

# Youth Athletics



## Pee Wee Basketball (Ages 5-8)

Register by: 1/9 Activity #: 621643  
 Fee: \$40 R \$46 NR

Location: Jim Barnett Park, Gym-Full  
 Lace up your high tops and learn the basics of this exciting sport during practices and put those skills to use during games.

### AGES 5-6

SESSIONS	DAY	TIME FRAME	SECTION
1/14-3/4	Saturday	*9am-11am	08

### AGES 7-8

SESSIONS	DAY	TIME FRAME	SECTION
1/14 - 3/4	Saturday	*11am-1pm	09

## Volleyball (Ages 11-15)

Register by: 3/13 Activity #: 621643  
 Fee: \$50 R \$56 NR

Location: Jim Barnett Park, Gym-Full  
 Are you ready to bump, set, spike? This league will help new players learn the fundamentals of volleyball and allow experienced players to continue improving their skills.

### AGES 11-12

SESSION	DAY	TIME FRAME	SECTION
3/21-5/11	Tu/Th	*5:30pm-7:30pm	10

### AGES 13-15

SESSION	DAY	TIME FRAME	SECTION
3/20-5/10	M/W	*5:30pm-7:30pm	11

## Field Hockey (Ages 7-12)

Register by: 1/5 (sec. 21), 2/23 (sec. 22) Activity #: 621643  
 Fee: \$10

Location: Jim Barnett Park, Gym-Full  
 WPRD is now offering FUNdamental Field Hockey through USA Field Hockey Association. Participants will learn the fundamentals of the game and have fun while playing. Mouth guard and shin guards are required, all other equipment will be provided.

SESSIONS	DAY	TIME FRAME	SECTION
1/8-2/19	Sunday	2pm-3:30pm	21
2/26-4/9	Sunday	2 pm-3:30pm	22

## Indoor Soccer (Ages 5-10)

Register by: 1/2 Activity #: 621643  
 Fee: \$44 R \$50 NR

Location: Jim Barnett Park Gym-Full  
 Sign up today for the hottest winter indoor soccer league in the city. Players will learn the fundamentals of soccer and test those skills during games. Shinguards required.

### AGES 5-7

SESSIONS	DAY	TIME FRAME	SECTION
1/10-3/2	Tu/Th	*5:30pm-7:30pm	06

### AGES 8-10

SESSIONS	DAY	TIME FRAME	SECTION
1/9-3/1	M/W	*5:30pm-7:30pm	07

## Soccer Shots Classic (Ages 3-5)

Register Online: <https://www.soccershots.org/northwesternva/>  
 Fee: \$95 Register by: Day of

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. A positive character trait is also highlighted at each session: respect, teamwork and appreciation. \*No program 4/15, 5/6, 5/27

SESSIONS	DAY	TIME FRAME	LOCATION
1/7-2/25	Saturday	3:15pm-4:00pm	Gym
4/1-6/10	Saturday	9:30am-10:15am	Festival Field
4/3-5/22	Monday	5:30pm-6:15pm	Festival Field

## Soccer Shots Premier (Ages 5-8)

Register Online: <https://www.soccershots.org/northwesternva/>  
 Fee: \$95 Register by: Day of

Soccer Shots Premier focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner. \*No program 4/15, 5/6, 5/27

SESSIONS	DAY	TIME FRAME	LOCATION
1/7-2/25	Saturday	2:15pm-3:00pm	Gym
4/1-6/10	Saturday	10:30am-11:15am	Festival Field
4/3-5/22	Monday	5:30pm-6:15pm	Festival Field

## Soccer Shots Special Needs (Ages 4-12)

Register Online: <https://www.soccershots.org/northwesternva/>  
 Fee: \$95 Register by: Day of

Soccer Shots Special Needs was established to allow children with physical and developmental disabilities access to the game while simply being themselves. Utilizing individual skill building, engaging games, and positive behavior support we aim to develop in each participant a sense of joy, confidence and achievement.

AGES	SESSIONS	DAY	TIME FRAME	LOCATION
8-12	1/7-2/25	Saturday	2:15pm-3:00pm	Gym
4-7	1/7-2/25	Saturday	3:15pm-4:00pm	Gym
4-7	4/3-5/22	Monday	5:30pm-6:15pm	Festival Field
8-12	4/3-5/22	Monday	6:30pm-7:15 pm	Festival Field

\*one hour time slots



## Spring JAMFest

Register by: 5/8

Activity #: 621643

Fee: \$175/team

Location: John Handley High, Gym

Test your team's skills against other great competitors. These are not AAU-sanctioned tournaments, however, AAU teams are invited to participate. Three-game guarantee.

DIVISION	DAY	START TIME	SECTION
5th Grade	Saturday, May 13	8am	14
6th Grade	Saturday, May 13	8am	15
7th Grade	Saturday, May 13	8am	16
8th Grade	Saturday, May 13	8am	17

## BMX101 (Ages 4+)

Register by: 4/10

Activity #: 621643

Fee: \$24

Location: Jim Barnett Park, BMX Track

Bicycle motorcross (BMX) is currently the fastest growing youth sport in North America and offers every rider the ability to participate at his or her own pace. BMX 101 will teach all the basic skills necessary to begin racing. Riders are required to wear long pants, long sleeve shirts, sneakers and a full face helmet. The track has loaner helmets that can be borrowed during class. Participants must bring their own bike. Any bike can be used with minor adjustments: kickstand, reflectors, chain guard and pegs must be removed for safety reasons. For more information: Winchester BMX, (540) 324-3478, winchesterbmx.org.

SESSION	DAY	TIME	SECTION
4/13-5/18	Thursday	5:30pm-6:30 pm	01

# Adult Athletics

## Ultimate Frisbee Hat Tournament (Ages 18+)

Join the first Winchester area Ultimate Frisbee Hat Tournament. Players will be randomly divided into teams (based on skill rating) before playing games. USAU rules apply. The number of games played will depend on number of participants. Call (540) 662-4946, ext. 1818 for more details.

## Pickleball League (Ages 18+)

Register by: 4/17

Activity #: 621645

Fee: \$10 R \$16 NR

Location: Jim Barnett Park, Gym

Pickleball is a racket sport that blends tennis, badminton and ping pong. The main objective of Pickleball is to keep the ball in play over a net that is three feet off the ground, while utilizing placement and pace. Equipment consists of oversize ping pong type paddles and a plastic perforated ball. All equipment needed to play will be provided. Singles or doubles format depends on participants. \*No session 5/7, 5/28

SESSION	DAY	TIME	SECTION
7/23-6/11	Sunday	Noon-4pm	17

## Ladies Night Basketball (Ages 18+)

Location: Jim Barnett Park, Gym

The gym will be available for anyone who would like to drop in and play pickup basketball. This is not a league or program. Basketballs are available.

SESSION	DAY	TIME	FEE
1/10-3/14	Tuesdays	7:30pm-9:15pm	Daily Fee/Membership

## Kickball (Ages 18+)

Register by: 5/1

Activity #: 621645

Fee: \$100/team

Location: Jim Barnett Park, Henkel Harris Field

This co-ed league is played like the elementary school game you remember - the one with the big red playground ball. It's an easy game that is open to all skill levels.

SESSION	DAY	TIME FRAME	SECTION
5/9-6/13	Tuesday	6:30pm-9:30pm	05

## Wallyball (Ages 18+)

Register by: 1/9

Activity #: 611645

Fee: \$30/team

Location: Jim Barnett Park, Racquetball Court

If you're looking for a fast paced fun, Wallyball is for you. All skill levels welcome. Teams will play 3 on 3.

SESSION	DAY	TIME FRAME	SECTION
1/16 - 3/6	Monday	6pm-9pm	04

## Drop-In Volleyball (Ages 18+)

Players will divide into teams on site and play pickup games.

Location: Jim Barnett Park, Gym

SESSION	DAY	TIME	FEE
12/27 & 1/3	Tuesday	6pm-9:15pm	\$2
3/21-5/9	Tuesday	7:30pm-9:15pm	\$2

## Senior Drop-In Pickleball (Ages 55+)

Location: Jim Barnett Park, Gym

Pickleball is a racket sport that blends tennis, badminton and ping pong. The main objective of Pickleball is to keep the ball in play over a net that is three feet off the ground, while utilizing placement and pace. Pickleball can be played as either singles (2 people) or doubles (4 people). Equipment consists of oversized ping pong type paddles and a plastic perforated ball. Equipment provided.

\*No session 4/4

SESSION	DAY	TIME	FEE
1/10-5/23	Tuesday	9am-11am	\$2 or Free with membership

## Ultimate Frisbee League (Ages 16+)

Register by: 4/3

Activity #: 617645

Fee: \$150 R \$160 NR (Teams), \$15 R \$16 NR (Individual)

Location: Jim Barnett Park, Preston Field

Combining the non-stop movement and athletic endurance of soccer with the aerial passing skills of football, a game of Ultimate is played by two seven-player squads with a high-tech plastic disc on a field similar to football. The object of the game is to score by catching a pass in the opponent's end zone. Teams of 7 participants minimum, 14 participants maximum per team. Option to sign up as an individual and get placed on a team is also available.

SESSION	DAY	TIME FRAME	SECTION
4/12-6/7	Wednesday	5:30pm-10pm	01 (Team)
4/12-6/7	Wednesday	5:30pm-10pm	02 (Indiv)

# Park Partners

Winchester Parks and Recreation's partners are private organizations outside of Parks and Recreation programs. They serve as a strong resource to the community for athletic programming and help our organization provide well-rounded recreation options to the citizens of Winchester.

## Blue Ridge Youth Soccer Association

Registration for this recreational league takes place from November to February for the 2017 spring season.



Visit [www.brysa.org](http://www.brysa.org) or call (540) 662-6380 for more information. Teams are available for children ages 4 through high school. **Contact:** P. O. Box 2865, Winchester, VA 22604, BRYSA Hotline: (540) 662-6380, [susanbms1990@gmail.com](mailto:susanbms1990@gmail.com), [brysapec@gmail.com](mailto:brysapec@gmail.com)

## Winchester-Frederick County Youth Football League

WFYFL has operated for over 50 years as Winchester and Frederick County's only tackle football league. We teach the fundamentals of football, team spirit and good sportsmanship. WFYFL has four divisions broken down by age. Practices and games vary by age group but are as many as four evenings per week. We now offer four age divisions from the age of 7 to age 13. **Contact:** Michael Partlow, [mpartlow@partlowinsurance.com](mailto:mpartlow@partlowinsurance.com), [www.wfyfl.org](http://www.wfyfl.org)



## Winchester Swim Team

WST is Winchester's only year-round competitive swim team and strives to provide the youth of our community the opportunity to excel at the sport of swimming.



Our purpose is to train swimmers not only with the physical requirements of local, state and national competition, but also develop confidence, character and team spirit through a motivating team environment. Registering ages 6 and up. **Contact:** [kelly@warnagiris.org](mailto:kelly@warnagiris.org), [www.winchesterswimteam.com](http://www.winchesterswimteam.com)

## Winchester Baseball

A youth baseball organization serving children ages 4-15 in the Cal Ripken Babe Ruth program.



**Contact:** Brian Thompson, VP, [chavabt@aol.com](mailto:chavabt@aol.com), [winchesterbaseball.com](http://winchesterbaseball.com)

## Shenandoah Valley Youth Lacrosse

SVYL is a volunteer-run organization whose goal is to provide a positive and fun lacrosse experiences for boys and girls from ages 5-18. We strive to develop and maintain a program where every participant, regardless of initial skill level, has the opportunity to learn the game; develop and improve skills and be prepared for the next level. SVYL serves Frederick, Clarke, Warren and Shenandoah Counties. **Contact:** (540) 664-4826, [www.svyl.uslaxteams.com](http://www.svyl.uslaxteams.com). Facebook: Shenandoah Valley Youth Lacrosse



## Winchester Rugby Football Club

Winchester Rugby provides boys and girls the opportunity to compete in the newest Olympic sport from January-August. Rugby has a position for every body type and every child WILL PLAY. All you need are soccer cleats and a willingness to learn and have FUN. We have four teams: Boys under 19 (High School) in the spring, Boys Middle School (tackle), under 11 co-ed and under 9 co-ed (tag) in the summer. **Contact:** [www.winchesteryouth-rugby.com](http://www.winchesteryouth-rugby.com), [newrugbyplayer@gmail.com](mailto:newrugbyplayer@gmail.com), [www.facebook.com/groups/52014846497](https://www.facebook.com/groups/52014846497)



## Winchester BMX

Winchester BMX has been in Jim Barnett Park for 30 years and helps cyclists build discipline, self-esteem, and physical fitness. Riders race against each other within their own age group and skill level. Riders have the ability to earn district, state, regional and national rankings and awards by the sanctioning body, USABMX. Ages 2-5 can use balance bikes (no pedals). All you need to race is any 20" or 24" bike, long-sleeved shirt, long pants, and helmet. Loaner bikes and helmets are available. First race is free. **Contact:** Jason Kendall (Track Operator), [wbmxxva@gmail.com](mailto:wbmxxva@gmail.com), 540-324-3478, [usabmx.com/tracks/1899](http://usabmx.com/tracks/1899), [www.facebook.com/WinchesterBMX](https://www.facebook.com/WinchesterBMX) Instagram-@winchester\_bmx



## Winchester Horseshoe Club

The horseshoe pitchers of Winchester and the surrounding area aim to promote, foster, and develop the game of horseshoe pitching both as a competitive sport and a recreational past time, and to provide the proper facilities to ensure the sport's continued growth. Sanctioned in 1978 by the National Horseshoe Pitching Association. **Contact:** Victor Riggleman, President, (540) 877-1402, Evelyn Zachorchak, League Director, (540) 837-1409

## Shenandoah Valley Tennis Association-"USTA" Competitive Adult Team Tennis

Interested in playing competitive adult team tennis? **Contact:** Carisa Dueweke, USTA Adult Local League Coordinator, [cydueweke@gmail.com](mailto:cydueweke@gmail.com), (540) 533-8169, [www.syatennis.org](http://www.syatennis.org), [www.midatlantic.usta.com](http://www.midatlantic.usta.com)



### Indoor Lacrosse (Ages 11-13)

**Dates:** Sundays, 12/18-2/9, 12-5pm **Fee:** \$50 **Register by:** 12/4 **Location:** Body Renew Family Sports Center  
Players will be divided into age groups (each age group will be scheduled for a one-hour game/instructional time).

### Field Lacrosse (Ages 7-18)

**Dates:** 3/6-6/1 **Fee:** TBD **Register By:** 12/4 **Location:** Frederick Douglas Elementary  
Practices will be two days/week with Saturday games.

Equipment for both leagues is available with a \$100 refundable deposit for the entire season. \$25 USLacrosse membership/insurance is required. **Contact:** [www.svylacrosse.org](http://www.svylacrosse.org)