

## Spring JAMFest

Register by: 5/8

Activity #: 621643

Fee: \$175/team

Location: John Handley High, Gym

Test your team's skills against other great competitors. These are not AAU-sanctioned tournaments, however, AAU teams are invited to participate. Three-game guarantee.

DIVISION	DAY	START TIME	SECTION
5th Grade	Saturday, May 13	8am	14
6th Grade	Saturday, May 13	8am	15
7th Grade	Saturday, May 13	8am	16
8th Grade	Saturday, May 13	8am	17

## BMX101 (Ages 4+)

Register by: 4/10

Activity #: 621643

Fee: \$24

Location: Jim Barnett Park, BMX Track

Bicycle motorcross (BMX) is currently the fastest growing youth sport in North America and offers every rider the ability to participate at his or her own pace. BMX 101 will teach all the basic skills necessary to begin racing. Riders are required to wear long pants, long sleeve shirts, sneakers and a full face helmet. The track has loaner helmets that can be borrowed during class. Participants must bring their own bike. Any bike can be used with minor adjustments: kickstand, reflectors, chain guard and pegs must be removed for safety reasons. For more information: Winchester BMX, (540) 324-3478, winchesterbmx.org.

SESSION	DAY	TIME	SECTION
4/13-5/18	Thursday	5:30pm-6:30 pm	01

# Adult Athletics

## Ultimate Frisbee Hat Tournament (Ages 18+)

Join the first Winchester area Ultimate Frisbee Hat Tournament. Players will be randomly divided into teams (based on skill rating) before playing games. USAU rules apply. The number of games played will depend on number of participants. Call (540) 662-4946, ext. 1818 for more details.

## Pickleball League (Ages 18+)

Register by: 4/17

Activity #: 621645

Fee: \$10 R \$16 NR

Location: Jim Barnett Park, Gym

Pickleball is a racket sport that blends tennis, badminton and ping pong. The main objective of Pickleball is to keep the ball in play over a net that is three feet off the ground, while utilizing placement and pace. Equipment consists of oversize ping pong type paddles and a plastic perforated ball. All equipment needed to play will be provided. Singles or doubles format depends on participants. \*No session 5/7, 5/28

SESSION	DAY	TIME	SECTION
7/23-6/11	Sunday	Noon-4pm	17

## Ladies Night Basketball (Ages 18+)

Location: Jim Barnett Park, Gym

The gym will be available for anyone who would like to drop in and play pickup basketball. This is not a league or program. Basketballs are available.

SESSION	DAY	TIME	FEE
1/10-3/14	Tuesdays	7:30pm-9:15pm	Daily Fee/Membership

## Kickball (Ages 18+)

Register by: 5/1

Activity #: 621645

Fee: \$100/team

Location: Jim Barnett Park, Henkel Harris Field

This co-ed league is played like the elementary school game you remember - the one with the big red playground ball. It's an easy game that is open to all skill levels.

SESSION	DAY	TIME FRAME	SECTION
5/9-6/13	Tuesday	6:30pm-9:30pm	05

## Wallyball (Ages 18+)

Register by: 1/9

Activity #: 611645

Fee: \$30/team

Location: Jim Barnett Park, Racquetball Court

If you're looking for a fast paced fun, Wallyball is for you. All skill levels welcome. Teams will play 3 on 3.

SESSION	DAY	TIME FRAME	SECTION
1/16 - 3/6	Monday	6pm-9pm	04

## Drop-In Volleyball (Ages 18+)

Players will divide into teams on site and play pickup games.

Location: Jim Barnett Park, Gym

SESSION	DAY	TIME	FEE
12/27 & 1/3	Tuesday	6pm-9:15pm	\$2
3/21-5/9	Tuesday	7:30pm-9:15pm	\$2

## Senior Drop-In Pickleball (Ages 55+)

Location: Jim Barnett Park, Gym

Pickleball is a racket sport that blends tennis, badminton and ping pong. The main objective of Pickleball is to keep the ball in play over a net that is three feet off the ground, while utilizing placement and pace. Pickleball can be played as either singles (2 people) or doubles (4 people). Equipment consists of oversized ping pong type paddles and a plastic perforated ball. Equipment provided.

\*No session 4/4

SESSION	DAY	TIME	FEE
1/10-5/23	Tuesday	9am-11am	\$2 or Free with membership

## Ultimate Frisbee League (Ages 16+)

Register by: 4/3

Activity #: 617645

Fee: \$150 R \$160 NR (Teams), \$15 R \$16 NR (Individual)

Location: Jim Barnett Park, Preston Field

Combining the non-stop movement and athletic endurance of soccer with the aerial passing skills of football, a game of Ultimate is played by two seven-player squads with a high-tech plastic disc on a field similar to football. The object of the game is to score by catching a pass in the opponent's end zone. Teams of 7 participants minimum, 14 participants maximum per team. Option to sign up as an individual and get placed on a team is also available.

SESSION	DAY	TIME FRAME	SECTION
4/12-6/7	Wednesday	5:30pm-10pm	01 (Team)
4/12-6/7	Wednesday	5:30pm-10pm	02 (Indiv)