Minutes

Winchester Department of Social Services
Advisory Board Meeting
Thursday, April 24, 2014

Members Present: Nathaniel Prezzy, Doug Hewett, Marie Imoh, Rex Marshall, Tricia Stiles, Kathy Tagnesi, Doug Hewett
Members Absent: Betty Curtis, Les Taylor, Patrick Wingfield
Staff/Guests: Amber Dopkowski (WDSS Director), Jaimi Lineberg (WDSS Family Service Supervisor), Nancy Valentine (WDSS Finance Director), Vicki Whitmore (WDSS Benefits Supervisor), Sarah Wingfield (WDSS Family Service Supervisor), Karen Farrell (WDSS Family Service Worker), Connie Greer (WDSS Fiscal Assistant), Kelly Bober (Child Safe Center, Director)

RECAP OF BOARD VOTES:

Motions:	**Action:**	**Status:**
Motion to Adopt Minutes of March 27, 2014 Advisory Board Meeting	1st: Ms. Tagnesi 2nd: Ms. Stiles	Approved; One (1) abstention
Motion to adjourn Advisory Board Meeting	1st: Ms. Stiles 2nd: Ms. Tagnesi	Approved Unanimously

Item	Discussion	Action
Call to Order/Approval of Minutes	• The meeting was called to order at 4:01 pm by Nathaniel Prezzy, Chair	• *Ms. Tagnesi motioned to approve the March 27, 2014 Meeting Minutes; Ms. Stiles seconded the motion. The motion was approved with Mr. Taylor abstaining.*
Announcements	• Community Baby Shower • Trauma Training	• *Baby care items being collected from June 1-16 at various collection locations. Advisory board members were invited to contribute.* • *The City of Winchester DSS is sponsoring a Trauma Training event on May 20 at the Hampton Inn. Registration materials were distributed.*
Staff Report	• Management Team Report o Benefits Team o Comprehensive Services Act o Family Services Team	• *Ms. Whitmore reported that the Benefits Unit is working with the new Medicaid System. They currently have a 81% disposition rate. The Unit is currently fully staffed resulting in more manageable case loads.* • *Ms. Dopkowski introduced Karen Farrell as the new Comprehensive Services Act Coordinator.* • *There is now an opening for a Family*

Minutes

Winchester Department of Social Services
Advisory Board Meeting
Thursday, April 24, 2014

Item	Discussion	Action
		Services 1 worker in the Family Services Unit. Ms. Lineberg reported that May is Adult Abuse Awareness month and Foster Care Appreciation month. May 19 from 6-9 p.m. there would be a Foster Care Appreciation event at Jim Barnett Park. The Family Services unit continues to have 34 children in foster care. One of the workers assisted with a possible relative placement for one of the foster care children in California. The unit had some interns helping and would like to continue the practice. Also Posh Pets and a local Girl Scout Troop were acknowledged for their contributions of Easter baskets for children in care this year.
	o Administration/Finance Team	• *Ms. Valentine reported that the receptionists are pulling applications and helping the Benefits Unit. Walk-In traffic continues to be high. The end of the fiscal year is approaching. Ms. Valentine also reported that the City-wide Jeans Day on April 15 was to benefit the DSS food pantry*
Committee Reports	• PR Committee Report	• *DSS staff are Working with Public Relations Officer Amy Simmons distribute press releases regarding Child Abuse Awareness Month and Adult Abuse Awareness Month.*
Old Business	• Status of Member Recruitment	• *There is one (1) vacancy on the Board. Three (3) applications for open board positions throughout the City are currently being reviewed by City Council.*
New Business	• May is Adult Abuse Awareness Month	• *Ms. Lineberg distributed flyers regarding Adult Abuse Awareness. There are a variety of services available to assist adults in need of protection. Purple ribbons will be tied on the trees on the Our Health Campus in remembrance of Adult Abuse Awareness on May 5 at 1:30 p.m. There have been fifteen (15)*

Minutes

Winchester Department of Social Services
Advisory Board Meeting
Thursday, April 24, 2014

Item	Discussion	Action
	• Presentation – ChildSafe Center-Child Advocacy Center (CAC)	*Adult Protective Services calls so far in the month of April.* • *Ms. Kelly Bober introduced herself and the services provided by the CAC. Ms. Bober has over 16 years of experience in child forensic interviewing. She reported that the City of Winchester is a huge supporter of the CAC, which puts children's needs first. The center is currently in the process of obtaining national accreditation for its multidisciplinary team approach to child forensic interviewing and trauma focused therapies. A tour of the CAC facilities was offered to Board members immediately following the conclusion of today's Advisory Board meeting*
Date and Location of Next Meeting/Adjournment	• **The next Social Service Advisory Board meeting will be Thursday, May 22, 2014, 4:00 pm in the DSS Board Room.**	• *Ms. Stiles motioned to adjourn the meeting at 4:40 pm. Ms. Tagnesi seconded; the motion passed unanimously. The Board adjourned, and interested parties accompanied Ms. Bober on a tour of the ChildSafe Center.*

Patricia J. Stiles
Signature

5-22-2014
Date

Morning Session Agenda

Registration: 7:30 - 8:00 am

8:00 - 8:15 am	**Welcome & Announcements**
8:15 - 10:15 am	• **Impact of Trauma** a. Defining trauma (acute, chronic, and complex) b. Key effects of trauma exposure c. Impact on the brain d. Impact on attachment e. Impact on memory and information processing f. Impact on behavior and development g. Relevance of Cross-Generational Trauma
10:15 - 10:30 am	**Break**
10:30 am - Noon	• Compassion Fatigue and Self Care for Child Welfare Professionals • Becoming Trauma-Informed (T-I) a. Defining a T-I Child Welfare System with partners b. Defining a T-I Organization c. Trauma-Informed Services d. Phase-Oriented Treatment e. Relevance of Vicarious Trauma
Noon - 1:00 pm	**Lunch Break** (on your own)

Afternoon Session Agenda

1:00 - 2:00 pm	**NCTSN Module 8: Indentifying Trauma Related Needs in Children and Families**
2:00 - 2:15 pm	**Break**
2:15 - 3:00 pm	• **Experiential Exercise** • **NCTSN Module 7: Maximizing Physical and Psychological Safety for Children and Families** • **Scenario Practice with Safety Planning**
3:30 - 4:30 pm	• **NCTSN Module 9 and 10: Enhancing Child and Family Well Being and Resilience** a. What works in behavioral health treatment for youth and families with trauma? b. What should you be looking for in a Trauma-Informed Mental Health Professional? c. Phase-Oriented Care d. Screening Tools for Child Welfare Professionals e. Integration in Case Planning

Trauma Past, Trauma Present
Registration Form

Name: _____

Address: _____

Daytime Phone: _____

Email: _____

I would like to attend (select one):

☐ Morning Session ☐ Afternoon Session ☐ Both Sessions

Please detach and send the completed registration form to:
Winchester Social Services, Attention: Jaimi Lineberg, 24 Baker Street, Winchester, VA 22601 or fax to (540) 662-3279

TRAUMA Past, TRAUMA Present

May 20, 2014
8 am - 4:30 pm
Hampton Inn
1204 Berryville Avenue

Sponsored by:

Winchester social services Virginia

At-risk children and families often find themselves involved in court, whether in abuse and neglect cases, delinquency cases, CHINS, or challenging custody matters. The success of the child and family depends in part on the ability of our professional community to collaborate effectively to engage the family and to guide them to appropriate resources. In response to the needs of these families, the Winchester Social Services is offering this cross-training event for attorneys, social services, juvenile justice practitioners, representatives from CSA, schools, community providers, the Community Services Board, law enforcement, judges, and others to address how we can better support and understand the families and children we serve.

FREE!
Cross-training event to address how we can better support and understand the at-risk families and children we serve.

Una vida entera de ahorros puede *desaparecer* de la noche al día.

Todos los días, familiares, proveedores de cuidados y profesionales de confianza **les roban millones de dólares** a adultos de la tercera edad desprevenidos.

Si sospecha que alguien que conoce es víctima de explotación financiera, llame al Localizador Eldercare al **800-677-1116** o visite la Asociación Nacional de Servicios de Protección para Adultos en **www.napsa-now.org** para que lo conecten con ayuda en su área.

JUSTICE FOR VICTIMS
JUSTICE FOR ALL

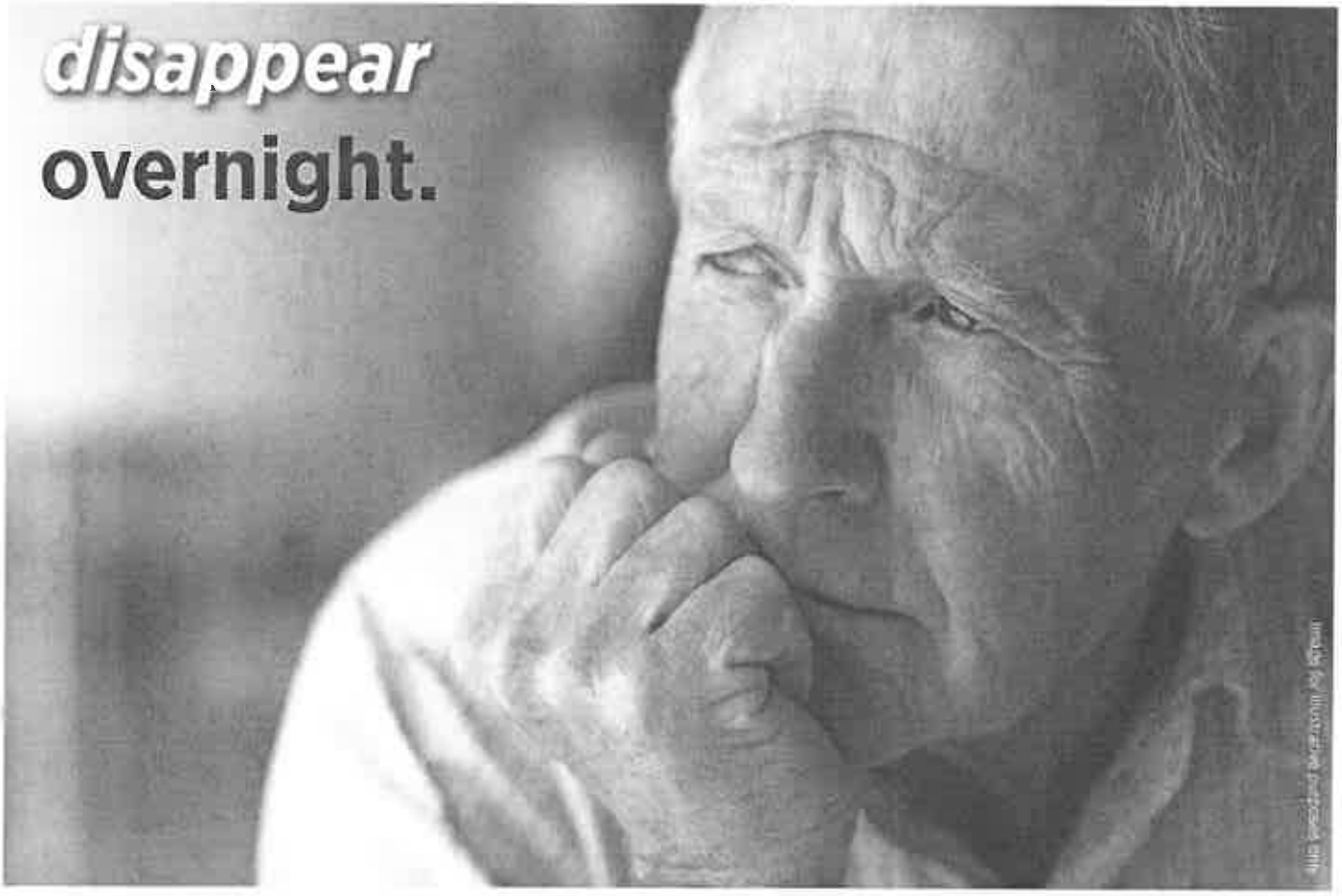
Office for Victims of Crime
OVC

eldercare locator
Connecting You to Community Services

THE NATIONAL CENTER FOR
Victims of Crime
www.VictimsofCrime.org

PATROCINADO POR: DEPARTAMENTO DE JUSTICIA DE LOS EE.UU. • OFICINA DE PROGRAMAS JUDICIALES • OFICINA PARA VÍCTIMAS DEL DELITO

A lifetime of savings can *disappear* overnight.



Millions are stolen every day from unsuspecting older adults by family members, caregivers, and trusted professionals.

If you suspect someone you know is a victim of financial exploitation, call the Eldercare Locator at **800-677-1116** or go online to the National Adult Protective Services Association at **www.napsa-now.org** to be connected with help in your area.

JUSTICE FOR VICTIMS
JUSTICE FOR ALL

Office for Victims of Crime
OVC

eldercare locator
Connecting You to Community Services

THE NATIONAL CENTER FOR
Victims of Crime
www.VictimsofCrime.org

SPONSORED BY: U.S. DEPARTMENT OF JUSTICE • OFFICE OF JUSTICE PROGRAMS • OFFICE FOR VICTIMS OF CRIME

Una vida entera de ahorros puede

Todos los días, familiares, proveedores de cuidados y profesionales de confianza **les roban millones de dólares** a adultos de la tercera edad desprevenidos.

Si sospecha que alguien que conoce es víctima de explotación financiera, llame al Localizador Eldercare al **800-677-1116** o visite la Asociación Nacional de Servicios de Protección para Adultos en **www.napsa-now.org** para que lo conecten con ayuda en su área.

JUSTICE FOR VICTIMS
JUSTICE FOR ALL

Office for Victims of Crime
OVC

eldercare locator
Connecting You to Community Services

THE NATIONAL CENTER FOR
Victims of Crime
www.VictimsofCrime.org

PATROCINADO POR: DEPARTAMENTO DE JUSTICIA DE LOS EE.UU. • OFICINA DE PROGRAMAS JUDICIALES • OFICINA PARA VÍCTIMAS DEL DELITO

Home

Participation

About Us

Donations

Contact Us

Site Map

What is the Adult Care Center?

The Adult Care Center is a non-profit day program for adults who are coping with physical or cognitive challenges caused by Alzheimer's Disease, Stroke, or other conditions, and require supervision or assistance.

We provide a safe and secure environment in a warm and encouraging setting.

Each day, participants engage in activities, such as art or music therapy, which aid their mobility and mental health. Care is provided by trained and qualified personnel. A registered nurse is on staff to monitor each participant's health and well being during their stay.

Snacks and a hot lunch are provided.

Enrollment Information

Call the Adult Care Center at 540-722-2273 **Enrollment Information and Application Packet**	Or you may print the forms provided here: **Physician's Report Form**

The Adult Care Center is now on

Facebook!

Check us out!

411 N. Cameron St., Winchester, VA 22601. Phone: (540) 722-2273, Fax: (540) 450-2263

SAFE TODAY. HEALTHY TOMORROW.

OLDER AMERICANS
MONTH 2014

www.acl.gov/olderamericansmonth/

Local Department of Social Services Profile Report, SFY 2013

Locality Name: Winchester **FIPS:** 840 **Region:** Northern

Agency Level:[1] II (Two) **HR Policy:**[2] Jurisdiction-wide **IT Support:**[3] Full **Type of Agency Board:**[4] Advisory City Administrator

[1] Refers to the local agency's level or size, varying from I (one) to III (three), with III being the largest.

[2] The local department's HR policy either completely deviates from VDSS policies ("Jurisdiction-wide"), does not vary ("Non-deviating"), or is a mix of VDSS and local policies ("Partial deviating").

[3] Refers to the local agency's level of IT support from VDSS.

[4] Refers to whether the local agency has an administrative or advisory board. For agencies with advisory boards, administrative entity is underlined.

Population, 2012	Winchester		Northern	Statewide
	Count	Percent	Percent	Percent
Total Population	**26,881**			
By Age				
Children (0-17 years)	6,141	23%	24%	23%
Adults 18-64 years	16,895	63%	65%	64%
Adult 65+ years	3,845	14%	10%	13%
By Race/Ethnicity				
White	22,569	84%	75%	72%
Black/African American	3,321	12%	13%	21%
Other race	991	4%	12%	7%
Hispanic/Latino	4,315	16%	14%	8%

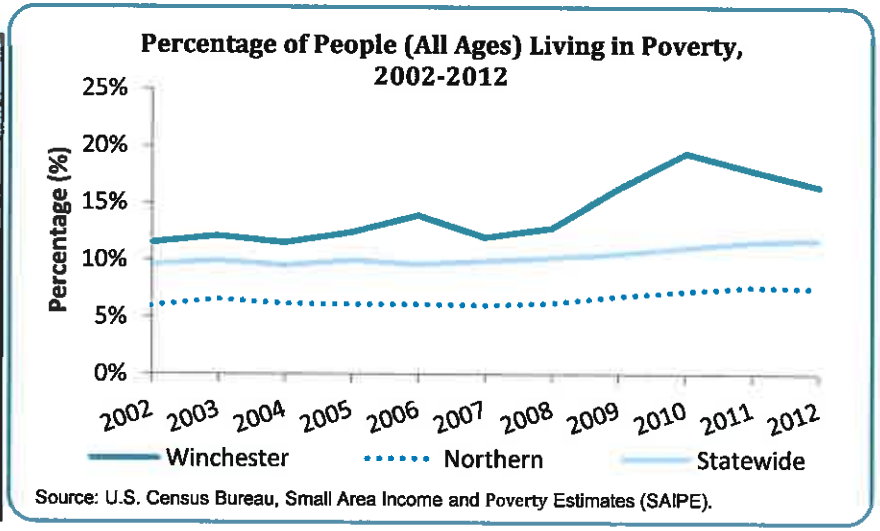
Source: Virginia Department of Health. Bridged race estimates come from the National Center for Health Statistics. "Other race" includes Asians, Hawaiians/Pacific Islanders, American Indians, and Alaskan Natives. Hispanic origin is not mutually exclusive of race.

4,257	Number of People (All Ages) living in Poverty in locality
16%	Percent of People (All Ages) living in Poverty in locality
1,343	Number of Children (< 18 years) living in Poverty in locality
23%	Percent of Children (< 18 years) living in Poverty in locality

Source: US Census Bureau, Small Area Income and Poverty Estimates (SAIPE). Estimates are for 2012.

Poverty Rate (%)	Winchester		Northern		Statewide	
	All ages	Children	All ages	Children	All ages	Children
2002	11.5%	16.4%	5.9%	7.5%	9.6%	12.5%
2003	12.1%	17.3%	6.5%	8.3%	9.9%	13.6%
2004	11.5%	15.0%	6.1%	7.6%	9.5%	12.2%
2005	12.4%	17.3%	6.1%	7.5%	10.0%	13.3%
2006	13.9%	16.8%	6.1%	6.9%	9.6%	12.3%
2007	12.0%	16.6%	6.0%	7.2%	9.9%	12.9%
2008	12.8%	18.1%	6.2%	7.8%	10.2%	13.6%
2009	16.3%	22.2%	6.8%	8.6%	10.6%	14.0%
2010	19.3%	24.7%	7.2%	9.0%	11.1%	14.6%
2011	17.8%	23.6%	7.6%	9.9%	11.6%	15.6%
2012	16.4%	22.5%	7.5%	9.6%	11.8%	15.5%

Source: U.S. Census Bureau, Small Area Income and Poverty Estimates (SAIPE).

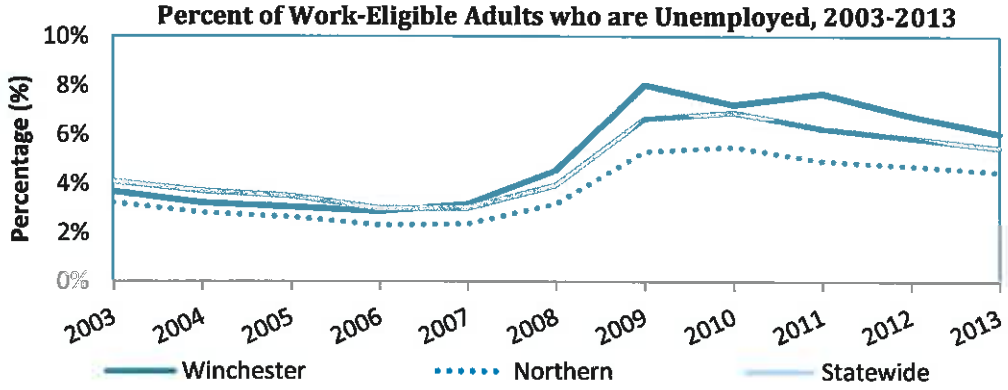


Local Department of Social Services Profile Report, SFY 2013

Locality Name: Winchester **FIPS:** 840 **Region:** Northern

Unemployment	Winchester		Northern	Statewide
	Count	Rate (%)	Rate (%)	Rate (%)
2003	13,505	3.7%	3.2%	4.1%
2004	13,822	3.2%	2.8%	3.7%
2005	13,876	3.1%	2.7%	3.5%
2006	14,327	2.9%	2.3%	3.0%
2007	14,427	3.2%	2.4%	3.0%
2008	14,345	4.5%	3.2%	3.9%
2009	14,400	8.0%	5.3%	6.7%
2010	14,450	7.2%	5.5%	6.9%
2011	14,715	7.7%	4.9%	6.2%
2012	14,468	6.8%	4.7%	5.9%
2013	14,908	6.1%	4.5%	5.5%

Source: Virginia Employment Commission. Rates are not seasonally adjusted.



Source: Virginia Employment Commission. Rates are for each calendar year. Rates are not seasonally adjusted.

Local Department of Social Services Profile Report, SFY 2013

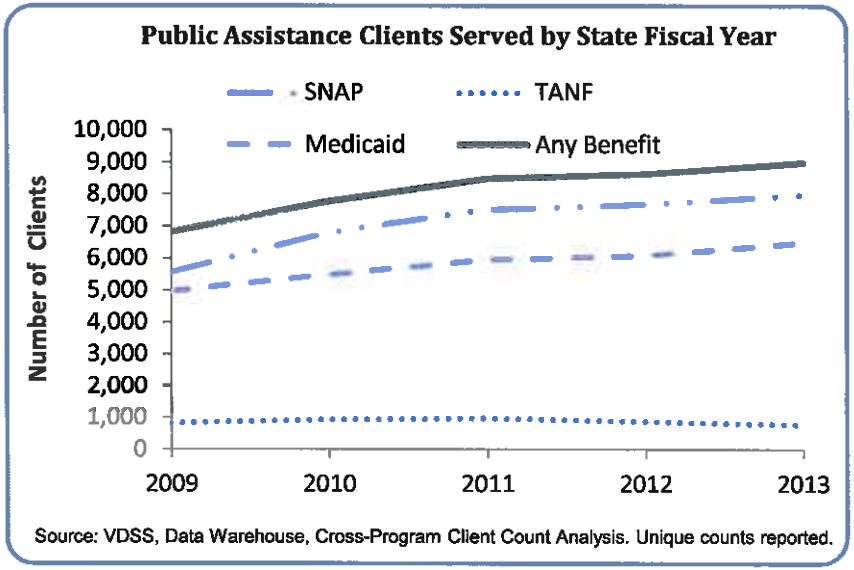
Locality Name: Winchester **FIPS:** 840 **Region:** Northern

Public Assistance Recipients (June 2013)	Total	By Age Group			By Race/Ethnicity			
		0-17 years	18-64 years	65+ years	White	Black	Other race	Hispanic
Number of Clients								
SNAP	5,456	2,428	2,825	203	3,504	1,000	952	1,663
Medicaid[1]	4,839	3,328	1,154	357	2,129	791	473	1,446
TANF	321	212	108	1	188	99	34	57

Sources: VDSS, Data Warehouse, SFY ADAPT Client Analysis (SNAP, TANF); MMIS Active Enrollee Analysis (Medicaid). "Other race" includes clients who are Asian/Pacific Islander, American Indian/Alaskan Native, multi-racial, or who have missing race information. Race and Hispanic origin are mutually exclusive categories in the Medicaid count. [1] Excludes clients enrolled in state mental health facilities.

Public Assistance Clients Served by State Fiscal Year	Number of Clients			
	SNAP	TANF	Medicaid[1]	Any Benefit Program
2009	5,542	833	4,966	6,825
2010	6,778	933	5,477	7,772
2011	7,510	977	5,943	8,479
2012	7,681	888	6,085	8,632
2013	7,963	782	6,480	8,978

Source: VDSS, Data Warehouse, Cross-Program Client Count Analysis. Unique client counts only. [1] Medicaid count excludes clients enrolled in state mental health facilities.



Source: VDSS, Data Warehouse, Cross-Program Client Count Analysis. Unique counts reported.

Child Welfare Recipients, SFY 2013	Total Recipients	Children (0-17 years)		
		White	Black	Other
Children in CPS referrals	802	653	220	4
Children in foster care (at end of year)	22	11	2	0
Receiving adoption assistance	39	26	7	6

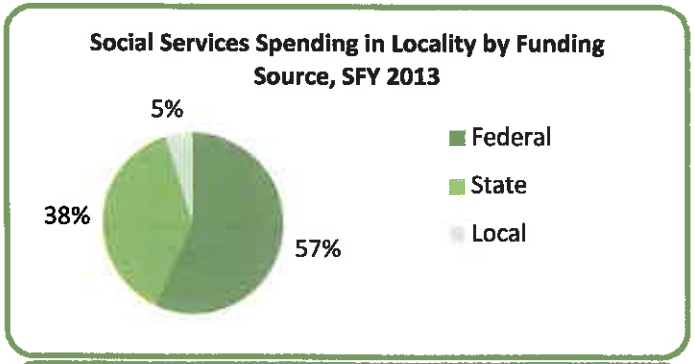
Sources: Division of Family Services, VCWOR/OASIS reports. Note: "Receiving Adoption Assistance" is the number of children who are receiving adoption services as of 3/1/2014.

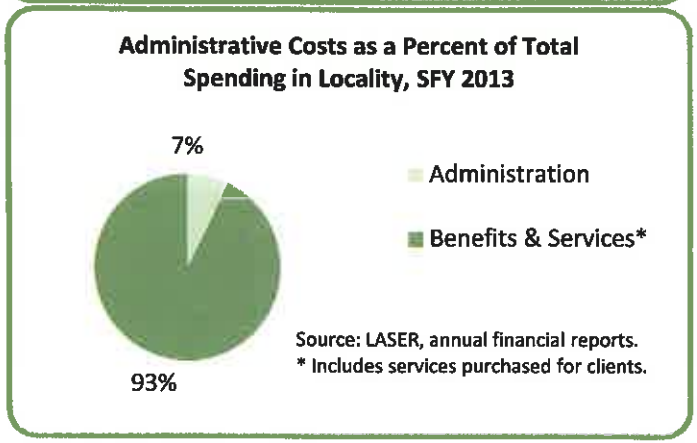
Adult Services Recipients, SFY 2013	Total Recipients	Race/Ethnicity			Age Group (years)		
		White	Black	Other	18-40	41-60	> 60
Adult Protective Services Reports	15	11	1	3	0	2	14

Source: Adult Services Adult Protective Services (ASAPS) system (data as of 10/1/2013). "NA" = not available.

Local Department of Social Services Profile Report, SFY 2013

Locality Name: Winchester **FIPS:** 840 **Region:** Northern





Total Social Services Spending, SFY 2013	Federal	State	Local	Total
Administrative costs				
Eligibility staff and operations	$583,464	$242,385	$361,199	$1,187,048
Services staff and operations	$667,151	$244,694	$805,790	$1,717,636
Other expenses	$52,875	$0	$52,875	$105,751
Total administrative costs	$1,303,490	$487,079	$1,219,865	$3,010,434
Admin costs as percent of total	*6%*	*3%*	*61%*	*7%*
Services purchased for clients	$90,646	$45,613	$49,409	$185,669
Services as a percent of total	*0.4%*	*0.3%*	*2.5%*	*0.5%*
Client Benefits Spending				
Medicaid & FAMIS	$13,949,342	$13,515,340	$64,586	$27,529,268
SNAP	$7,190,326	$0	$0	$7,190,326
Energy Assistance	$210,951	$0	$0	$210,951
Foster care and adoption	$280,314	$1,208,082	$633,252	$2,121,648
TANF	$199,835	$200,232	-$102	$399,965
Child Care	$269,931	$143,613	$0	$413,544
Other Benefits	$0	$123,956	$37,204	$161,160
Total client benefits spending	$22,100,698	$15,191,223	$734,940	$38,026,861
Benefits as a percent of total	*94%*	*97%*	*37%*	*92%*
Total Social Services Spending	$23,494,834	$15,723,915	$2,004,215	$41,222,964
Percent by funding source	57%	38%	5%	100%

Source: VDSS, LASER, annual financial statements.

$41,222,964 Total amount spent on Social Services in the locality (SFY 2013)

$2,004,215 Total amount spent on Social Services *contributed by the locality* (SFY 2013)

Social Services Staffing (as of 10/1/2013)	Direct	Indirect	NER	TOTAL	% of Total Positions
Number of Filled Positions	30	13	0	43	89.6%
Number of Unfilled Positions	2	2	1	5	**10.4%**
Total Number of Positions	32	15	1	48	100.0%
Percent of Positions Unfilled	6%	13%	100%	10%	
Pct. of Positions Unfilled-Statewide	20%	17%	29%	19%	

Source: LETS, Position Reimbursement And Status Report (as of 10/1/2013). Refers to number of positions regardless of

Locality Name: Winchester **FIPS:** 840 **Region:** Northern

percent of time assigned. Invalid filled positions are excluded. NER= Not eligible for reimbursement.