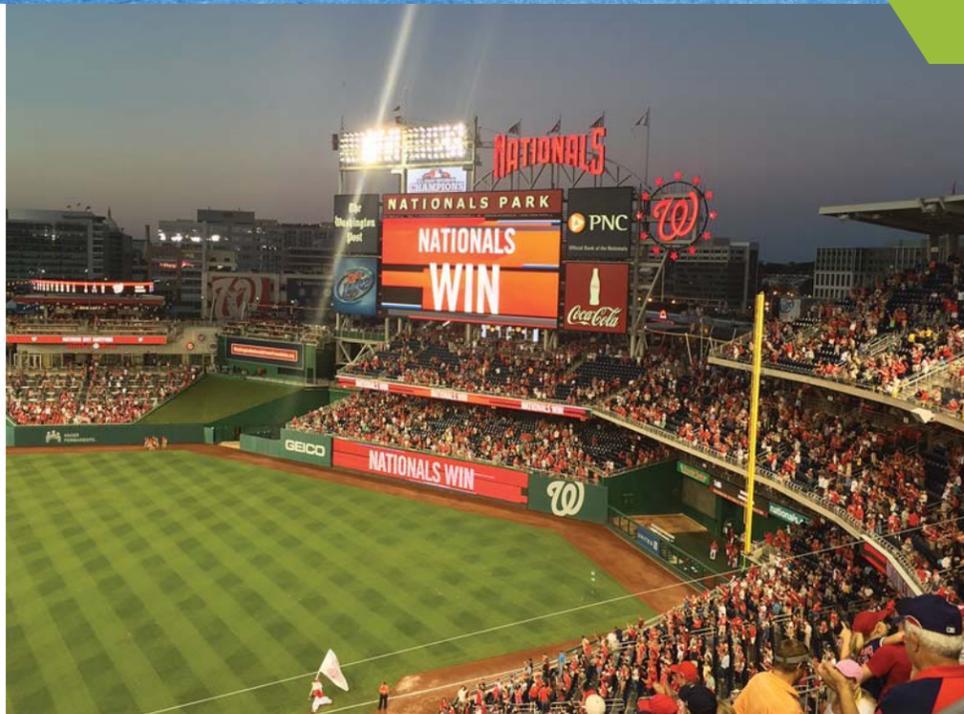
More fun in your own backyard:  
[VisitWinchesterVA.com](http://VisitWinchesterVA.com)

Visit our calendar at  
[WWW.OLDTOWNWINCHESTERVA.COM](http://WWW.OLDTOWNWINCHESTERVA.COM)

# Special Events

## Nationals Bus Trip August 30

Join WPRD for a fun-filled day of baseball. Hop on the bus to D.C. to see the Washington Nationals take on the Miami Marlins. Bus leaves Jim Barnett Park at 9:30am, game starts at 1:35pm, and bus will return when game is over (around 6:30pm). Price includes bus ride, admission ticket and \$15 concession credit). Tickets will be handed out when you board the bus. Ages 5+. August 30 (Sunday), 9:30am-6:30pm, meet at Jim Barnett Park. Fee: \$75. Register by August 29. Activity# 631347-01.



## World Explorer Obstacle Course September 12

Get ready to jump, dash, weave, crawl, balance, and slip slide around this 4th annual international-themed obstacle course. Held rain or shine, this adventure will test skill, speed and agility. Medals are awarded to top three boys and top three girls in each age division (5-6, 7-8, 9-10 & 11-12). September 12, 8am-1pm, at Jim Barnett Park, behind the War Memorial Building. Fee: \$15 in advance, \$20 day-of. Register by August 20 to be guaranteed a souvenir t-shirt. Forms available at the War Memorial Building and online: [www.winchesterva.gov/parks/world-explorer-obstacle-course](http://www.winchesterva.gov/parks/world-explorer-obstacle-course). Packet pick up will be Wednesday, Sept. 9 and Thursday, Sept. 10 from 5:30-8pm. We encourage participants to pick up packets in advance so your child will have time for the course walk-through. To register on race day, participants must arrive during the check-in time for their age group:

Age	Check-In	Course Walk	Competition
11-12	8-8:30am	8:30am	9am
9-10	8-8:30am	8:30am	9am
7-8	10-10:30am	10:30am	11am
5-6	12-12:30pm	12:30pm	1pm

Check-in is for day-of registrations only.



## Green Circle 5K and Kids Mile October 3

The Winchester Green Circle is a community project to build a hiker/biker/jogging trail around Winchester. This run will use existing trail and local neighborhood streets. Starting Location: 631 Jubal Early Drive (Children of America) Registration begins at 7:30am, race starts at 8:30am. Register online at: [runsignup.com/Race/VA/Winchester/GreenCircle5K](http://runsignup.com/Race/VA/Winchester/GreenCircle5K)

Fee:	In Advance	Race Day
5K	\$15	\$20
SVR Member	\$13	\$20
Kids Mile	\$12	\$15

## Ghouls and Gals October 17

A Halloween party for Middle School students! This dance will feature a DJ and costume contest, so wear your Halloween costume! Food will be available to purchase at minimal cost. ID is required for admission. No masks or weapons (costume or real) allowed. October 17 (Saturday), 7-9pm, at Jim Barnett Park, Gymnasium. Purchase tickets at the War Memorial Building. Fee: \$5 in advance, \$8 at door.

## Spookcessible October 20

A Halloween event for children with special needs. Search for easily accessible non-spooky ghosts to turn in for treats. Then head over to the pumpkin patch to look for a gourd. Bring a packed lunch and play at Christianson Familyland. October 20 (Tuesday), 10am, at Children's Dream and Familyland Playgrounds. Fee: FREE. In case of inclement weather, the event will be held in the gym at Jim Barnett Park.

## Little Turkey Treats November 19

Time to bring your "Little Turkey" to the park for some fun activities and treats to celebrate the Thanksgiving holiday. Ages 2+. November 19 (Thursday), 6:30pm, at Jim Barnett Park, Social Hall. Fee: \$5. Register by Nov. 16. No day-of registrations. Activity# 641347-02.



## Christmas Parade November 30

Celebrate the fun and excitement of the holiday season in Old Town Winchester. Bands, floats, and specialty units along with Santa will be coming to see you. Don't forget the tree lighting ceremony, immediately following the parade. Santa will walk down Rouss Avenue to the official Tree Lighting stand to light the tree. The parade route is Cameron Street to Piccadilly to left on Braddock St. to left on Cork St. and finish at Loudoun St. November 30 (Monday), 7-8pm, in Old Town Winchester. Fee: FREE.

## Cookies with Santa December 2

Come and enjoy decorating cookies while visiting with Santa. Ages 2+. December 2 (Wednesday), 6:30pm, at Jim Barnett Park, War Memorial Building. Fee: \$5. No day-of registrations. Register by Nov. 30. Activity# 641347-03.



# Patsy Cline

## MUSIC FESTIVAL 2015

September 2-6

Free Kick-Off Event • Rock 'n' Roll Dance • Block Party Film Screening • Concert in the Park & More!

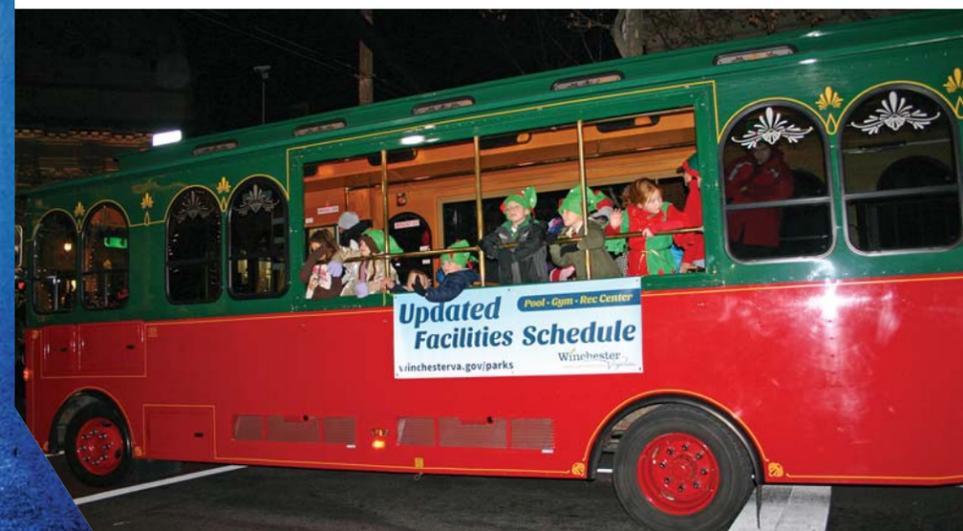
More Information: [PatsyClineHistoricHouse.org/Events](http://PatsyClineHistoricHouse.org/Events)

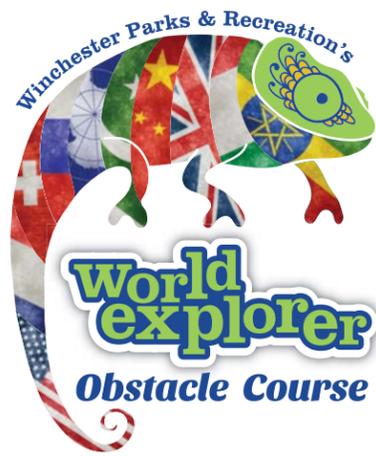


## Patsy Cline Music Festival "Rockin' in the Park" Concert September 6

Celebrating Patsy Cline, Inc. along with the City of Winchester is sponsoring the "Rockin' in the Park" concert as part of the Patsy Cline Music Festival 2015. The opening band will be the Texas Chainsaw Horns followed by The Drifters and Bill Haley's Comets. A free car show will be held before the concert and food and drink vendors will be available during the concert. General Admission is \$18 in advance and \$22 after August 12. Reserved seats (in front of the stage) are \$20 in advance and \$30 after August 15. Tickets will be available after June 15 online at [CelebratingPatsyCline.org](http://CelebratingPatsyCline.org), at the Patsy Cline Historic House at 608 South Kent Street during tour hours and at G&M Music, 2640 Valley Avenue. September 6 (Sunday), Gates open at 3pm, concert begins at 4pm, at Jim Barnett Park, Bridgeforth Stadium.

*The Patsy Cline Historic House, 608 South Kent Street, is operated under the auspices of Celebrating Patsy Cline, Inc., a 501c3 non-profit organization, to honor the legendary singer and provide a glimpse of her life in Winchester when Patsy Cline launched her career. All funds raised during the music festival (Sept. 2-6) will be used for continuous operation of the Historic House and future expansion.*





### Carrera de Obstáculos "Explorador del Mundo" Septiembre 12

Prepárate para saltar, correr, gatear, balancearte y deslizarte en esta 4ta carrera de obstáculos de tema internacional. Llueva o truene, esta aventura pondrá a prueba tu destreza, velocidad y agilidad. Se otorgarán medallas a los primeros tres niños y las primeras tres niñas en cada división por edad (5-6, 7-8, 9-10 & 11-12). Septiembre 12, 8am-1pm, en el Parque Jim Barnett, en la parte de atrás del edificio "War Memorial". Costo: \$15 por adelantado, \$20 el día de la carrera. Inscripciones antes del 20 de Agosto para garantizar una camiseta de regalo. Los formularios se encuentran disponible en el edificio "War Memorial" o en línea: [www.winchesterva.gov/parks/world-explorer-obstacle-course](http://www.winchesterva.gov/parks/world-explorer-obstacle-course). Los paquetes de recogerán el día miércoles, Sept. 9 y jueves, Sept. 10 de 5:30-8pm. Alentamos a los participantes a recoger paquetes de antemano para que su hijo/a tenga tiempo para recorrer el trayecto. Para inscribirse el día de la carrera, los participantes deben llegar a la hora de inscripción de acuerdo a su edad:

Edad	Inscripción	Recorrido del trayecto	Competencia
11-12	8-8:30am	8:30am	9am
9-10	8-8:30am	8:30am	9am
7-8	10-10:30am	10:30am	11am
5-6	12-12:30pm	12:30pm	1pm

El día de inscripción es únicamente para inscripciones.

### Club PB&J (Edades 1-5) ¡AHORA CON NUEVO HORARIO!

Juega, rebota y salta, refine las habilidades motoras y diviértete en un gimnasio completo de niños - con equipos apropiados para jugar. Salta sobre el pequeño trampolín, gatea por los túneles, sube por las laderas o juega pelota. Este emocionante programa permite a los niños y los padres jugar libremente, sin preocuparse de la limpieza. Todo el equipo es seguro y debidamente desinfectado antes de cada programa. 2dos y 4tos miércoles comenzando el 9 de septiembre, 9-11:30am, en el gimnasio del Parque Jim Barnett. Sesiones especiales los viernes por la noche, 18 de septiembre y 20 de noviembre, 3-7:45pm. Costo: \$3R, \$3.50 NR (Adultos-gratis). Pase de 10 pases para PB&J \$30 R, \$35 NR. \*No habrá Club PB&J Nov. 25 y Dic. 23.

# Bienvenidos Amigos de Habla Hispana

## Acuarelas Mágicas (Edades 5-13)

Este curso proporciona una oportunidad para que los niños experimenten hacer arte con acuarelas de manera divertida. Durante la sesión de 6 semanas de duración, los niños recibirán una serie de ejercicios estructurados de pintura que les enseñará cómo utilizar acuarelas. También tendrán la oportunidad de explorar y aprender a corregir sus propios errores. Al final del curso, habrán construido una mayor confianza en sí mismos, disciplina y un aprecio para el arte. Cubriremos los siguientes temas en el curso: mezclar colores, técnica de húmedo sobre húmedo, técnica seca, técnicas de estampados, texturas y colores del agua y elevación del aerosol. Hay un costo de material de \$15 que debe pagarse al instructor el primer día de clase. Instructor: Clive Turner. Septiembre 24-Octubre 29 (jueves), 4-5:30pm, en el lobby del Parque Jim Barnett. Costo: \$35 R, \$38 NR. Inscripción antes del 17 de septiembre. Actividad# 637215-12.

## Fiesta de Espantos "Spooky Splash" Octubre 23 & 24

Estamos trayendo los espantos de nuevo al parque, pero esta vez con un pequeño cambio. ¡Disfrute de una noche de espanto en una casa embrujada y continúe su viaje hacia la piscina encantada si se atreve! Octubre 23 y 24 (Viernes y Sábado), 8-10pm, en el parque Jim Barnett, edificio "War Memorial" y piscina interior. Costo: \$5.

## Viaje por el Mundo de Sam (Edades 5-11)

Sam viaja por el mundo con una cámara y su guitarra para poder compartir contigo todo lo que aprende. Aprende sobre las culturas del mundo a través de la música, arte, cocina, cuentos y manualidades. Llévate a casa tu propio Sam para que puedas compartir tus viajes y cuentos con otros niños. Hay un costo de material de cocina de \$5 que debe pagarse al instructor el primer día de clase. Instructor: María Camilo. Octubre 6-27 (Martes), 5-7pm, parque Jim Barnett, salón Lord Fairfax. Costo: \$20 R, \$23 NR. Inscripción antes del 29 de septiembre. Actividad# 637242-05.

## Basketball Jr y Sr para niños

Esta emocionante Liga de Baloncesto da a cada jugador una oportunidad de mejorar sus habilidades mientras disfruta de ser parte de un equipo. Las prácticas son dos veces por semana y por una hora y los juegos los sábados.

### (Edades 9-10)

Noviembre 2-Diciembre 19 (Lunes y Miércoles 5:30-7:30pm y sábados por la mañana), en el gimnasio del parque Jim Barnett. Costo: \$44 R, \$50 NR. Inscripción antes del 25 de octubre. Actividad# 611643-01.

### (Edades 11-13)

Noviembre 3-Diciembre 19 (Martes y Jueves 5:30-7:30pm y sábados por la mañana), en el gimnasio del parque Jim Barnett. Costo: \$44 R, \$50 NR. Inscripción antes del 25 de octubre Actividad # 611643-02.

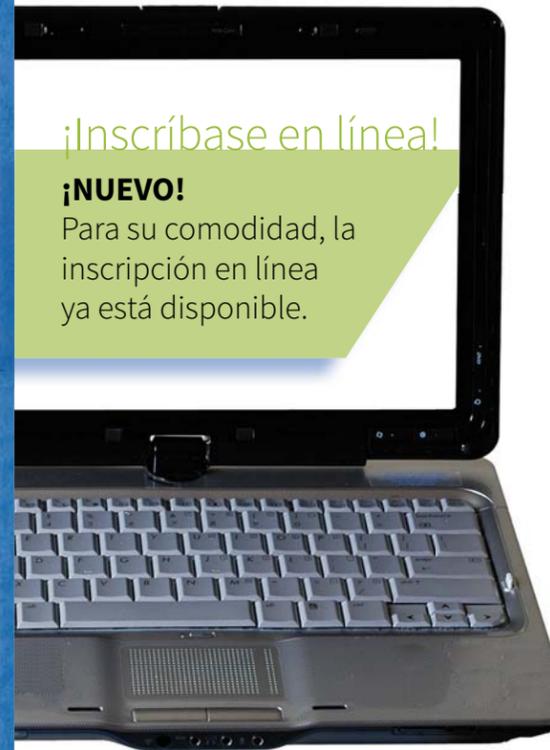


# Inscríbese Ya

¡Inscríbese en línea!

¡NUEVO!

Para su comodidad, la inscripción en línea ya está disponible.



### En línea

Inscríbese a través de Web Trac en: [webtrac.winchesterva.gov](http://webtrac.winchesterva.gov).

### En la oficina

Se aceptan inscripciones en la oficina durante horas de oficina.

### Por teléfono

Llame al (540) 662-4946. Debe pagarse con una tarjeta de crédito y enviar un formulario de inscripción completo.

### Por correo electrónico

Email [wincparks@winchesterva.gov](mailto:wincparks@winchesterva.gov).

### Por Fax

(540) 678-8791

Visite [www.winchesterva.gov/parks](http://www.winchesterva.gov/parks) para bajar el formulario de inscripción.

Se requiere el pago para clases y materiales (si procede) en el momento de la inscripción. No se procesarán inscripciones sin pago.



# Clases de Natación para Jóvenes

El Departamento de Parques y Recreación de Winchester ofrece clases de natación para niños entre 6 meses y 18 años de edad. Sin importar en el nivel que se encuentren, tenemos clases para ayudar a cada estudiante a fortalecer sus habilidades como nadador y ayudarlo a estar seguro dentro y cerca del agua. Creemos que cada persona debe aprender a nadar y queremos ayudarles enseñándoles a sus hijos los fundamentos. Para mayor información sobre las clases que ofrecemos, por favor revise las páginas 8-11 de esta guía o llame al (540) 662-4946, o inscribese en línea: [webtrac.winchesterva.gov](http://webtrac.winchesterva.gov). ¡Esperamos verle en la piscina!



# PartnerGroups

## private organizations

outside of Winchester Parks & Recreation. They serve as a strong resource to the community for athletic programming and help our organization provide well-rounded recreation options to the citizens of Winchester.

### Blue Ridge Youth Soccer Association

Registration for this recreational league takes place from June until July for the Fall 2015 Soccer season. Visit [www.brysa.org](http://www.brysa.org) or call (540) 662-6380 for more information. Teams are available for children ages 4 through high school.  
PO Box 2865  
Winchester, VA 22604  
BRYSA Hotline: (540) 662-6380  
[susanbms1990@gmail.com](mailto:susanbms1990@gmail.com)  
[brysaec@gmail.com](mailto:brysaec@gmail.com)



### Shenandoah Valley Youth Lacrosse

Shenandoah Valley Youth Lacrosse (SVYL) is a volunteer run organization whose goal is to provide a positive and fun lacrosse experience for boys and girls from ages 5-18. We strive to develop and maintain a program where every participant, regardless of initial skill level, has the opportunity to learn the game; develop and improve skills; and be prepared for the next level of lacrosse. SVYL includes families in Frederick, Clarke, Warren, and Shenandoah Counties.  
(540) 664-4826  
[www.svyl.uslaxteams.com](http://www.svyl.uslaxteams.com)  
Facebook: Shenandoah Valley Youth Lacrosse



### Winchester Baseball

Winchester Baseball is a youth baseball organization serving children ages 4-15 in the Cal Ripken Babe Ruth program. Brian Thompson, Vice President  
[chavabt@aol.com](mailto:chavabt@aol.com)  
[www.winchesterbaseball.com](http://www.winchesterbaseball.com)



### Winchester BMX

Bicycle motocross (BMX) has been in Jim Barnett Park for 30 years and helps cyclists build discipline, self esteem and physical fitness. Riders race against kids their own age and skill level. Riders have the ability to earn district, state, regional and national ranking and awards. Riders of all ages are welcome. Ages 2-5 will race strider bikes (no pedals). All you need to race is any 20" or 24" bike, a long sleeve shirt, long pants and a full face helmet. Loaner bikes and helmets are available. First race is free.  
(540) 324-3478  
[winchesterbmx.org](http://winchesterbmx.org) and Facebook



### Winchester Horseshoe Club

The horseshoe pitchers of Winchester and the surrounding area aim to promote, foster, and develop the game of horseshoe pitching both as a competitive sport and a recreational past time, and to provide the proper facilities to ensure the sport's continued growth. (Sanctioned 1978) by the National Horseshoe Pitching Association. Join us on Facebook.  
Victor Riggelman (President)  
(540) 877-1402  
Evelyn Zachorchak (League Director)  
(540) 837-1409



### Winchester Rugby Football Club

Winchester Rugby provides boys and girls the opportunity to compete in the newest Olympic sport from January-August. Rugby has a position for every body type and your child WILL PLAY. All you need are soccer cleats and a willingness to learn and have FUN. We have four teams: Boys Under 19 (High School) in the Spring, Boys Middle School (tackle), Under 11 Coed and Under 9 coed (tag) during the summer months.  
[www.winchesteryouthrugby.com](http://www.winchesteryouthrugby.com)  
[www.facebook.com/groups/52014846497](https://www.facebook.com/groups/52014846497)  
[newrugbyplayer@gmail.com](mailto:newrugbyplayer@gmail.com)



### Winchester Swim Team

Winchester Swim Team strives to provide the youth of our community the opportunity to excel at the sport of swimming. Our purpose is to train our swimmers not only with the physical requirements of local, state, and national competition, but also develop confidence, character, and team spirit through a motivating team environment. Winchester's only year-round competitive swim team! Registering ages 6 and up.  
Kelly Warnagaris  
[kellywarnagaris@winchesterswimteam.com](mailto:kellywarnagaris@winchesterswimteam.com)  
[WinchesterSwimTeam.com](http://WinchesterSwimTeam.com)



### Winchester-Frederick County Youth Football League

WFYFL has operated for over 50 years as Winchester and Frederick County's only tackle football league. We teach the fundamentals of football, team spirit and good sportsmanship to children ages 7 to 13. WFYFL has three divisions broken down by age. Practices and games vary by age group but are as many as 4 evenings per week.  
Michael Partlow  
[mpartlow@partlowinsurance.com](mailto:mpartlow@partlowinsurance.com)  
[www.wfyfl.org](http://www.wfyfl.org)



# Membership Benefits & Rates

**Rates:** Memberships, daily fees and punch passes include: Unlimited use of the indoor pool, fitness room, gymnasium, billiards table and racquetball court during designated times. Call WPRD for punch pass rates.

Memberships	1 Month		3 Months		Annual	
Child	\$16 R	\$20 NR	\$42 R	\$54 NR	\$144 R	\$192 NR
Student	\$20 R	\$24 NR	\$54 R	\$66 NR	\$192 R	\$240 NR
Adult	\$36 R	\$42 NR	\$99 R	\$117 NR	\$360 R	\$432 NR
Senior	\$16 R	\$20 NR	\$42 R	\$54 NR	\$144 R	\$192 NR
Family (up to 4)	\$68 R	\$84 NR	\$198 R	\$246 NR	\$768 R	\$960 NR
Military	\$16 R & NR		\$42 R & NR		\$144 R & NR	
Military Family (up to 4)	\$48 R & NR		\$138 R & NR		\$528 R & NR	

## Daily Fees

### Indoor/Outdoor Pools and Recreation Center

Child	\$4	Senior	\$4
Student	\$4.50	Family (up to 4)	\$14
Adult	\$5	Military	\$4

## Fitness Room

The fitness room is open during the building's hours of operation (see inside front cover) to participants 14 and up. Spectators are not permitted. Proper attire must follow WPRD fitness policy. These policies will be strictly enforced.

## Racquetball

The court can be used for racquetball or wallyball. Court reservations can be made seven calendar days in advance for no more than two hours at a time. The court is open and available for use during the building's hours of operation (see inside front cover).

*Reservation recommended.*

## Game Tables

Use the billiard table (ages 12+) or game tables (ages 8+) in the War Memorial Building. Pool sticks available or bring your own. Fee: Free with paid daily visit or \$1.50 for game tables only.



# Fitness Classes

Yoga, Zumba, Water Aerobics, Harvest Moon Yoga, and Aqua Arthritis are **included in the facility membership**. See pages 14-15 for information on these classes.

## Member Spotlight



Our Member Spotlight shines on Frances Lee. Ms. Lee is a local resident living in the area for all of her life. She fondly remembers the "Tac Club" and their dances once held at the War Memorial Building.

About 20 years ago she was advised medically to obtain a fitness routine so she started by walking the Kiwanis Par Course in Jim Barnett Park and did so until 2009.

In January 2010, she officially joined Winchester Parks and Recreation as a member.

The Fitness room is her passion as she uses the elliptical, treadmill, leg press and universal gym at least 4 days a week. Ms. Lee commented, "I feel much better after my workout and I leave with an extra boost of energy!"

Her hobbies are knitting, crochet, music, traveling to concerts and of course, exercise.

She wanted our readers to know how friendly and happy the staff are and the facility is a great outlet to make friends!

# Park Amenities/Pavilion Rentals

## Pavilion Rentals

Pavilions are available for full day rentals only. A full day is 9am-9pm. Pavilions can be used from April 15-October 15. Reservations are taken year-round.

FACILITY	CAPACITY	R	NR
Jaycee I, Key Club I & II, Optimist	S 25	\$35	\$40
POW-MIA Memorial, Shawnee Lions, Firemans	M 26-75	\$55	\$60
Kiwanis I, Antique Car, Exchange	L 76-100	\$75	\$80
Lions, Rotary	XL 101-150	\$85	\$90

### Disc Golf

Experience this inexpensive, family-friendly sport that people of all skill levels and ages can play.

The 18-hole disc golf course located in Jim Barnett Park meanders through 170 acres and boasts a balance of long challenging holes and short strategic holes.

Scorecards are available at the course map located at the first hole or can be downloaded from [winchesterva.gov/parks](http://winchesterva.gov/parks). Discs are available for rent at the War Memorial Building.

Fee: FREE Rental: \$2 each

### Dog Park

#### Yearly Membership Fees

First Dog: \$18 R, \$24 NR  
Per Additional Dog: \$6 R, \$8 NR  
Proof of registration and vaccination is required when purchasing a membership (3 dogs maximum). A special area for small dogs is also available. The dog park can be rented for parties. Call WPRD for details.

#### Little Free Library

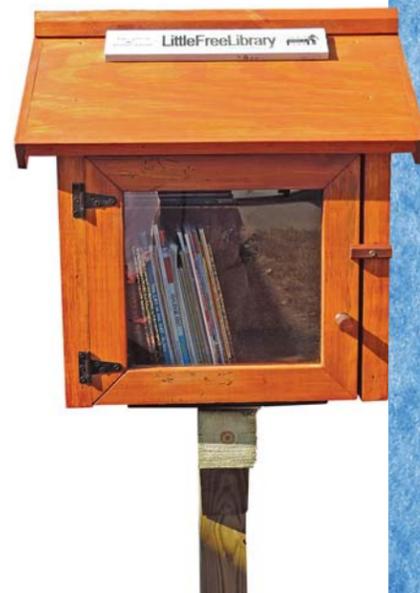
The Little Free Library is a community-friendly reading experience. It is a place people of all ages can come, pick out a book and read. Take one or return one, it is a free amenity supported by a local steward.

Whether someone wants to spend time in the park reading or is looking for something to take home, its sole purpose is to encourage reading. You can find our Little Free Library nestled in the rose garden next to the Jim Barnett Park War Memorial Building.

Little Free Library is a movement started by Todd Bol and Rick Brooks of Wisconsin, in 2010 and has grown to include little libraries in all states and dozens of countries. Little Free Library's mission is to promote literacy and the love of reading and build a sense of community as we share skills, creativity and wisdom across generations.

#### Hours

**April 1 - October 31**  
Daily: 6 am - 9 pm  
**November 1 - March 31**  
Mon - Fri: 6 am - 5 pm  
Saturday: 9 am - 5 pm  
Sunday: Noon - 5pm  
**CLOSED Dec. 24-Jan. 3**



Check Availability Online at:  
[webtrac.winchesterva.gov](http://webtrac.winchesterva.gov)

Facility	Capacity	Resident	Non-Resident
Lord Fairfax Room	50	\$25	\$31
Arts & Crafts Room	50	\$19	\$23
Full Gymnasium	1,000	\$92	\$98
Full Court Gym	666	\$61	\$65
1/3 Gym	333	\$31	\$33
Social Hall	175	\$63	\$79
Recreation Room	20	\$6	\$8
Indoor Pool	80	\$96	\$112
Outdoor Pool	300	\$156	\$168
BMX Track*	200	\$17	\$23
Horseshoe Courts*	200	\$21	\$27
Tennis Court*	100	\$3	\$5
Bridgeforth Field*	300-1,500	\$22	\$30
Bodie Grim & Eagles Fields*	300-1,500	\$18	\$24
Rotary, Yost, T-Ball, and Henkel Harris Fields*	150-500	\$9	\$15
Preston Rectangular Field*	(Large)	\$18	\$24
Preston Rectangular Field*	(Small)	\$15	\$21

#### Winchester Public Schools Athletic-Based Facility Rentals

Daniel Morgan Middle Gym	600	\$49	\$50
Daniel Morgan Middle Auxiliary Gym	650	\$37	\$38
Quarles Elementary Gym	338	\$37	\$38
VA Avenue Charlotte DeHart Elementary Gym	338	\$37	\$38
Elementary School Grounds*	300-1,500	\$21	\$24
John Handley High Facilities	Call JHHS for reservations		

\* \$10 flat fee for lighting and/or \$10 (ball field) or \$20 (soccer field) fee for field lining if needed.

#### Rental Rates

Rate listed is per hour. A \$25 hourly staffing fee will be applied to rentals scheduled outside the facility's regular hours of operation. Winchester Public Schools facility rentals must meet insurance requirements. Athletic facility rentals have a 2-hour minimum and additional custodial fees may apply. Winchester Parks & Recreation facility rentals under \$200 must be paid in full at time of reservation. Rentals \$200 and up require a 30% deposit.

# Facility Rentals

R=Resident, NR=Non-Resident

### Social Hall

Plan your next gathering at the Active Living & Recreation Center in beautiful Jim Barnett Park. Our formal 6,750 sq. ft. social hall accommodates up to 175 guests and has a commercial kitchen. **Rentals are Available Friday and Saturday. Package not offered on Sunday. Rental is from Noon-8pm.**

### NEW! Party Package



#### PARTY PACKAGE RATES

Social Hall	\$500
Social Hall & Kitchen	\$600

Included with the rental are table and chairs, audio/visual equipment, and setup and take down of tables and chairs.

**NOTE:** Rental must include set up and take down time. Kitchen may only be used with a caterer that is on Parks and Recreation's approved caterer's list. Each additional hour before or after the set party hours will incur a fee of \$25/per hour, and the event must be cleaned up before midnight.

**Hourly Rates** (contact WPRD for non-profit rates)

**Social Hall** \$63 R \$79 NR **Hall & Kitchen** \$81 R \$102 NR

Need a larger space? We also have a 14,000 sq. ft. gymnasium for larger gatherings or events. Call for gym rental rates.

#### Non-Profit Rental Rates

The following requirements must be met in order to receive the discounted facility rental rate:

- Physically located in the Winchester city limits (zip code 22601)
- Provide proof of 501(c)(3) non-profit status

#### Facility & Hourly Rate

Lord Fairfax Room	\$19	<b>Rent the Gym, Sat. 6-8pm</b>
Full Gymnasium	\$81	
1/3 Gym	\$27	
Recreation Room	\$5	
Outdoor Pool	\$150	
DMMS Auxiliary Gym	\$35	
VACDES Gymnasium	\$35	
Arts & Crafts Room	\$14	
Full Court Gym	\$54	
Social Hall	\$48	
Indoor Pool	\$90	
DMMS Gymnasium	\$47	
QES Gymnasium	\$35	<b>Rent the Indoor Pool: Sat. 6-8pm \$192 R, \$224 NR</b> <b>Rent the Outdoor Pool: Fri-Sun, 7-9pm, until Sept. 6, \$312 R, \$336 NR</b>
Elementary School Grounds	\$18	



# Register Now

## Register Online!

**NEW!**  
For your convenience, online registration is now available.



### Swim Lesson Registration

- Participants have until the day before the first class of the session to register. However, understand it is a first-come, first-enter process.
- If your child's class is full, you will be put onto a waiting list. If a spot becomes available, spaces are filled in order of the waiting list. You will only be charged if your child is placed in a class. If your child does not get into the session, you will need to re-register for the next sessions. Students on the waiting list do not carry over to the next session.

- Please do not register for multiple sessions at a time. Each child progresses at different speeds and it may take them more than one session before being ready to move to the next level. We cannot guarantee that your child will move to the correct level if incorrectly registered.

### Cancellations & Refunds

In the event of inclement weather, closings and cancellations will be announced via local radio stations, cable television stations, City of Winchester's Facebook, winchesterva.gov and the cancellation hotline. Call (540) 662-4946, Ext. 2833 for cancellations due to inclement weather. NOTE: Programs will be cancelled if minimum registration numbers are not met. View the refund policy online at winchesterva.gov/parks or ask the front desk.

### Accommodations

WPRD welcomes participation in all programs and activities by individuals with disabilities and special needs. WPRD is committed to inclusion and providing recreation services in the most integrated setting in which interaction between people with and without disabilities is provided to the maximum extent feasible.

If you have a special need or request for reasonable accommodation in accordance with ADA, and want to assist the WPRD staff in addressing such need or request, we strongly urge you to contact WPRD in advance and in a timely manner, or indicate what these needs are on all registration forms. Please understand that failure to provide timely and appropriate notice of a special need and/or request for reasonable accommodation may result in a delay in registration. When feasible and appropriate, WPRD asks that requests for reasonable accommodation be made at least two weeks in advance of any activity or program.

# Pool/Gym Schedules

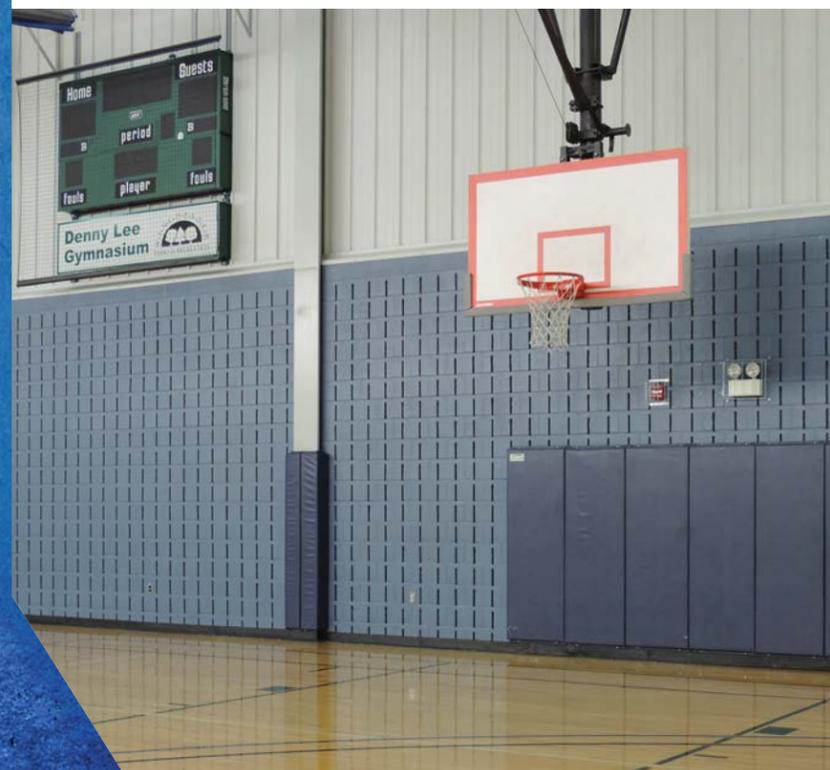


## Open Gym

The gym will be available at the below times to anyone who would like to drop by Jim Barnett Park to play some hoops. This is not a league or program. Basketballs are available if needed. Organized practices of any kind are not permitted during Open Gym times. Anyone entering the gym must pay the daily fee or have a punch pass/membership.

### August 10-December 18

ALL AGES	M	T	W	TH	F	S	SU
Noon - 3 pm							
4 - 5:45 pm							
7:30 - 9:15 pm							
AGES 30+	M	T	W	TH	F	S	SU
7:30 - 9:15 pm							



Gym/Pool available  Not available

## Outdoor Pool August 10-September 7

GENERAL SWIM	M	T	W	TH	F	S	SU
12 - 5:45 pm							
LAP SWIM	M	T	W	TH	F	S	SU
5:30 - 8 am							
9 am - Noon							
10 am - Noon	*	*	*	*	*		
6-7 pm							

## Indoor Pool September 7-November 8

GENERAL SWIM	M	T	W	TH	F	S	SU
Noon - 1 pm							
2 - 4 pm							
LAP SWIM	M	T	W	TH	F	S	SU
5:30 - 9:30 am							
5:30 - 11 am							
11 am - Noon	*	*	*	*	*		
Noon - 2 pm							
2 - 4:30 pm							
3 - 4:30 pm							
6 - 7 pm							
7:30 - 9:15 pm							

ACTIVE ADULT/THERAPEUTIC	M	T	W	TH	F	S	SU
1 - 2 pm							

## November 9-February 21

GENERAL SWIM	M	T	W	TH	F	S	SU
Noon - 1 pm	*	*	*	*	*		
2 - 4 pm						*	*
LAP SWIM	M	T	W	TH	F	S	SU
5:30 - 6:30 am							
6:30 - 9:30 am							
7:15 - 11 am							
11 am - Noon	*	*	*	*	*		
Noon - 2 pm							
1 - 2 pm							
2 - 3:30 pm							
6 - 7 pm							
7:30 - 8:30 pm							

ACTIVE ADULT/THERAPEUTIC	M	T	W	TH	F	S	SU
1 - 2 pm							

\* Only three lap lanes are available at this time.  
Indoor Pool CLOSED: November 26 & 27, December 24, 25, and 31, and January 1.

## Proud Home of the Winchester POW / MIA Memorial & Korean War Memorial



### **POW/MIA Memorial**

Built in 2005 to honor and recognize those Virginia soldiers, airmen, sailors and marines, who through their military service to their country, and their status as a POW-MIA, have yet to come home. Now supported by the Jim Burkins Memorial Fund.

### **Korean War Memorial**

This memorial was built and dedicated in 2013 by the Shenandoah Valley Chapter 313, Korean War Veterans Association as a way to remember those brave individuals in our community and surrounding counties who served during the bitter conflict.

