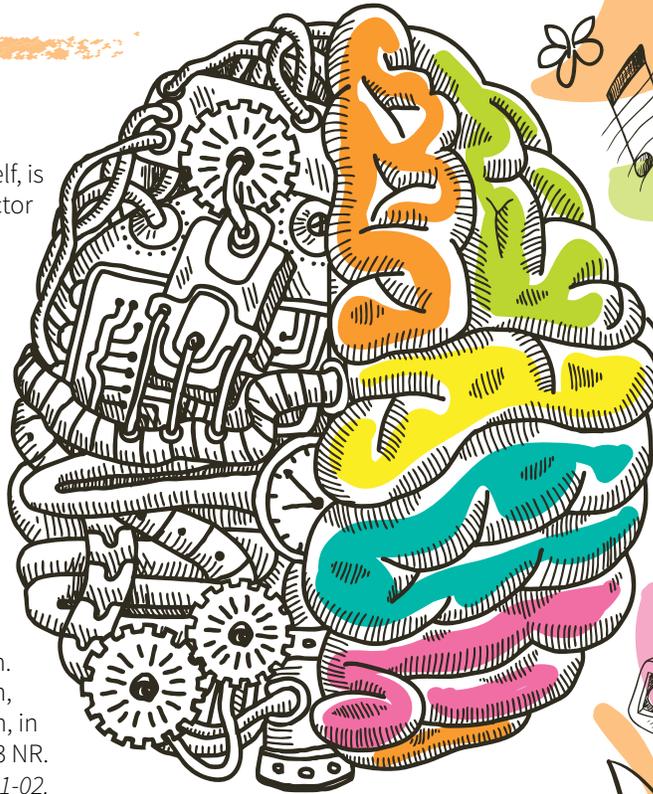


communication

& Creative Expressions

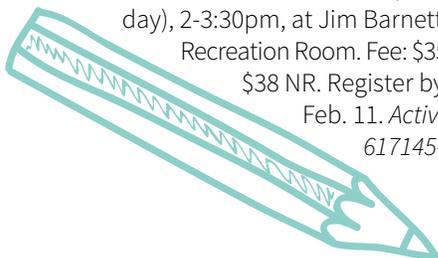
American Sign Language (Ages 18+)

Our instructor, Donna Day, deaf herself, is an experienced sign language instructor who designed this class for the local community to come together and learn the basics of American Sign Language. This 12-week course is for beginner adults. Participants will learn the basic fundamentals of finger-spelling and understanding ASL sentence structures, including proper eye movement, facial grammar and body posture. Textbook is required. Purchase the textbook in advance at Amazon.com by searching for *Learning American Sign Language Second Edition, Level I & II* by Tom Humphries and Carol Padden. Mar. 4-May 20 (Wednesday), 6-7:30pm, Mar. 5-May 21 (Thursday), 10:30-12pm, in the Lord Fairfax Room. Fee: \$70 R, \$73 NR. Register by Feb. 24. Activity# 648100-01-02.



Writing for Pleasure (Ages 18+)

Unlock the stories you have inside! Whether you aim to write a family memoir, create a moving personal essay or produce pieces to submit for publication, this class will introduce techniques that work. Classes will offer instruction from formulating story ideas to tackling the blank computer screen, editing a first draft and finally, finishing a piece of work. Using the methods taught in this course, anyone can have a more satisfying experience as a writer. The instructor is a widely published journalist and author with more than 35 years' experience, whose work has appeared regionally and nationally. Instructor: Maggie Wolff Peterson. Feb. 18-Mar. 25 (Wednesday), 2-3:30pm, at Jim Barnett Park, Recreation Room. Fee: \$35 R, \$38 NR. Register by Feb. 11. Activity# 617145-03.



Half-Hour Private Guitar Lessons (Ages 8+)

Receive private instruction, with the goal of making you the best guitarist you can be. Learn how to read music, and play some of your favorite tunes. Instructor will contact student to schedule dates and times. (Includes 4 half hour lessons). Instructor Marshall Wacker. Location: Jim Barnett Park, Recreation Room. Fee: \$62 R, \$65 NR. Registration is on-going. Activity# 617147-01.

One-Hour Private Guitar Lessons (Ages 8+)

Ideal for more advanced guitar players. Longer instruction time allows for more growth and learning at every lesson. Instructor will contact student to schedule dates and times. (Includes 4 one hour lessons). Instructor: Marshall Wacker. Location: Jim Barnett Park, Recreation Room. Fee: \$126 R, \$129 NR. Registration is on-going. Activity# 617147-02.

Right BRAIN



PLAY Your Child's Best Teacher: Play

"The more time children spend in structured, parent-guided activities, the worse their ability to work productively towards self-directed goals. Unstructured, unsupervised, playtime is one of the most valuable educational opportunities we give our children. It is fertile ground; the place where children strengthen social bonds, build emotional maturity, develop cognitive skills, and shore up their physical health. The value of free play, daydreaming, risk-taking, and independent

Beginning Drawing (Ages 18+)

This course is for those that have always wanted to draw but thought they had to be born with the talent. It's not true! Learn to draw using the right side of your brain and with grid methods. A \$20 material fee will need to be paid to the instructor the first night of class; you will be able to keep the materials after the class. Instructor: Robin Palmer. Jan. 26-Mar. 2 (Monday), 5-7pm, at Jim Barnett Park, Arts & Crafts Room. Fee: \$47 R, \$50 NR. Register by Jan. 19. Activity# 617147-22.

Portrait Drawing (Ages 18+)

Learn to draw and color portraits from your favorite photos or those given in class. You'll learn blended and shading techniques using different methods with grids and transfer paper that captures the soft tones and dimensional shapes of skin, hair and clothing. You'll also learn how to master proportion and put the features together then gradually shade and blend your way to amazing lifelike portraits. You have a choice of working in graphite or colored pencil or both. There is a \$20 material fee payable to the instructor during the first class. Instructor: Robin Palmer. Mar. 9-Apr. 13 (Monday), 5-7pm, at Jim Barnett Park, Arts & Crafts Room. Fee: \$47 R, \$50 NR. Register by Feb. 23. Activity# 617147-23.

Water Color Pencil (Ages 18+)

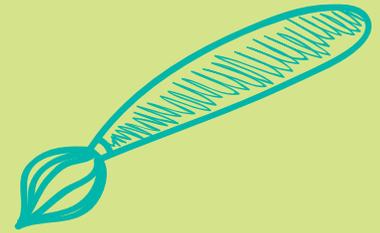
Come learn how to draw and paint with colored pencils. This amazing versatile medium is for those that like to paint with water and dry colored pencil. They are portable, lightweight, precise, expressive, sketchy, and relatively inexpensive. These pencils are great fun to explore and may just become indispensable among your art supplies. Come learn how to use these pencils in a new way and experiment doing exercises to familiarize yourself with the medium. You may find that these pencils fit the bill. An additional \$20 material fee will need to be paid to the instructor at the first class. Instructor: Robin Palmer. Feb. 4-Mar. 11 (Wednesday), 1-3pm, at Jim Barnett Park, Lord Fairfax Room. Fee: \$47 R, \$50 NR. Register by Jan. 26. Activity# 617147-24.

discovery have been much in the news this year, and a new study by psychologists at the University of Colorado reveals just how important these activities are in the development of children's executive functioning. Children who engage in more free play have more highly developed self-directed executive function.

All of this is in keeping with the findings of Boston College psychology professor Peter Gray, who studies the benefits of play in human development. In his book *Free to Learn: Why Unleashing the Instinct to Play Will Make Our Children Happier, More Self-Reliant, and*

**Colored Pencil (Ages 18+)**

Whether you choose to use colored pencils for sketches or to create fully rendered drawings, you will find colored pencils a joy to work with. Come learn the many approaches and techniques in colored pencil art. A \$20 material fee will need to be paid to the instructor the first night of class; you will be able to keep the materials after the class. Instructor: Robin Palmer. Mar. 18-Apr. 22 (Wednesday), 1-3pm, at Jim Barnett Park, Lord Fairfax Room. Fee: \$47 R, \$50 NR. Register by Mar. 11. Activity# 617147-25.

**Oil Painting (Ages 15+)**

No previous art classes needed for this class just an interest in painting and a willingness to learn. Each student will learn how to create dynamic paintings to express their own unique, artistic vision. The instructor will bring landscapes to fit 20x24 canvases. Students will choose one landscape to trace onto a canvas. Participants will learn canvas preparation, laying out the palette and choice of brushes. Color, composition and perspective to highlight texture and focus will be areas of concentration. Oil painting has become more artistic-friendly in recent years, due to the product "Liquin Original," which allows oils to dry overnight instead of weeks. There is a \$5 material fee for your own set of oil paints! Jan. 27-Feb. 19 (Register by Jan. 23), Feb. 24-Mar. 19 (Register by Feb. 17), Mar. 24-Apr. 16 (Register by Mar. 17), Tuesday and Thursday, 5:30-7pm, at Jim Barnett Park, Pool Lobby. Fee: \$46 R, \$49 NR. Activity# 617147-19-21.



Better Students for Life, he elaborates on how play supports the development of executive function, and particularly self-directed control: Free play is nature's means of teaching children that they are not helpless. In play, away from adults, children really do have control and can practice asserting it. In free play, children learn to make their own decisions, solve their own problems, create and abide by rules, and get along with others as equals rather than as obedient or rebellious subordinates.

Parents, if you really want to give your kid a head start on coming school year, relinquish

some of that time you have earmarked for lessons or sports camp and let your children play. That's it. Just play. Grant them time free from your ulterior motives and carefully planned educational outcomes. Let them have dominion over their imaginary kingdoms while their evil dragons, white wizards, marauding armies, and grand battles for supremacy unfurl according to their whims and wills."

These excerpts are from the Atlantic.com article titled, "Why Free Play is the Best Summer School." To read the entire article: www.theatlantic.com/education/archive/2014/06/for-better-school-results-clear-the-schedule-and-let-kids-play/373144/